

HERTFORDSHIRE COUNTY AAA 1500m & RELAY CHAMPIONSHIPS

MONDAY 3rd MAY 1999 AT GOSLING STADIUM, WELWYN GARDEN CITY

1500m Championships

<u>Senior Men</u>	1	N Miller	VER	4:03.5
	2	I Johnston	TVH	4:07.9
	3	T Woodthorpe	SNH	4:13.1
	4	C Wallace	UNA	4:14.4

<u>U/20 Men</u>	1	M Carlisle	SAGD	4:22.2
	2	D Allen	VER	4:35.4

<u>U/17 Men</u>	1	N Burton	D&T	4:19.7
	2	B Pope	SNH	4:23.4
	3	N Hall	VER	4:26.7
	4	S Dixon	BAR	4:37.0
	5	M Williams	SNH	4:42.5
	6	G Pullum	H&W	4:52.1
	7	M Wormald	SNH	5:00.6

<u>U/15 Boys</u>	1	P Lipman	D&T	4:44.4
	2	L Reynolds	SNH	4:46.7
	3	C Saville	H&W	4:47.8
	4	T Waldron	D&T	4:49.0
	5	P Austin	D&T	4:52.9
	6	S Hall	SBH	4:57.7
	7	I Cleaver	H&W	4:58.1
	8	B Barnes	HIT	5:10.3
	9	J Meissner	H&W	5:40.4

<u>U/13 Boys</u>	1	R Millhouse	VER	5:06.9
	2	R Cawthorn	SNH	5:10.2
	3	R Rumble	VER	5:21.3
	4	N Heley	WAT	5:35.4
	5	S Constable	SNH	5:43.8
	6	A Harris	D&T	5:51.8
	7	A Ball (dq)	BIGG	5:52.2
	8	R Coulson	WAT	5:53.5
	9	D Roots	WAT	5:59.5

<u>Senior Women</u>	1	S Morris	H&W	4:30.5
	2	L Rowe	E&H	4:52.9

<u>U/20 Women</u>	1	L Samuels	SNH	4:48.7
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<u>U/17 Women</u>	1	J Nugent	SBH	4:46.3
	2	T Weaver	SBH	5:01.3
	3	L Hall	SBH	5:14.0
	4	G Hurford	H&W	5:19.6
	5	J Clark	VER	5:24.3

<u>U/15 Girls</u>	1	E Brathwaite	VER	4:52.5
	2	S Brough	SNH	4:52.9
	3	R Gibbs	SNH	4:56.3
	4	H Beard	SNH	4:58.8
	5	C Wilkinson	SBH	5:02.6
	6	E Hall	VER	5:03.3
	7	N Silva	H&W	5:25.0
	8	L Bailey	WAT	5:27.9
	9	K B-la-Grange	WAT	5:52.6
	10	L Putman	WAT	6:02.3

<u>U/13 Girls</u>	1	L Cunningham	SNH	5:17.4
	2	S Waldron	D&T	5:24.0
	3	L Donovan	SNH	5:36.9
	4	L Johnson	SNH	5:47.2
	5	L Hattersley	H&W	6:19.5

4x100 Relay Championships

U/20 Men	Hertford & Ware	44.9
U/17 Men	Verlea	46.0
U/15 Boys	Verlea	53.2
U/15 Boys	Hertford & Ware	60.0

Senior Women	Hertford & Ware	51.0
U/20 Women	Verlea	56.0
U/17 Women	Hertford & WareA	51.9
U/17 Women	Hertford & Ware B	56.5

U/13 Boys	Dacorum & Tring A	59.4
U/13 Boys	Verlea	60.6
U/13 Boys	Dacorum & Tring B	63.4

U/15 Girls	Hertford & Ware A	52.6
U/15 Girls	St Albans GD	53.9
U/15 Girls	Hertford & Ware B	56.5
U/13 Girls	Hertford & Ware	58.2
U/13 Girls	Verlea	61.0

4x400 Relay Championships

U/17 Men	Verlea	3:41.7
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Senior Women	Hertford & Ware	3:59.0
Senior Women	Stevenage & N Herts	4:07.3
U/17 Women	Hertford & Ware A	4:12.4
U/17 Women	Hertford & Ware B	4:17.3

HERTFORDSHIRE COUNTY AAA OPEN GRADED MEETING

MONDAY 3rd MAY 1999 AT GOSLING STADIUM, WELWYN GARDEN CITY

U/11 Boys

80m	T Roberts	SNH	11.9
	D Charles	E&H	12.1
	T Maton	D&T	12.6
	M Banks	SNH	13.6
	K Van-Wiggen	HOL	13.7
600m	T Roberts	SNH	1:52.9
	K Van-Wiggen	HOL	2:19.4
	M Banks	SNH	2:23.1
	N Harris	D&T	2:35.2

U/11 Girls

80m	K Bicknell	HRL	12.5
	H Cook	VER	12.9
	M Smith	SNH	12.9
600m	G Moss	WNOR	1:53.9
	L Griffen	MK	2:03.4
	K Bicknell	HRL	2:06.4
	M Smith	SNH	2:08.0

100 metres

U20M	B Gelman	H&W	11.1	U17W	K Lomas	PET	13.3
SM	M Freckleton	BHTH	11.2	U17W	A Payne	C&C	13.6
SM	C Diamond	WSE	11.2	U17W	L M-Watkins	WYC	13.9
U20M	D Harding	H&W	11.7	SW	R Anness	WSUFF	14.0
U20M	M Owusu	IPS	11.9	U13B	M Auburn	SNH	14.7
SM	J Morgan	WSE	12.3	U15G	E Smith	WNOR	14.8
U20M	B Rees	WSUFF	12.0	U13B	S Davis	D&T	15.6
U17M	J Parkinson	WSUFF	12.3	U13G	A Swaine	SNH	16.0
U20M	J Watkins	WYC	12.4	U15G	K Edwards	H&W	13.2
SW	J White	PET	12.5	U15G	E Kemp	SNH	13.5
U20W	S Zawada	AFD	12.5	U17W	S Geraghty	VXH	14.2
M40	K Taylor	VER	13.2	W45	E McMahon	E&H	14.2
U20W	C Weightman	PET	12.7	U13G	J Monk	VER	14.9
U17W	K Russell	PET	13.1	U15B	R Casey	H&W	16.5
U17W	P Alexander	THAM	13.2	U15B	R Jones	VER	14.4
U17W	H Ferrier	PET	13.2	U13B	R White	VER	15.0
U20W	Ta Banerjee	VER	13.6	U13G	S Cook	VER	15.4
U17W	C Robinson	C&C	13.7	U13B	D Cooper	VER	15.8
U15B	J Sapsed	VER	12.4	U13B	A Gardner	D&T	16.0
U17W	S Biggs	PET	13.1				

200 metres

SM	C Diamond	WSE	22.8	U15G	E Kemp	SNH	27.7
SM	P Conroy	HAV	22.9	U20W	C Garwood	VXH	28.3
U20M	B Rees	WSUFF	23.6	U17W	L Cockfield	VXH	28.9
U17M	J Parkinson	WSUFF	24.8	U20W	Ty Banerjee	VER	28.9
U20W	S Zawada	AFD	25.4	U13B	J Fish	UNA	30.5
SW	J White	PET	25.9	U13B	M Auburn	SNH	31.1
U17M	M Thurgood	VER	24.2	U13G	S Cook	VER	32.4
VM45	R Watkins	WYC	25.6	U13B	P Barrett	VER	33.0
U20M	D Jack	VER	26.4	U13G	S Berry	SNH	33.2
U17W	S Biggs	PET	27.0	U13G	J Monk	VER	30.6
U17W	P Alexander	THAM	27.7	U13G	K Sweetman	VER	30.7
U17W	K Lomas	PET	27.3	U13B	R White	VER	32.3

300 metres

U/17W	K Russell	PET	43.5
U17W	L Cockfield	VXH	44.3
U17W	L M-Watkins	WYC	47.6

400 metres

SM	J McLoughlin	HOUN	52.4	SW	C Goff	PET	60.7
SM	R Poulter	TVH	54.7	W35	F Scott	TVH	61.6
SW	A Hollman	PET	57.4	U20W	C Garwood	VXH	62.9
U15B	J Sapsed	VER	58.8	M50	C Lawn	H&W	63.2
SW	E Bannister	SNH	62.9	U20W	B Harris	SNH	66.3

800 metres

SM	M Sharp	TVH	1:54.9	U17W	H Gilbert	WNOR	2:31.2
U20M	M Broderick	MK	2:00.3	U15B	J Stanmore	SBH	2:36.0
U20M	B Wilcock	BAR	2:01.0	U15G	A Roskilly	MK	2:39.8
U20M	O Matthews	VXH	2:01.3	U17W	S Harris	SNH	2:43.9
SM	M Kelly	HRR	2:07.5	U17W	L Griffiths	SBH	2:28.8
M50	D Spencer	MUSH	2:11.2	U20W	E Ferenczi	SBH	2:29.0
SW	M Sharp	TVH	2:13.1	U17W	L Perrott	VER	2:42.4
U20M	K Few	NLON	2:16.4	U17W	G Hughes	VXH	2:43.2
U17W	S Cooper	PET	2:22.9	U13B	A Gardner	D&T	2:50.8
U20M	P Moss	WNOR	2:13.2	U13B	A Ball	BIGG	2:51.7
SW	L Chaffe	WGRN	2:13.3	U13G	K Sweetman	VER	2:59.0
U15G	E Smith	WNOR	2:28.8	U13B	D Cooper	VER	2:59.4
U20W	J Bunyan	VXH	2:30.0	U13G	S Berry	SNH	3:02.8
U20W	A Child	MK	2:30.8				

70m Hurdles

U13G	S Cook	VER	13.2
U13G	B Gardiner-Smith	D&T	13.3
U13G	N Lee	D&T	16.8

75m Hurdles

U15G	J Roach	LEIC	11.9
U15G	C Sargent	HAV	12.1
U15G	L Thompson	C&C	13.3
U15G	K Edwards	H&W	13.9

80m Hurdles

U17W	C Robinson	C&C	12.4	U15B	D Rogers	VER	13.5
U17W	H Ferrier	PET	12.5	U15B	R Jones	VER	17.3
U17W	H Barling	WSE	12.7	U13B	R White	VER	17.3
U17W	A Payne	C&C	13.2	U13B	P Barrett	VER	17.3
U17W	N O'Reilly	C&C	13.5				

100m Hurdles

SW	A Hollman	PET	14.4	U20W	C Weightman	PET	16.5
SW	J Hollman	PET	14.5	SW	P Blank	VER	16.5
U20W	H Smith	CoN	15.4				

110m Hurdles

SM	M Freckleton	BHTH	14.6	U20M	T Anthony	VER	14.7
SM	D Ladejo	BEL	14.9	U20M	M Owusu	IPS	16.0
SM	J Coleman	GRA	16.8				

300m Hurdles

U17W	E Kavanagh	H&W	47.0
U17W	N O'Reilly	C&C	50.0

400m Hurdles

U20W	B Harris	SNH	71.6
SM	J Coleman	GRA	61.5
U20M	T MacDowell	THAM	65.0

High Jump

SM	A Hodge	CAMU	1.80m	U17W	O Ross-Hurst	H&W	1.55m
M40	K Taylor	VER	1.20m	U17W	R Samuel	TVH	1.40m
SW	B Harris	SNH	1.45m	U15G	D Powling	VER	1.45m
U17W	K Clarke	H&W	1.55m	U15G	A Roskillly	MK	1.40m

Pole Vault

SM	M Weaver	HRR	4.60m
SM	T Higman	STGD	3.20m

Long Jump

U15B	J Sapsed	VER	5.04m	U17W	R Samuel	TVH	4.36m
SW	R Anness	WSUFF	4.83m	U15G	D Powling	VER	4.01m
W45	E McMahon	E&H	1.45m	U13G	J Monk	VER	3.63m
U20W	S Brice	VER	4.07m				

Shot

SM	D Ladejo	BEL	12.45m	SW	J Hollman	PET	10.92m
U17M	M Bush	H&W	11.20m	U20W	S Adamson	H&W	10.46m
U15B	D Rogers	VER	11.67m	U17W	N Dudman	VER	9.55m
SW	P Blank	VER	11.25m	U17W	A Jackson	VER	7.21m

Discus

SM	D Ladejo	BEL	40.84m	SW	D Krzyzanowska	WGRN	26.83m
U17M	M Bush	H&W	30.32m	U17W	N Dudman	VER	24.37m
U17M	P Salisbury	VER	25.74m	U17W	A Jackson	VER	24.29m
U17M	D Beretta	VER	25.56m				

Javelin

U20M	D Harding	H&W	49.00m	SW	P Blank	VER	41.36m
U20M	A Johnson	H&W	42.54m	SW	Julie Hollman	PET	33.43m
U17M	P Salisbury	VER	33.29m	U17W	R Samuel	TVH	30.06m
U17M	D Beretta	VER	31.23m	U20W	A Anstey	VER	28.82m
U15B	D Rogers	VER	38.90m				