

1995 HERTFORDSHIRE COUNTY AAA RANKINGS**U/13 BOYS****100 metres**

11.6	T Anthony	VER
12.9	Jason Davis	BAR
13.1	John Owusu	BAR
13.1	Andrew Clarke	SAGD
13.2	Ben Martin	SAGD
13.4	Geoff Slade	BOE
13.6	Benjamin Sumner	SAGD
14.0	G Benefield	SNH
14.1	R Smith	VER
14.1	L Reeves	SNH
14.2	Lu Nicholls	WAT
14.3	Richard Dunn	D&T
14.4	Stephen Jones	H&W
14.4	Peter Stafford	H&W
14.4	D Gulliver	SNH
14.5	Andrew Lewis	D&T
14.5	S Spetch	WAT
14.6	S Lord	VER
14.6	Stephen Williams	SAGD
14.7	Barry John	SAGD
14.8	Ben Taylor	SAGD
14.9	Darren Sillitoe	BOE
14.9	Mark Paterson	SAGD
15.0	Jayesh Gohill	D&T
15.1	James Sapstead	H&W
15.1	Toby Harper	SAGD
15.1	L James	WAT
15.10	James Gess	D&T
15.2	R Gilham	VER
15.2	David Alexander	BAR
15.2	M Wallbank	WAT
15.2	J Wescott	WAT
15.3	Ben Brown	H&W
15.4	Philip Trow	BAR
15.5	B Edwards	VER
15.5	Tony Barber	D&T
15.6	James Willett	SAGD
15.7	J Dickson	VER
15.8	A Wiles	VER
15.8	M Griffin	VER
15.9	Mark Hedges	BAR
16.1	C Underwood	VER
16.1	Jonathon Brown	D&T
16.2	Nicky Coate	H&W
16.2	J Ford	VER
16.2	Steve Presland	BAR
16.2	Matthew MacLeod	BAR
16.3	Matthew Miller	D&T
16.3	C Lanfear	WAT
16.4	Matthew Hallisey	D&T
16.4	C Thompson	VER
16.4	Raphael Burr	BAR
16.6	A Fuller	VER
16.6	Andrew McCluskey	D&T
16.7	Allan Miller	D&T
16.7	Mattias Merchant	BAR
16.8	Kevin McDermott	D&T

17.0	D Ginty	VER
17.4	Neil Fuller	H&W
17.4	Eliad Lasry	BAR
19.9	Lawrence Bird	BAR

200 metres

24.3	T Anthony	VER
25.5	Jason Davis	BAR
27.3	Geoff Slade	BOE
27.3	Ben Martin	SAGD
27.5	Lolimar Pagratipunan	BAR
27.6	Andrew Clarke	SAGD
27.7	Craig Goddard	BAR
28.4	Benjamin Sumner	SAGD
28.8	G Benefield	SNH
28.9	Christopher John	BAR
29.0	G Benefield	SNH
29.4	Andrew Lewis	D&T
29.5	L Reeves	SNH
29.6	Lu Nicholls	WAT
29.7	Danny Atkins	H&W
29.9	Adam Smith	SAGD
29.9	Stephen Williams	SAGD
30.0	Darren Sillitoe	BOE
30.0	Richard Dunn	D&T
30.1	Ben Taylor	SAGD
30.2	S Spetch	WAT
30.3	S Lord	VER
30.4	R Gilham	VER
30.7	T Harvey	SNH
30.8	C Griffin	VER
30.8	Luke Shimmins	BAR
30.9	Stephen Jones	H&W
31.0	Toby Harper	SAGD
31.1	Patrick Mambenga	BAR
31.1	C Cook	WAT
31.2	Peter McCabe	H&W
31.3	Stephen Jones	H&W
31.4	Ben Brown	H&W
31.4	Peter Stafford	H&W
31.7	M Wainwright	SAGD
31.8	James Sapstead	H&W
31.9	Darren Tait	SAGD
32.2	Philip Trow	BAR
32.2	David Alexander	BAR
32.2	Matthew Hallisey	D&T
32.3	James Gess	D&T
32.3	J Wescott	WAT
32.5	Barry John	SAGD
32.5	J Larkin	WAT
32.6	B Edwards	VER
32.7	Lee Sterry	BAR
33.0	A Wiles	VER
33.0	Mark Paterson	SAGD
33.2	J Ford	VER
33.4	M Wallbank	WAT
33.7	John Clark	BOE
33.8	Steve Presland	BAR
34.1	Jonathon Brown	D&T
34.2	Matthew Miller	D&T
34.3	C Thompson	VER
34.4	J Moody	SNH

35.0	A Fuller	VER	2:42.8	Simon Freeman	BAR
35.0	Lawrence Bird	BAR	2:42.9	Toby Harper	SAGD
35.1	Robert Slack	D&T	2:43.8	Darren Tait	SAGD
35.2	Kevin McDermott	D&T	2:44.1	Ian Elliott	SAGD
35.8	Al Langley	VER	2:44.2	Ben Martin	SAGD
35.9	C Lanfear	WAT	2:44.5	Al Langley	VER
36.0	Allan Miller	D&T	2:45.2	J Larkin	WAT
			2:45.9	Richard Dunn	D&T
			2:46.4	C Cook	WAT
400 metres			2:46.7	Peter Zarkadoulas	BAR
59.0	T Anthony	VER	2:46.9	Nicky Coate	H&W
60.4	Graig Goddard	BAR	2:47.4	Chris Spicer	BOE
64.4	Peter Clarke	SAGD	2:47.7	Matthew Hallisey	D&T
66.3	Peter McCabe	H&W	2:48.8	Karl Yarham	D&T
66.4	Danny Atkins	H&W	2:49.4	C Griffin	VER
66.4	Adam Smith	SAGD	2:49.7	James Gess	D&T
67.1	Thomas White	SNH	2:49.7	J Moody	SNH
69.1	Richard Dunn	D&T	2:51.5	Danny Saggers	BOE
70.2	Simon Freeman	BAR	2:51.7	James Dixon	BAR
70.9	Tony Barber	D&T	2:52.0	B Edwards	VER
71.0	T Harvey	SNH	2:53.5	Peter McCabe	H&W
71.3	John Clark	BOE	2:54.2	R Webb	WAT
71.3	Benjamin Sumner	SAGD	2:54.5	W Roberts	SNH
71.4	C Cook	WAT	2:55.1	E Browning	SNH
72.0	Nick Welsh	BAR	2:55.9	Gordon Morley	BAR
72.6	Darren Tait	SAGD	2:56.0	Jonathon Brown	D&T
73.5	J Dickson	VER	2:56.2	Chris Dixon	BAR
73.5	James Gess	D&T	2:56.7	Andrew McCluskey	D&T
73.9	Mark Paterson	SAGD	2:56.4	Martin Sturgess	H&W
74.0	James Dixon	BAR	2:56.5	David Alexander	BAR
74.1	Rafiq Tafajoul	SAGD	2:56.8	Matthew Crees	BOE
75.3	J Larkin	WAT	2:56.8	Ben Brown	H&W
75.7	Andrew Lewis	D&T	3:01.7	Allan Miller	D&T
75.9	Lee Sterry	BAR	3:06.0	Robert Slack	D&T
76.0	A Langley	VER	3:10.2	Neil Fuller	H&W
76.6	Steve Presland	BAR	3:12.6	Matthew Miller	D&T
77.0	C Thompson	VER			
77.9	Martin Sturgess	H&W			
78.2	J Wescott	WAT	1500 metres		
78.8	J Moody	SNH	5:05.6	Graig Goddard	BAR
78.3	Karl Yarham	D&T	5:11.0	Mark Swindlehurst	SAGD
79.2	David Alexander	BAR	5:13.9	Ant Langley	VER
79.3	Ben Brown	H&W	5:15.9	Neil Burton	D&T
79.4	Andrew McCluskey	D&T	5:19.1	Thomas White	SNH
82.2	Paul Randall	BAR	5:21.2	S Gibbs	VER
84.7	Robert Slack	D&T	5:26.2	T Booth	VER
85.3	C Griffin	VER	5:32.3	M Wenn	SNH
86.4	T Booth	VER	5:33.7	T Gray	SNH
87.6	C Lanfear	WAT	5:34.8	Karl Yarham	D&T
89.1	Kevin McDermott	D&T	5:36.5	A Wiles	VER
89.3	Eliad Lasry	BAR	5:37.9	Darren Tait	SAGD
			5:38.3	Richard Dunn	D&T
			5:39.5	W Roberts	SNH
800 metres			5:42.6	Peter Zarkadoulas	BAR
2:20.3	Craig Goddard	BAR	5:45.8	Chris Dixon	BAR
2:24.3	Peter Clarke	SAGD	5:45.9	Matthew Hallisey	D&T
2:32.8	Thomas White	SNH	5:47.7	Nick Welsh	BAR
2:34.35	Paul Dipple	BOE	5:54.2	Nicky Coate	H&W
2:35.3	Danny Atkins	H&W	6:02.4	R Webb	WAT
2:37.6	G Nelson	SNH	6:08.9	Gordon Morley	BAR
2:38.4	Ant Langley	VER	6:12.7	Andrew McCluskey	D&T
2:42.3	S Lord	VER	6:13.9	Steve Presland	BAR
2:42.3	Nick Welsh	BAR	6:19.3	Neil Fuller	H&W
2:42.7	Tony Barber	D&T			

6:19.7	Allan Miller	D&T
6:26.9	Martin Sturgess	H&W
6:28.8	Robert Slack	D&T
6:41.9	Jonathon Brown	D&T
6:49.6	C Griffin	VER

1 Mile

6:08.7	Nick Welsh	BAR
6:19.9	Peter Zarkadoulas	BAR

3000 metres

10:38.5	Craig Goddard	BAR
11:18.7	Ant Langley	VER
11:46.7	Chris Dixon	BAR
13:00.5	James Dixon	BAR

80m Hurdles (2'6")

12.5	T Anthony	VER
14.1	Adam Smith	SAGD
14.8	Andrew Clarke	SAGD
14.9	Luke Shimmins	BAR
15.5	Andrew Meek	SAGD
15.9	D Sillitoe	BOE
16.2	Jayesh Gohill	D&T
16.6	Ben Brown	H&W
16.7	Peter McCabe	H&W
16.7	Peter Stafford	H&W
16.7	S Lord	VER
16.7	S Spetch	WAT
16.8	Paul Holmes	BAR
16.8	J Moody	SNH
16.9	J Dickson	VER
16.9	Barry John	SAGD
17.1	Toby Harper	SAGD
17.5	Ant Langley	VER
17.5	Paul Randall	BAR
17.5	Steve Presland	BAR
17.5	Robert Slack	D&T
17.5	W Roberts	SNH
17.6	James Gess	D&T
17.6	T Harvey	SNH
17.7	T Hall	WAT
19.2	Peter Zarkadoulas	BAR
19.4	Eliad Lasry	BAR
20.8	Chris Dixon	BAR
21.5	D Ginty	VER

High Jump

1.45m	Benjamin Sumner	SAGD
1.40m	Thomas White	SNH
1.39m	Luke Shimmins	BAR
1.35m	Rafiq Tafajoul	SAGD
1.30m	J Wescott	WAT
1.25m	David Alexander	BAR
1.25m	Steve Presland	BAR
1.25m	Graig Goddard	BAR
1.25m	J Goodridge	SNH
1.25m	Ian Elliott	SAGD
1.20m	Steve Sarpong	BAR
1.15m	D Ginty	VER
1.15m	S Lord	VER
1.15m	Nick Welsh	BAR

1.15m	M Wallbank	WAT
1.15m	T Hall	WAT
1.10m	Al Langley	VER
1.10m	Jonathon Brown	D&T
1.10m	Lawrence Bird	BAR
1.09m	James Gess	D&T
1.05m	C Griffin	VER
1.05m	E Browning	SNH
1.05m	R Webb	WAT

Pole Vault

2.00m	M Wallbank	WAT
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Long Jump

5.55m	Jason Davis	BAR
4.92m	Benjamin Sumner	SAGD
4.87m	Ben Martin	SAGD
4.52m	John Owusu	BAR
4.49m	Danny Atkins	H&W
4.41m	G Benefield	SNH
4.40m	L Reeves	SNH
4.26m	Andrew Lewis	D&T
4.23m	S Lord	VER
4.23m	Luke Shimmins	BAR
4.22m	Stephen Jones	H&W
4.21m	Peter McCabe	H&W
4.20m	D Gulliver	SNH
4.17m	R Smith	VER
4.13m	J Dickson	VER
4.13m	Andrew Clarke	SAGD
4.12m	Jayesh Gohill	D&T
4.07m	J Wescott	WAT
4.05m	Darren Sillitoe	BOE
4.04m	David Alexander	BAR
4.04m	Simon Freeman	BAR
4.03m	Peter Clarke	SAGD
3.99m	Mark Swindlehurst	SAGD
3.95m	M Stickland	VER
3.94m	M Wainwright	SAGD
3.88m	Lu Nicholls	WAT
3.83m	Paul Holmes	BAR
3.82m	Stephen Jones	H&W
3.80m	James Gess	D&T
3.80m	J Larkin	WAT
3.78m	S Spetch	WAT
3.68m	B Edwards	VER
3.68m	Allan Miller	D&T
3.68m	M Wallbank	WAT
3.66m	Peter Stafford	H&W
3.66m	Matthew MacLeod	BAR
3.65m	C Cook	WAT
3.62m	D Ginty	VER
3.62m	Peter Zarkadoulas	BAR
3.59m	T Booth	VER
3.55m	Matthew Hallisey	D&T
3.53m	Steve Presland	BAR
3.52m	Ian Elliott	SAGD
3.49m	Andrew McCluskey	D&T
3.48m	Neil Burton	D&T
3.47m	John Clark	BOE
3.46m	Ralph Brice	SAGD
3.43m	Christopher John	BAR

3.42m	Lawrence Bird	BAR
3.40m	Al Langley	VER
3.39m	Philip Trow	BAR
3.37m	C Thompson	VER
3.37m	Robert Slack	D&T
3.37m	C Lanfear	WAT
3.30m	Ben Brown	H&W
3.28m	Sean Dixon	BAR
3.27m	Ant Langley	VER
3.25m	Matthew Crees	BOE
3.22m	Jonathon Brown	D&T
3.19m	Paul Randall	BAR
3.18m	Kevin McDermott	D&T
3.16m	C Griffin	VER
3.12m	Chris Dixon	BAR
3.05m	L James	WAT
2.97m	Ben Crawley	D&T
2.93m	James Dixon	BAR
2.90m	Matthew Miller	D&T
2.88m	Neil Fuller	H&W
2.85m	Ian Wollett	SAGD
2.58m	R Jackman	VER

Triple Jump

9.48m	Craig Goddard	BAR
9.16m	Andrew Lewis	D&T
8.43m	Matthew Hallisey	D&T

Shot (3.25k)

9.61m	Mattias Merchant	BAR
9.56m	John Owusu	BAR
9.09m	Ma Clark	WAT
8.69m	M Clark	WAT
8.45m	Carl Saggars	BOE
7.82m	Rafiq Tafajoul	SAGD
7.43m	John Clark	BOE
7.20m	Christopher John	BAR
6.79m	Ralph Brice	SAGD
6.58m	Paul Holmes	BAR
6.41m	Andrew Lewis	D&T
6.41m	James Wollett	SAGD
6.20m	Thomas Anderson	BAR
6.11m	Lloyd Jantuah	BAR
5.66m	James Gess	D&T
5.62m	Ant Langley	VER
5.54m	C Griffin	VER
5.51m	T Hall	WAT
5.45m	Lee Sterry	BAR
5.41m	Mark Hedges	BAR
5.36m	Ben Brown	H&W
5.36m	G Nelson	SNH
5.10m	T Harvey	SNH
5.08m	Philip Trow	BAR
5.03m	Robert Slack	D&T
4.87m	Kevin McDermott	D&T
4.86m	T Gray	SNH
4.81m	Lu Nicholls	WAT
4.64m	M Stickland	VER
4.63m	Peter Stafford	H&W
4.54m	James Sapstead	H&W
4.37m	Martin Sturgess	H&W
4.31m	Al Langley	VER

4.20m	R Hockaday	WAT
4.18m	Eliad Lasry	BAR
3.57m	Neil Fuller	H&W

Discus (1k)

27.12m	John Owusu	BAR
23.52m	Ma Clark	WAT
21.02m	David Alexander	BAR
19.72m	Mattias Merchant	BAR
17.52m	Carl Saggars	BOE
17.30m	Rafiq Tafajoul	SAGD
17.20m	Paul Holmes	BAR
17.14m	Andrew McCluskey	D&T
14.22m	Allan Miller	D&T
12.76m	Robert Slack	D&T
10.78m	Matthew Hallisey	D&T
10.04m	Steve Presland	BAR
7.72m	Lawrence Bird	BAR

Javelin (400g)

28.92m	Ben Martin	SAGD
27.64m	Andrew Clarke	SAGD
26.24m	Allan Miller	D&T
16.52m	Mattias Merchant	BAR
14.78m	Lu Nicholls	WAT
11.48m	Neil Burton	D&T
10.54m	Steve Presland	BAR
10.52m	Matthew Hallisey	D&T
7.78m	Chris Dixon	BAR

Pentathlon

863	J Gess	D&T
195	C Griffin	VER