

1999 HERTFORDSHIRE COUNTY AAA RANKINGS**U17 MEN****100 metres**

10.9	Tristan Anthony	VER
11.3	Luke Nicholls	WAT
11.5	Matt Woodhouse	D&T
11.6	Mark Wormald	SNH
11.8	M Kirby	VER
11.9	Craig Rowlands	D&T
11.90	Ian Nasty	SNH
11.9	Stefan Westphal	E&H
12.1	Matt King	STGD
12.1	Ben Sumner	STGD
12.2	D McSweeney	STGD
12.3	Russell Hughes	D&T
12.3	Richard Kearns	STGD
12.5	Gurpaul Panesar	WAT
12.5	Michael Sills	D&T
12.5	M Thurgood	VER
12.6	Tom Yarrien	D&T
12.7	Gerald Ellis	STGD
12.8	Peter McCabe	HW
12.8	Andy Lewis	D&T
12.9	Andy Trevillion	D&T
12.9	K Ryan	STGD
13.1	Seb Jones	SNH
13.1	J Grimward	STGD
13.1	D Clapworthy	VER
13.2	M Hunter	STGD
13.2	A Delany	STGD
13.3	Tom Frenchum	STGD
13.4	L Fellows	STGD
13.6	Michael Bush	HW
13.6	David Thomas	HW
13.7	A Pick	VER
14.1	Jamil Sheikh	HW
14.1	J Sturgess	SNH
14.4	Scott Iwanciw	WAT

200 metres

22.0	Tristan Anthony	VER
22.4	Russell Nicholls	E&H
22.9	Martin Davolls	E&H
23.8	Matt Woodhouse	D&T
24.0	M Thurgood	VER
24.0	Stefan Westphal	E&H
24.1	Craig Rowlands	D&T
24.2	Ben Sumner	STGD
24.2	M Kirby	VER
24.3	Ian Nasty	SNH
24.4	Luke Nicholls	WAT
24.4	A Lysak	VER
24.7	Gurpaul Panesar	WAT
24.8	Michael Sills	D&T
25.2	Matt King	STGD
25.6	Seb Jones	SNH
25.6	Tom Frenchum	STGD
25.6	Matthew Beames	STGD
25.9	Gerald Ellis	STGD
26.3	Peter McCabe	HW

26.3	J Grimward	STGD
26.4	Richard Kearns	STGD
26.4	D McSweeney	STGD
26.75	Matthew Hallisey	D&T
27.3	Robert Slack	D&T
27.4	R Webb	WAT
28.1	Mark Crowley	STGD
28.2	Jamil Sheikh	HW
28.7	Michael Williams	SNH
29.7	D Berretta	VER
29.8	A Pick	VER
30.4	Mark Ellis	SNH
31.6	James Moody	SNH

400 metres

48.50	Russell Nicholls	E&H
50.8	Martin Davolls	E&H
51.9	Ian Nastys	SNH
52.3	Craig Rowlands	D&T
52.3	M Thurgood	VER
52.7	Ben Sumner	STGD
53.2	Stefan Westphal	E&H
53.65	M Kirby	VER
54.5	A Lysak	VER
55.7	David Thomas	HW
56.4	R Gilham	VER
56.8	Tom Frenchum	STGD
57.8	Gerald Ellis	STGD
57.9	N Hall	VER
57.91	Tom Yarrien	D&T
58.10	Ben Pope	SNH
59.0	Kris Pandoo	HW
59.13	Andy Trevillion	D&T
59.7	Matthew Hallisey	D&T
59.7	Gareth Waters	STGD
59.8	Robert Slack	D&T
60.1	Neil Burton	D&T
60.7	Greg Pullum	HW
61.0	Russell Hughes	D&T
62.2	Michael Sills	D&T
62.70	J Sturgess	SNH
64.3	Andy Cracknell	D&T
65.3	Mark Ellis	SNH
65.5	James Moody	SNH
65.7	Mark Wormald	SNH
69.0	Martin Smith	D&T
78.56	A Pick	VER

800 metres

1:58.74	Neil Gamester	E&H
2:05.6	Craig Goddard	BAR
2:05.9	A Lysak	VER
2:06.0	Ben Pope	SNH
2:08.1	Stephen Murphy	SBH
2:08.2	Sean Dixon	BAR
2:08.6	Tom White	SNH
2:10.2	Craig Rowlands	D&T
2:10.4	Neil Burton	D&T
2:10.4	D Lewis	SBH
2:11.0	Gareth Waters	STGD
2:11.6	Matthew Hallisey	D&T
2:14.9	R Gilham	VER

2:15.6	Martin Smith	D&T	15.3	K Ryan	STGD
2:15.6	K Walden	SBH	15.4	Ben Sumner	STGD
2:15.7	Tom Yarrien	D&T	15.6	Mark Crowley	STGD
2:15.9	Robert Slack	D&T	16.28	Andy Lewis	D&T
2:16.1	R Webb	WAT	18.9	Matthew Hallissey	D&T
2:16.2	Tom Frenchum	STGD	21.5	Seb Jones	SNH
2:17.7	M Kirby	VER	22.5	J Sturgess	SNH
2:18.1	Michael Williams	SNH			
2:19.7	Andy Trevillion	D&T	110m Hurdles (99.0)		
2:19.9	Greg Pullum	HW	14.8	Tristan Anthony	VER
2:22.1	Kris Pandoo	HW			
2:22.1	A Goodlad	VER	110m Hurdles (106)		
2:25.59	A Pick	VER	14.7	Tristan Anthony	VER
2:27.0	Mark Wormald	SNH	18.1	Matt Woodhouse	D&T
2:29.5	James Moody	SNH			
2:34.0	Mark Ellis	SNH	400m Hurdles (91.4)		
2:49.1	D Heddon	VER	55.6	Tristan Anthony	VER
2:49.8	B Warner	VER	59.74	Ben Sumner	STGD
			64.21	Tom Bedford	SBH
1500 metres			400m Hurdles (84.0)		
4:02.0	Neil Gamester	E&H	52.2	Tristan Anthony	VER
4:06.3	S Murphy	SBH	57.6	Ben Sumner	STGD
4:13.3	D Lewis	SBH	60.38	Craig Rowlands	D&T
4:14.9	Neil Burton	D&T	65.0	D Lewis	SBH
4:17.44	Tom Bedford	SBH	67.3	K Ryan	STGD
4:20.0	Neilson Hall	VER	68.0	Russell Hughes	D&T
4:23.4	Ben Pope	SNH	70.35	Matthew Hallissey	D&T
4:23.4	Sean Dixon	BAR	70.5	A Cracknell	D&T
4:24.3	K Walden	SBH	71.1	K Walden	SBH
4:29.5	Tom White	SNH			
4:36.9	Michael Williams	SNH	1500m Steeplechase		
4:43.1	Gareth Waters	STGD	4:19.22	S Murphy	SBH
4:43.7	Matthew Hallissey	D&T	4:29.11	D Lewis	SBH
4:44.9	A Goodlad	VER	4:40.29	Neil Gamester	E&H
4:50.9	A Beames	STGD	4:44.76	Tom Bedford	SBH
4:51.4	Greg Pullum	HW	4:54.6	Ben Pope	SNH
4:51.4	R Webb	WAT	4:59.8	Michael Scott	E&H
4:52.8	Martin Smith	D&T	5:06.1	Tom White	SNH
4:55.3	A Pick	VER	5:07.1	A Cracknell	D&T
5:00.6	Robert Slack	D&T	5:20.8	Matthew Hallissey	D&T
5:00.6	Mark Wormald	SNH	5:37.9	Gareth Waters	STGD
5:01.1	A Dowling	VER			
5:18.5	James Moody	SNH	2000m Steeplechase		
5:41.1	Adam Storrington	BAR	6:55.7	Neil Gamester	E&H
			8:49.2	R Webb	WAT
3000 metres			3000m Steeplechase		
9:05.7	Neil Gamester	E&H	13:51.9	Craig Rowlands	D&T
9:05.3	S Murphy	SBH			
9:08.0	D Lewis	SBH	High Jump		
9:11.4	Neilson Hall	VER	1.95m	Mark Crowley	STGD
9:12.0	Neil Burton	D&T	1.85m	Rafick Tafajoul	STGD
9:14.0	Tom Bedford	SBH	1.80m	Tom White	SNH
9:39.6	Michael Scott	E&H	1.80m	M Thurgood	VER
9:53.6	K Walden	SBH	1.70m	Andy Lewis	D&T
			1.65m	R Webb	WAT
5000 metres			1.65m	Ben Sumner	STGD
18:16.3	A Lysak	VER	1.60m	Andy Trevillion	D&T
			1.60m	T Willis	SNH
100m Hurdles			1.55m	Greg Pullum	HW
12.6	Tristan Anthony	VER	1.55m	A Cracknell	D&T
14.7	Russell Hughes	D&T			
15.1	Matt Woodhouse	D&T			

1.55m	Martin Sills	D&T	10.29m	Ian Nastys	SNH
1.45m	Neil Burton	D&T	10.25m	A Goodlad	VER
1.40m	Sean Dixon	BAR	10.05m	A Dowling	VER
1.35m	Luke Nicholls	WAT	9.85m	Andy Cracknell	D&T
1.25m	D Clapworthy	VER	9.85m	Stephen large	SNH
Pole Vault			9.82m	Tom White	SNH
3.40m	Ben Sumner	STGD	9.10m	Neil Burton	D&T
3.30m	Jeff Osborne	E&H	8.80m	David Cornish	SNH
3.10m	Jack Copson	D&T	Shot (7.26k)		
2.80m	A Cracknell	D&T	11.98m	Carl Saggars	E&H
2.80m	David Pitcher	E&H	7.08m	Craig Rowlands	D&T
2.30m	Jacob Kestner	STGD	Shot (6.25)		
2.00m	Andy Trevillion	D&T	14.13m	Carl Saggars	E&H
2.00m	Matthew Hallissey	D&T	Shot (5k)		
2.00m	Steve Pressland	BAR	16.08m	Carl Saggars	E&H
1.85m	Stephen Murphy	SBH	12.22m	Anthony Lovett	E&H
Long Jump			11.39m	Michael Bush	HW
6.34m	Luke Nicholls	WAT	10.41m	D Berretta	VER
6.28m	Andy Lewis	D&T	10.16m	P Salisbury	VER
6.22m	Craig Rowlands	D&T	10.00m	C Pugh	STGD
6.09m	M Thurgood	VER	9.99m	Andrew Trevillion	D&T
5.91m	K Ryan	STGD	9.86m	David Cornish	SNH
5.83m	D McSweeney	STGD	9.77m	L Fellows	STGD
5.65m	Ben Sumner	STGD	9.69m	Matt Woodhouse	D&T
5.63m	Kris Pandoo	HW	9.54m	Gurpaul Panesar	WAT
5.49m	Tom White	SNH	9.24m	M Thurgood	VER
5.34m	Matt Woodhouse	D&T	9.11m	Andy Lewis	D&T
5.24m	R Gilham	VER	8.75m	Gerald Ellis	STGD
5.06m	Mark Crowley	STGD	8.71m	Scott Iwanciw	WAT
5.04m	Jonathon Clark	HW	7.97m	Tom Frenchum	STGD
4.99m	J Grimward	STGD	7.86m	Stephen Murphy	SBH
4.87m	L Fellows	STGD	7.67m	Gareth Price	STGD
4.85m	Tom Yarrien	D&T	7.40m	Ben Pope	SNH
4.85m	Matthew Hallissey	D&T	7.29m	Jeff Gibbins	D&T
4.84m	Gerald Ellis	STGD	6.95m	Tom Waiting	D&T
4.82m	D Buckley	STGD	6.65m	Jack Hopson	D&T
4.71m	A Dowling	VER	6.58m	A Dowling	VER
4.71m	Sean Dixon	BAR	6.09m	Mark Wormald	SNH
4.44m	Neilson Hall	VER	5.36m	Jamil Sheikh	HW
4.43m	Michael Williams	SNH	Discus (2k)		
4.40m	Stephen Large	SNH	36.49m	Carl Saggars	E&H
4.37m	T Willis	SNH	Discus (1.75k)		
4.28m	M Kirby	VER	44.98m	Carl Saggars	E&H
4.07m	Martin Smith	D&T	Discus (1.5k)		
4.02m	James Moody	SNH	48.34m	Carl Saggars	E&H
3.37m	David Lapthorne	BAR	38.75m	Scott Burrell	E&H
Triple Jump			33.80m	Michael Bush	HW
13.72m	M Thurgood	VER	32.46m	David Cornish	SNH
13.45m	Andy Lewis	D&T	31.69m	Rafick Tafajoul	STGD
12.37m	Stefan Westphal	E&H	31.43m	Scott Iwanciw	WAT
12.24m	Ben Sumner	STGD	29.78m	C Pugh	STGD
12.13m	Craig Rowlands	D&T	29.55m	Tom Cowley	SNH
11.70m	Matt Woodhouse	D&T	26.77m	P Salisbury	VER
11.33m	Kris Pandoo	HW	25.56m	D Berretta	VER
11.19m	K Ryan	STGD	25.82m	Ben Sumner	STGD
10.70m	Gareth Waters	STGD	25.30m	Gareth Price	STGD
10.37m	Matthew Hallissey	D&T			
10.37m	Andrew Trevillion	D&T			
10.36m	Peter McCabe	HW			

23.87m	Luke Nicholls	WAT
23.66m	A Lysak	VER
23.43m	Andrew Trevillion	D&T
21.06m	Tom Frenchum	STGD
20.68m	Andy Cracknell	D&T
18.96m	Ben Pope	SNH
17.86m	Russell Hughes	D&T
17.24m	Robert Slack	D&T
17.12m	Jeff Gibbins	D&T
16.88m	Matt Woodhouse	D&T
16.72m	Jack Copson	D&T
11.52m	Michael Williams	SNH

Hammer (7.26k)

45.43m	Carl Saggars	E&H
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Hammer (6.25k)

57.90m	Carl Saggars	E&H
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Hammer (5k)

64.18m	Carl Saggars	E&H
41.98m	Scott Iwanciw	WAT
26.90m	David Pitcher	E&H
26.10m	Michael Bush	HW
24.38m	Rafick Tafajoul	STGD
14.49m	Robert Slack	D&T

Javelin (800g)

48.80m	Anthony Lovett	E&H
29.88m	D Berretta	VER
28.21m	Michael Bush	HW
17.52m	Cg Rowlands	D&T

Javelin (700g)

56.89m	Anthony Lovett	E&H
46.51m	L Lancaster	VER
40.42m	C Pugh	STGD
39.93m	P Salisbury	VER
37.05m	Rafick Tafajoul	STGD
33.54m	D Berretta	VER
33.28m	Jeff Gibbins	D&T
32.03m	Michael Bush	HW
29.77m	Jack Copson	D&T
28.63m	David Thomas	HW
26.27m	James Moody	SNH
24.96m	Tom Cowley	SNH
23.63m	Gareth Price	STGD
23.13m	A Delany	STGD
23.00m	Luke Nicholls	WAT
20.31m	David Pitcher	E&H
20.23m	Andrew Trevillion	D&T
19.59m	David Cornish	SNH
15.74m	Scott Iwanciw	WAT
15.70m	Neil Burton	D&T
13.86m	Michael Williams	SNH
12.65m	Mark Ellis	SNH
5.88m	Stephen Large	SNH
4.81m	Tom Yarrien	D&T