**Hertfordshire County Walks Championships**

**Senior Men 10000m walk**

**Battersea - 4 May 1994**

1 D Cross Verlea 46:33

2 S Allwood Enfield 52:40

3 G Smith Enfield 52:56

4 J Whyte Verlea 56:21

5 H Jaquest Watford 67:58

**Ladies championship**

1 M Worth Steyning 63:03

2 P Ficken Surrey 66:55

**Senior Men 10 Mile Walk**

**Enfield - 27 February 1994**

1 D Cross Verlea 80:41

2 G Smith Enfield 89:24

3 J Whyte Verlea 92:37

4 H Jaquest Watford 116:43

**Hertfordshire Ladies 5 Mile Walk**

1 M Worth Steyning 50:11

2 P Ficken Surrey 59:41

**Long Distance (50km)**

**Basildon - 13 August 1994**

1 J Whyte Verlea 6:01:27

2 P Ficken Surrey 6:05:51

**Senior Men 3000m Track Walk**

**Woodford - 18 May 1994**

1 D Cross Verlea 13:17

2 S Allwood Enfield 14:37

3 G Smith Enfield 15:03

4 J Whyte Verlea 16:07

**Ladies 3000m Track Walk**

1 M Worth Steyning 17:34

2 P Ficken Surrey 18:34

[Source B5.201]