

HERTS COUNTY AAA 3000m CHAMPIONSHIPS

SUNDAY 29TH AUGUST 1999 AT RIDLINS WOOD TRACK, STEVENAGE

SM	I Johnston	TVH	8:56.7
	T Fowler	VER	9:29.9
U/17M	B Pope	SNH	9:49.6
U/15B	T Waldron	D&T	10:49.9
	I Cleaver	H&W	11:09.1
U/17W	K Jordan	H&W	12:46.1

HERTS COUNTY AAA VETERANS CHAMPIONSHIPS

SUNDAY 29TH AUGUST 1999 AT RIDLINS WOOD TRACK, STEVENAGE

HERTS VETERAN MEN

M40	100m	M Jackson	E&H	12.6	M55	5000m	F Gormer	FVS	18:39.7
		J Mayor	SNH	12.6			J Borgars	H&W	19:29.2
		P West	SNH	12.9		100H	D Ives	D&T	20.0
	200m	M Jackson	E&H	24.8		3kW	J Borgars	H&W	16:49.3
		P West	SNH	26.0		HJ	D Ives	D&T	1.50m
	800m	K Taylor	VER	2:26.8		SP	D Ives	D&T	10.55m
		R Maxwell	WATJ	2:47.2			C Lawn	H&W	8.87m
	5000m	P Benjamin	WATJ	19:43.7			R Waldren	VER	7.25m
		A Lord	WATJ	25:39.8		DT	D Ives	D&T	31.09m
	110H	J Mayor	SNH	17.1			R Waldren	VER	23.57m
		P West	SNH	17.8		JT	D Ives	D&T	31.71m
	HJ	J Mayor	SNH	1.75m			R Waldren	VER	30.42m
		K Taylor	VER	1.30m					
	SP	J Mayor	SNH	8.93m		100m	T Ryan	BAR	13.7
	DT	J Mayor	SNH	23.77m		800m	J Clare	B'Heath	2:46.4
	HT	J Maitland	VER	38.12m		1500m	J Clare	B'Heath	5:28.0
JT	J Mayor	SNH	30.08m	5000m	T Kimber	BAR	21:10.5		
M45	100m	P Pinnington	E&H	12.4	3kW	A Newman	H&W	17:25.9	
	200m	P Pinnington	E&H	25.2		J O'Connor	WATJ	20:24.6	
					SP	G Leak	SNH	10.41m	
	800m	P Fitzpatrick	VER	2:21.4	DT	G Leak	SNH	35.60m	
	1500m	P Fitzpatrick	VER	4:44.0	HT	G Leak	SNH	29.08m	
		T Mason	VER	4:56.5	M60	100m	C Field	TPT	13.6
		J Atkinson	NHRR	5:10.5	200m	C Field	TPT	27.5	
	5000m	S Connolly	SWIN	18:21.8	400m	C Field	TPT	62.6	
		J Atkinson	NHRR	19:36.7	800m	P Morris	D&T	2:47.8	
	110H	J Fricke	NHRR	22.5	3kW	P Morris	D&T	16:56.9	
	HJ	J Fricke	NHRR	1.40m	LJ	C Field	TPT	4.66m	
	PV	J Fricke	NHRR	3.00m	SP	P Hallett	BED	11.80m	
	LJ	P Pinnington	E&H	5.58m	DT	P Hallett	BED	35.80m	
		J Fricke	NHRR	5.09m	M65	1500m	L Forster	BAR	5:41.9
	TJ	P Pinnington	E&H	11.57m	5000m	L Forster	BAR	20:49.4	
	DT	J Atkinson	NHRR	23.08m		B Taylor	WATJ	23:14.8	
JT	J Fricke	NHRR	35.30m	3kW	K Livermore	E&H	19:30.3		
	J Atkinson	NHRR	35.20m	PV	P Ferguson	VER	2.40m		
M50	200m	C Lawn	H&W	28.4	SP	I Miller	VER	9.49m	
	400m	C Lawn	H&W	62.6	DT	I Miller	VER	29.03m	
	1500m	F Gormer	FVS	5:00.9	HT	I Miller	VER	30.99m	

HERTS VETERAN WOMEN

W35	100m	T Stephenson	FVS	15.0			A Griffin	VER	20.28m
		C Raymond	FVS	16.5		HT	A Griffin	VER	25.89m
	200m	T Stephenson	FVS	30.0			B Johnson	SBH	22.38m
		C Raymond	FVS	34.9		JT	B Johnson	SBH	20.79m
	400m	T Stephenson	FVS	66.6			A Griffin	VER	13.69m
	SP	D Krzyzanowska	ILF	8.21m	W50	3kW	C Brown	SBH	18:21.5
	DT	D Krzyzanowska	ILF	24.61m		HT	L Shrosbree	HARL	40.08m
W40	100m	B Mottley	VER	14.3	W55	200m	P Knowles	VER	41.3
	200m	B Mottley	VER	29.6		1500m	S Gandee	H&W	6:17.1
	400m	B Mottley	VER	70.6		3kW	P Knowles	VER	18:34.9
	1500m	C Pardoe	VER	5:42.1			J Evans	SBH	20:00.6
	3000m	C Pardoe	VER	12:37.4		TJ	S Gandee	H&W	6.26m
	3kW	C pardoe	VER	17:51.9			J Evans	SBH	5.50m
	SP	H Gray	WATJ	7.28m		SP	J Evans	SBH	7.65m
W45	1500m	T Keating	WAT	5:19.4		JT	J Evans	SBH	14.41m
	3000m	T Keating	WAT	11:36.1	W60	200m	M Lane	VER	41.2
	SP	A Griffin	VER	8.24m		TJ	M Lane	VER	5.99m
		B Johnson	SBH	7.41m	W65	SP	M Grant-Stevens	SCVAC	6.60m
	DT	B Johnson	SBH	23.19m					

MIDDLESEX VETERANS CHAMPIONSHIPS - SUNDAY 29TH AUGUST 1999 AT STEVENAGE

MIDDLESEX VETERAN MEN

M40	100m	K Richards	THAM	12.6	M50	100m	D Brander		13.2
		P Bell		12.7			J Rayner	VofA	14.4
		T Wade	TVH	13.0			R Summerson	NLON	15.0
	200m	P Bell		24.9		200m	D Brander		26.5
		K Richards	THAM	26.2		800m	J Shirley	BAR	2:23.9
	400m	P Bell		56.6			M Doughty	E&H	2:36.0
	5000m	D Michael		17:03.7		1500m	J Shirley	BAR	4:50.4
		S Broughton		17:04.1			R Tucker	SBH	5:04.5
	3000S/C	K Bowles		11:08.7			M Doughty	E&H	5:07.3
	HJ	T Wade	TVH	1.70m		5000m	R Tucker	SBH	20:26.5
	LJ	T Wade	TVH	6.12m		100H	J Rayner	VofA	20.5
		K Richards	THAM	5.70m		HJ	J Rayner	VofA	1.30m
	TJ	T Wade	TVH	12.62m		LJ	J Rayner	VofA	5.05m
		K Richards	THAM	10.58m		DT	J Rayner	VofA	30.07m
	SP	K Poole	L Irish	9.46m		HT	J Rayner	VofA	29.12m
	DT	K Poole	L Irish	23.36m	M60	3kW	R Powell	E&H	16:46.5
	HT	K Poole	L Irish	24.00m			P Ray	E&H	18:50.9
	JT	K Poole	L Irish	30.24m	M70	3kW	H Jaquest	E&H	20:58.9

MIDDLESEX VETERAN WOMEN

W35	200m	E Scott	TVH	28.0		1500m	M Shirley	BAR	6:54.0
	400m	E Scott	TVH	65.9		3kW	G Webb	E&H	18:31.3
	3000m	K Armstrong	SBH	10:47.9		LJ	E McMahon	E&H	4.31m
		J Young		12:17.2	W55	PV	M Coombe	E&H	1.80m
	400H	E Scott	TVH	75.7		JT	M Coombe	E&H	24.89m
W45	200m	E McMahon	E&H	30.4					

OPEN VETERANS EVENTS - SUNDAY 29TH AUGUST 1999 AT STEVENAGE

VETERAN MEN

M40	100m	J Lawrence	MK	13.4		200m	B Bostock	HARL	25.4
	200m	J Lawrence	MK	27.0		400m	B Bostock	HARL	56.7
	400m	J Lawrence	MK	64.0		TJ	L Still	WSUFF	12.14m
	PV	P Monk	C&C	2.90m		JT	L Still	WSUFF	38.39m
M45	1500m	K Bell	HUNT	4:47.1	M60	400m	D Bryant	WAT	76.7
M50	100m	B Bostock	HARL	12.8		5000m	D Bryant	WAT	21:30.3
		J Lawrence	MK	13.4		HT	D Bayes	SCVAC	35.16m

VETERAN WOMEN

W35	1500m	K Oliver	HUNT	6:30.5	W50	100m	M Waters	BED	15.1
W40	HJ	V Player	S'END	1.10m			T Bell	OXF	16.6
	PV	V Player	S'END	1.90m		200m	M Waters	BED	32.2
	LJ	V Player	S'END	3.72m		400m	M Waters	BED	75.5
	TJ	V Player	S'END	7.25m		JT	T Bell	OXF	23.68m
W45	3kW	M Anness	WSUFF	21:50.6	W55	800m	I Hornsey	C&C	2:55.8
	PV	M Anness	WSUFF	1.90m			J Kimber	MED	3:09.2
	HT	M Anness	WSUFF	26.70m					

Abbreviations

VER	Verlea
SNH	Stevenage & N Herts
D&T	Dacorum & Tring
H&W	Hertford & Ware
E&H	Enfield & Haringey
WATJ	Watford Joggers
WAT	Watford Harriers
SWIN	Swindon
NHRR	N Herts Road Runners
BAR	Barnet
TPT	Trent Park Trotters
FVS	Fairlands Valley Spartans
C&C	Cambridge & Coleridge