

**1996 HERTFORDSHIRE COUNTY AAA RANKINGS****U/17 MEN****100 metres**

|      |                  |      |
|------|------------------|------|
| 11.2 | A McKenzie       | VER  |
| 11.6 | G Tomlinson      | VER  |
| 11.7 | Darren Neport    | BOE  |
| 11.8 | Mark Archer      | STGD |
| 11.9 | Ben McComiskie   | HW   |
| 11.9 | Duncan McTavish  | WAT  |
| 11.9 | Peter Harding    | HW   |
| 11.9 | Paul Preston     | D&T  |
| 12.0 | N Barton         | VER  |
| 12.0 | Alfred Savage    | BAR  |
| 12.0 | P Beverstock     | TURN |
| 12.1 | Simon Dack       | STGD |
| 12.2 | Garath Graham    | STGD |
| 12.2 | Richard Patel    | WAT  |
| 12.3 | Stuart Brooks    | HW   |
| 12.3 | D Collingwood    | VER  |
| 12.4 | L Noakes         | VER  |
| 12.4 | Robert Woolfrey  | D&T  |
| 12.5 | D Hill           | D&T  |
| 12.7 | Phil Gray        | BOE  |
| 12.7 | Darren Mills     | D&T  |
| 12.8 | P Gower          | VER  |
| 12.8 | Matthew Crumpler | STGD |
| 12.9 | D Green          | VER  |
| 12.9 | J Roxborough     | SNH  |
| 12.9 | C Franks         | D&T  |
| 13.0 | R Mitchell       | D&T  |
| 13.1 | J Bailey         | VER  |
| 13.1 | R Rennie         | D&T  |
| 13.2 | Sid Clark        | HW   |
| 13.2 | C Keen           | D&T  |
| 13.2 | M House          | D&T  |
| 13.3 | Jayson Keeler    | BAR  |
| 13.4 | M Koenig         | VER  |
| 13.5 | A Clark          | VER  |
| 13.7 | R Koenig         | VER  |
| 13.7 | John Martin      | BAR  |
| 13.7 | C Lambert        | D&T  |
| 13.9 | J Provan         | VER  |
| 14.3 | I Cholot         | VER  |
| 14.3 | Glen McLellan    | SNH  |
| 14.5 | N Helsby         | D&T  |
| 14.9 | Paul Page        | STGD |

**200 metres**

|      |                 |      |
|------|-----------------|------|
| 23.1 | A McKenzie      | VER  |
| 23.5 | Paul Preston    | D&T  |
| 23.8 | Mark Archer     | STGD |
| 23.9 | G Tomlinson     | VER  |
| 24.2 | Peter Harding   | HW   |
| 24.2 | P Beverstock    | TURN |
| 24.3 | Duncan McTavish | WAT  |
| 24.3 | Robert Woolfrey | D&T  |
| 24.4 | Alfred Savage   | BAR  |
| 24.5 | D Green         | VER  |
| 24.6 | Ben McComiskie  | HW   |
| 24.8 | Richard Patel   | WAT  |

|      |                  |      |
|------|------------------|------|
| 24.9 | Stuart Brooks    | HW   |
| 25.1 | Phil Gray        | BOE  |
| 25.4 | Simon Dack       | STGD |
| 25.6 | L Wood           | VER  |
| 25.5 | D Hill           | D&T  |
| 25.6 | Glen McLellan    | SNH  |
| 25.7 | L Noakes         | VER  |
| 25.8 | D Collingwood    | VER  |
| 25.8 | C Keen           | D&T  |
| 26.0 | J Bailey         | VER  |
| 26.0 | Darren Mills     | D&T  |
| 26.0 | R Miller         | D&T  |
| 26.2 | K Pearson        | SNH  |
| 26.4 | M Salisbury      | VER  |
| 26.5 | R Koenig         | VER  |
| 26.5 | C Franks         | D&T  |
| 26.6 | Matthew Crumpler | STGD |
| 26.6 | M House          | D&T  |
| 26.8 | John Maratin     | BAR  |
| 26.8 | J Roxborough     | SNH  |
| 26.8 | James Chester    | STGD |
| 27.0 | Jayson Keeler    | BAR  |
| 27.1 | R Canfield       | VER  |
| 27.1 | A Clark          | VER  |
| 27.1 | Michael Moriarty | BAR  |
| 27.4 | Phil Rich        | BAR  |
| 27.5 | M Kelsall        | SNH  |
| 28.6 | Gary Coate       | HW   |
| 28.7 | Sid Clark        | HW   |
| 29.6 | Jonathon Westley | STGD |
| 30.4 | Ben Wilcock      | BAR  |

**400 metres**

|       |                 |      |
|-------|-----------------|------|
| 53.52 | Peter Harding   | HW   |
| 54.7  | Richard Pooley  | HW   |
| 55.23 | Glen McLellan   | SNH  |
| 55.3  | Gareth Graham   | STGD |
| 55.7  | M Kelsall       | SNH  |
| 55.8  | Robert Woolfrey | D&T  |
| 56.0  | D Mills         | D&T  |
| 56.9  | D Green         | VER  |
| 57.4  | John Martin     | BAR  |
| 57.5  | David Harding   | HW   |
| 57.6  | Liam Hopkins    | STGD |
| 57.8  | Andy Eley       | BOE  |
| 57.9  | Chris Keen      | D&T  |
| 58.0  | A Clark         | VER  |
| 58.0  | K Pearson       | SNH  |
| 58.1  | James Chester   | STGD |
| 58.5  | L Wood          | VER  |
| 58.7  | J Roxborough    | SNH  |
| 58.8  | R Miller        | D&T  |
| 59.3  | Jayson Keeler   | BAR  |
| 59.7  | J Harrison      | VER  |
| 60.1  | Phil Rich       | BAR  |
| 60.2  | Daniel Waller   | HW   |
| 60.2  | R Canfield      | VER  |
| 61.2  | R Koenig        | VER  |
| 66.9  | C Lambert       | D&T  |
| 68.1  | I Cholot        | VER  |
| 69.6  | N Helsby        | D&T  |

**800 metres**

|        |               |      |
|--------|---------------|------|
| 2:06.1 | David Murray  | BOE  |
| 2:07.6 | Chris Keen    | D&T  |
| 2:08.5 | Glen McLellan | SNH  |
| 2:08.6 | A Clark       | VER  |
| 2:08.8 | M Kelsall     | SNH  |
| 2:09.7 | D Mills       | D&T  |
| 2:10.4 | Phil Rich     | BAR  |
| 2:10.9 | K Pearson     | SNH  |
| 2:11.3 | J Harrison    | VER  |
| 2:14.0 | John Martin   | BAR  |
| 2:14.8 | James Chester | STGD |
| 2:15.8 | Liam Hopkins  | STGD |
| 2:15.1 | J Roxborough  | SNH  |
| 2:16.6 | M Icke        | D&T  |
| 2:18.3 | Ben Martin    | BAR  |
| 2:20.8 | R Canfield    | VER  |
| 2:22.2 | Andrew Moody  | SNH  |
| 2:22.4 | A Badrick     | D&T  |
| 2:23.6 | Philip Storey | SNH  |
| 2:25.3 | C Franks      | D&T  |
| 2:26.0 | Gary Coate    | HW   |
| 2:36.6 | Alex Welsh    | BAR  |
| 2:37.9 | Daniel Waller | HW   |
| 2:43.3 | S Nugent      | VER  |

**1500 metres**

|         |                  |     |
|---------|------------------|-----|
| 4:27.6  | Chris Crauford   | BOE |
| 4:27.5  | Chris Keen       | D&T |
| 4:29.5  | David Murray     | BOE |
| 4:29.7  | Philip Storey    | SNH |
| 4:32.4  | Phil Rich        | BAR |
| 4:35.8  | K Skinner        | VER |
| 4:37.8  | J Bradley        | D&T |
| 4:39.0  | A Clark          | VER |
| 4:39.9  | Chris Keen       | D&T |
| 4:40.0  | John Martin      | BAR |
| 4:40.0  | M Kelsall        | SNH |
| 4:40.5  | J Harrison       | VER |
| 4:41.1  | N Chamberlain    | VER |
| 4:41..8 | Andrew Moody     | SNH |
| 4:44.5  | Michael Moriarty | BAR |
| 4:45.4  | Darren Mills     | D&T |
| 4:47.2  | M Icke           | D&T |
| 4:49.5  | J Roxborough     | SNH |
| 4:55.3  | A Badrick        | D&T |
| 4:58.4  | S Nugent         | VER |
| 4:59.7  | Gary Coate       | HW  |
| 5:00.4  | Ben Wilcock      | BAR |
| 5:02.7  | R Miller         | D&T |
| 5:09.8  | Jayson Keeler    | BAR |
| 5:24.6  | N Helsby         | D&T |
| 6:05.4  | D Hill           | D&T |
| 6:12.7  | Robert Woolfrey  | D&T |

**1 Mile**

|        |             |     |
|--------|-------------|-----|
| 5:12.9 | Phil Rich   | BAR |
| 5:14.6 | John Martin | BAR |

**3000 metres**

|         |               |     |
|---------|---------------|-----|
| 9:30.1  | Chris Gibbons | BOE |
| 10:04.9 | Chris Keen    | D&T |

|         |             |     |
|---------|-------------|-----|
| 10:35.8 | Ben Wilcock | BAR |
| 11:00.6 | A Badrick   | D&T |
| 11:06.0 | B Leach     | D&T |
| 12:11.8 | S Nugent    | VER |

**5000 metres**

|         |             |     |
|---------|-------------|-----|
| 19:48.1 | M Alexander | D&T |
|---------|-------------|-----|

**100m Hurdles**

|      |                |     |
|------|----------------|-----|
| 14.8 | T Elliott      | VER |
| 15.5 | R Miller       | D&T |
| 15.8 | Richard Pooley | HW  |
| 16.3 | John Martin    | BAR |
| 17.8 | R Rennie       | D&T |
| 18.7 | R Mitchell     | D&T |
| 19.3 | D Hill         | D&T |
| 19.4 | I Cholot       | VER |
| 19.6 | K Pearson      | SNH |
| 21.5 | L Noakes       | VER |
| 21.7 | R Koenig       | VER |
| 21.8 | Philip Storey  | SNH |
| 21.9 | D Mills        | D&T |
| 21.9 | N Helsby       | D&T |
| 22.1 | Chris Keen     | D&T |
| 22.6 | Andrew Moody   | SNH |
| 23.5 | Sid Clark      | HW  |

**110m Hurdles**

|      |           |     |
|------|-----------|-----|
| 19.4 | T Elliott | VER |
| 20.3 | R Miller  | D&T |

**400m Hurdles (84.0)**

|      |                |     |
|------|----------------|-----|
| 61.8 | John Martin    | BAR |
| 62.8 | Richard Pooley | HW  |
| 63.6 | D Mills        | D&T |
| 64.8 | R Miller       | D&T |
| 65.1 | Chris Keen     | D&T |
| 68.7 | D Green        | VER |
| 69.0 | R Rennie       | D&T |
| 73.9 | R Koenig       | VER |
| 74.5 | M Koenig       | VER |
| 85.0 | L Noakes       | VER |

**400m Hurdles (91.4)**

|      |                |      |
|------|----------------|------|
| 62.6 | Richard Pooley | HW   |
| 63.3 | D Mills        | D&T  |
| 66.1 | Liam Hopkins   | STGD |
| 67.2 | J Bailey       | VER  |
| 68.9 | Glen McLellan  | SNH  |
| 69.6 | D Green        | VER  |

**1500m Steeplechase**

|        |            |     |
|--------|------------|-----|
| 5:15.8 | J Bradley  | D&T |
| 5:27.8 | Chris Keen | D&T |
| 5:49.7 | A Badrick  | D&T |
| 6:01.8 | M Icke     | D&T |
| 6:32.7 | S Hammond  | D&T |

**3000m Steeplechase**

|         |             |     |
|---------|-------------|-----|
| 12:53.3 | M Alexander | D&T |
| 13:10.8 | D Mills     | D&T |

**High Jump**

|       |                  |      |
|-------|------------------|------|
| 1.85m | N Martin         | OGY  |
| 1.82m | R Mitchell       | D&T  |
| 1.80m | Darren Neport    | BOE  |
| 1.80m | R Mitchell       | D&T  |
| 1.75m | T Elliott        | VER  |
| 1.75m | A Todd           | VER  |
| 1.75m | R Mitchell       | D&T  |
| 1.71m | John Martin      | BAR  |
| 1.70m | Nick Waters      | BOE  |
| 1.65m | James Provan     | VER  |
| 1.65m | R Miller         | D&T  |
| 1.60m | Glen McLellan    | SNH  |
| 1.60m | C Lambert        | D&T  |
| 1.55m | C Dumbleton      | SNH  |
| 1.55m | Jonathon Westley | STGD |
| 1.55m | James Chester    | STGD |
| 1.55m | M House          | D&T  |
| 1.55m | R Miller         | D&T  |
| 1.50m | M Koenig         | VER  |
| 1.50m | A Clark          | VER  |
| 1.50m | M Green          | VER  |
| 1.50m | Robert Woolfrey  | D&T  |
| 1.50m | David Murray     | BOE  |
| 1.45m | Sid Clark        | HW   |
| 1.45m | K Pearson        | SNH  |
| 1.45m | Simon Dack       | STGD |
| 1.45m | D Mills          | D&T  |
| 1.40m | L Noakes         | VER  |
| 1.25m | Chris Keen       | D&T  |
| 1.20m | Alex Welsh       | BAR  |
| 1.20m | S Hammond        | D&T  |
| 1.00m | Daniel Waller    | HW   |

**Pole Vault**

|       |               |     |
|-------|---------------|-----|
| 4.40m | Darren Neport | BOE |
| 3.90m | Nick Waters   | BOE |
| 3.00m | T Elliott     | VER |
| 2.20m | Glen McLellan | SNH |
| 2.10m | S Hammond     | D&T |

**Long Jump**

|       |                |      |
|-------|----------------|------|
| 6.61m | Paul Preston   | D&T  |
| 6.41m | N Barton       | VER  |
| 6.21m | Darren Neport  | BOE  |
| 6.07m | Danny Bryan    | BOE  |
| 5.97m | Mark Archer    | STGD |
| 5.87m | Richard Pooley | HW   |
| 5.79m | Simon Dack     | STGD |
| 5.74m | T Elliott      | VER  |
| 5.61m | Ben McComiskie | HW   |
| 5.58m | Nick Waters    | BOE  |
| 5.58m | R Mitchell     | D&T  |
| 5.49m | Steve Roberts  | BAR  |
| 5.34m | Peter Harding  | HW   |
| 5.29m | David Murray   | BOE  |
| 5.23m | D Sears        | SNH  |
| 5.14m | R Miller       | D&T  |
| 5.12m | R Koenig       | VER  |
| 5.12m | J Bradley      | D&T  |
| 4.96m | M House        | D&T  |
| 4.93m | D Smith        | SNH  |

|       |                  |      |
|-------|------------------|------|
| 4.90m | Robert Woolfrey  | D&T  |
| 4.78m | Jayson Keeler    | BAR  |
| 4.76m | A Clark          | VER  |
| 4.75m | Darren Mills     | D&T  |
| 4.65m | N Helsby         | D&T  |
| 4.62m | Glen McLellan    | SNH  |
| 4.62m | D Hill           | D&T  |
| 4.51m | K Pearson        | SNH  |
| 4.41m | J Harrison       | VER  |
| 4.30m | Jonathon Westley | STGD |
| 4.26m | Chris Keen       | D&T  |
| 4.25m | I Cholot         | VER  |
| 4.24m | Paul Page        | STGD |
| 4.21m | C Dumbleton      | SNH  |
| 4.10m | Chris Keen       | D&T  |
| 3.96m | L Noakes         | VER  |
| 3.44m | L Wood           | VER  |
| 3.42m | Joe Nathan       | BAR  |

**Triple Jump**

|        |                 |     |
|--------|-----------------|-----|
| 12.92m | Paul Preston    | D&T |
| 12.72m | N Barton        | VER |
| 12.44m | Richard Pooley  | HW  |
| 12.31m | T Elliott       | VER |
| 11.84m | D Sears         | SNH |
| 11.49m | Nick Waters     | BOE |
| 11.43m | Ben McComiskie  | HW  |
| 11.37m | D Smith         | SNH |
| 11.33m | D Green         | VER |
| 11.31m | John Martin     | BAR |
| 10.97m | Robert Woolfrey | D&T |
| 10.76m | J Roxborough    | SNH |
| 10.11m | A Todd          | VER |
| 9.92m  | C Mugford       | VER |
| 9.77m  | A Clark         | VER |
| 9.36m  | Andy Eley       | BOE |
| 9.18m  | D Mills         | D&T |
| 9.09m  | M Icke          | D&T |
| 8.69m  | Ben Wilcock     | BAR |

**Shot (5k)**

|        |                  |      |
|--------|------------------|------|
| 13.11m | Daniel Waller    | HW   |
| 12.21m | Steve Roberts    | BAR  |
| 11.92m | James Provan     | VER  |
| 11.45m | Matthew Simpole  | BOE  |
| 10.78m | C Franks         | D&T  |
| 10.06m | David Harding    | HW   |
| 10.05m | Phil Gray        | BOE  |
| 9.96m  | R Rennie         | D&T  |
| 9.95m  | A Badrick        | D&T  |
| 9.89m  | James Chester    | STGD |
| 9.35m  | Matthew Crumpler | STGD |
| 9.25m  | D Mills          | D&T  |
| 9.24m  | M Raynor         | SNH  |
| 9.03m  | R Mitchell       | D&T  |
| 8.95m  | S Odong          | SNH  |
| 8.85m  | M Koenig         | VER  |
| 8.69m  | L Wood           | VER  |
| 8.59m  | C Lambert        | D&T  |
| 8.01m  | T Elliott        | VER  |
| 7.77m  | D Smith          | SNH  |
| 7.60m  | Daniel Kerry     | STGD |

|       |              |      |
|-------|--------------|------|
| 7.59m | T Graham     | D&T  |
| 7.49m | N Barton     | VER  |
| 7.43m | I Cholot     | VER  |
| 6.75m | Liam Hopkins | STGD |
| 5.30m | R Canfield   | VER  |

#### Shot (7.26k)

|       |              |     |
|-------|--------------|-----|
| 8.15m | James Provan | VER |
|-------|--------------|-----|

#### Discus (1.5k)

|        |                  |      |
|--------|------------------|------|
| 41.80m | James Provan     | VER  |
| 39.70m | Daniel Waller    | HW   |
| 37.74m | M Koenig         | VER  |
| 35.14m | David Harding    | HW   |
| 34.48m | C Franks         | D&T  |
| 33.58m | R Rennie         | D&T  |
| 33.00m | R Miller         | D&T  |
| 32.74m | Jayson Keeler    | BAR  |
| 30.90m | Steve Roberts    | BAR  |
| 28.26m | A McKenzie       | VER  |
| 26.42m | Matthew Crumpler | STGD |
| 26.14m | N Helsby         | D&T  |
| 25.42m | M Rayner         | SNH  |
| 24.74m | Daniel Kerry     | STGD |
| 23.60m | J Roxborough     | SNH  |
| 23.34m | N Barton         | VER  |
| 22.68m | Hung Nguyen      | BAR  |
| 22.30m | D Hill           | D&T  |
| 21.86m | Darren Mills     | D&T  |
| 20.92m | A Badrick        | D&T  |
| 20.68m | Chris Keen       | D&T  |
| 20.36m | I Cholot         | VER  |
| 20.02m | J Bailey         | VER  |
| 19.04m | T Graham         | D&T  |
| 18.60m | Robert Woolfrey  | D&T  |
| 18.44m | K Pearson        | SNH  |
| 18.44m | Paul Preston     | D&T  |
| 13.90m | Paul Page        | STGD |

#### Discus (2k)

|        |               |     |
|--------|---------------|-----|
| 33.74m | James Provan  | VER |
| 33.20m | Daniel Waller | HW  |
| 27.36m | David Harding | HW  |
| 26.68m | Jayson Keeler | BAR |

#### Hammer (7.26k)

|        |          |     |
|--------|----------|-----|
| 34.08m | R Rennie | D&T |
|--------|----------|-----|

#### Hammer (6.25k)

|        |          |     |
|--------|----------|-----|
| 32.08m | R Rennie | D&T |
|--------|----------|-----|

#### Hammer (5k)

|        |                  |      |
|--------|------------------|------|
| 42.80m | R Rennie         | D&T  |
| 36.48m | M Koenig         | VER  |
| 36.02m | Matthew Simpole  | BOE  |
| 20.16m | A Badrick        | D&T  |
| 19.12m | Matthew Crumpler | STGD |
| 18.64m | I Cholot         | VER  |
| 17.40m | D Hill           | D&T  |
| 13.60m | Chris Keen       | D&T  |
| 13.18m | Andy Eley        | BOE  |
| 8.96m  | A Clark          | VER  |

#### Javelin (700g)

|        |                 |      |
|--------|-----------------|------|
| 51.06m | Gareth Graham   | STGD |
| 49.22m | R Miller        | D&T  |
| 48.36m | James Provan    | VER  |
| 44.36m | David Harding   | HW   |
| 41.70m | Daniel Waller   | HW   |
| 41.52m | Steve Roberts   | BAR  |
| 39.42m | C Franks        | D&T  |
| 38.34m | S Odong         | SNH  |
| 37.20m | A Todd          | VER  |
| 36.40m | Jayson Keeler   | BAR  |
| 34.08m | Glen McLellan   | SNH  |
| 33.48m | Daniel Kerry    | STGD |
| 32.24m | James Chester   | STGD |
| 30.98m | D Green         | VER  |
| 30.98m | J Bradley       | D&T  |
| 29.82m | Paul Preston    | D&T  |
| 28.32m | C Lambert       | D&T  |
| 25.88m | Robert Woolfrey | D&T  |
| 24.98m | N Helsby        | D&T  |
| 22.12m | Darren Mills    | D&T  |
| 21.48m | L Wood          | VER  |
| 21.48m | M Icke          | D&T  |
| 20.10m | B Leach         | D&T  |
| 19.40m | Chris Keen      | D&T  |
| 18.44m | Paul Page       | STGD |
| 13.34m | S Nugent        | VER  |

#### Javelin (800g)

|        |               |     |
|--------|---------------|-----|
| 45.42m | R Miller      | D&T |
| 41.20m | David Harding | HW  |
| 40.32m | Daniel Waller | HW  |
| 38.78m | James Provan  | VER |
| 35.54m | Jayson Keeler | BAR |
| 25.74m | T Elliott     | VER |

#### Pentathlon (LJ, JT, 200m, DT, 1500m)

|      |                 |     |
|------|-----------------|-----|
| 2109 | Jayson Keeler   | BAR |
| 1968 | Darren Mills    | D&T |
| 1880 | Chris Keen      | D&T |
| 1799 | Paul Preston    | D&T |
| 1652 | Robert Woolfrey | D&T |