

HERTFORDSHIRE COUNTY AAA TRACK & FIELD CHAMPIONSHIPS

Monday 8th May 1995 at Woodside Track, Watford

1500 metres

<u>Senior Men</u>	1 N Miller	H&W	4:08.7
	2 S Livingstone	VER	4:11.9
	3 N Shaikh	SBH	4:12.1
	4 R Bristow	VER	4:20.1

<u>U/17 Men</u>	1 C Boddam-Whetham	D&T	4:16.8
	2 A Badrick	D&T	5:05.8

<u>U/15 Boys</u>	1 P Storey	SNH	4:39.9
	2 J Bradley	D&T	4:41.5
	3 D Coates	H&W	4:46.5
	4 P Murphy	SBH	4:50.7
	5 N Chamberlain	VER	4:51.1
	6 R Ashcroft	VER	4:56.0
	7 G Fitch	STGD	4:56.2
	8 C Gower	D&T	5:20.7
	9 P Cooper	SNH	5:28.3
	10 L Rumble	H&W	5:30.4

<u>U/17 Women</u>	1 L Rowe	BOE	4:55.6
1	2 N Bell	VER	5:10.9
	3 K Power	SBH	5:13.7
	4 J Browning	SNH	5:31.4
	5 R Murray	SNH	5:36.4
	6 P Rumble	H&W	5:37.7

<u>U/13 Girls</u>	1 L Hall	SBH	5:07.5
	2 S Stanmore	SNH	5:31.4
	3 J Brooke	VER	5:39.3
	4 S Stevens	SNH	5:43.4
	5 K Clarke	SNH	5:44.7
	6 L Black	WAT	5:51.7
	7 J Martin	SNH	6:18.3
	8 S Killingbeck	SNH	6:20.6
	9 M Smith	VER	6:23.4

4x100 Relays

<u>U/17 Men</u>	1 St Albans GD	47.3
	2 Dacorum & Tring	47.7
	3 Verlea A	49.4
	4 Verlea B	50.3

<u>U/13 Boys</u>	1 St Albans GD	56.9
	2 Verlea	61.7

<u>U/17 Women</u>	1 Hertford & Ware	52.7
	2 St Albans GD	53.0
	3 Dacorum & Tring	56.9

<u>U/13 Girls</u>	1 Hertford & Ware	61.0
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4x400 relays

<u>Senior Men</u>	1 Hertford & Ware	3:31.7
	2 Verlea	3:33.6

<u>U/17 Men</u>	1 Dacorum & Tring	3:44.0
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<u>Junior Men</u>	1 L Wells	BOE	4:11.6
	2 G Preston	SNH	4:17.3
	3 N Cowley	VER	4:18.6
	4 M Green	VER	4:23.4
	5 A Slack	VER	4:23.9
	6 D Blake	STGD	4:35.7

<u>U/13 Boys</u>	1 C Goddard	BAR	5:05.6
	2 T White	SNH	5:19.1
	3 W Roberts	SNH	5:39.5

<u>Senior Women</u>	1 R Nicholson(J)	SBH	4:48.9
	2 K Cooper	H&W	5:10.5
	3 M Hall (J)	VER	5:18.2
	4 A Fisher (J)	WAT	5:41.2
	5 C Marsh	H&W	5:41.7
	6 J Ross (V)	G CJ	6:37.0

<u>U/15 Girls</u>	1 T Brazier	SNH	4:52.9
	2 C Stevens	SNH	4:59.3
	3 C Campbell	SNH	5:01.1
	4 L Samuels	SNH	5:08.0
	5 K James	WAT	5:13.0
	6 K Markham	SNH	5:14.0
	7 C Thomas	PARK	5:16.7
	8 F Black	WAT	5:20.4
	9 S Eaton	SNH	5:21.3
	10 L Cowley	VER	5:23.4
	11 D Banks	WAT	5:34.4
	12 B Harris	SNH	5:53.5
	13 Lyn Johnson	H&W	6:02.5

<u>U/15 Boys</u>	1 Dacorum & Tring	51.2
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<u>Senior Women</u>	1 Stevenage & N Herts	51.5
	2 Hertford & Ware	52.6
	3 Dacorum & Tring	54.9

<u>U/15 Girls</u>	1 Hertford & Ware A	53.8
	2 Verlea	55.4
	3 St Albans GD	56.6
	4 Hertford & Ware B	57.8

<u>Senior Women</u>	1 Stevenage & N Herts	4:04.0
	2 Verlea	4:15.9
	3 Hertford & Ware	4:17.3
	4 Dacorum & Tring	4:30.1

<u>U/17 Women</u>	1 Hertford & Ware	4:20.4
	2 Verlea	4:34.3
	3 Dacorum & Tring	4:40.8