

Hertfordshire County Ladies Track & Field Rankings 1994

SENIOR LADIES (J = Junior, V = Vet)

100m				Marian Ryan	BAR	2-14.6	L Hollick	SBH
11.63	C Murphy (J)	SBH	32.0	Sonia Gardner (V)	SGD	2-16.6	Vicki Quincey (J)	TRI
12.3	Louise McDonald (J)	H&W	32.7	Avril Tooley (J)	SGD	2-16.95	J Mackay (J)	SBH
12.6	H Fee (J)	SBH	33.0	Y Stainer	VER	2-22.5	Kirsty Lamb (J)	TRI
13.2	C Bustamante (J)	SBH	33.1	Pippa Anderson (V)	BAR	2-22.7	K Watson (J)	SNH
13.3	Erica Abbott	ENF	33.3	Faye Burrell (J)	SGD	2-22.9	I Peaty (V)	SBH
	Z Baillie (J)	WAT	33.8	E Langston	VER	2-23.3	Vicki Hill	ENF
13.4	J Jackson	VER	34.5	Penny Antoniou (V)	BAR	2-23.6	A Leach (J)	SNH
13.5	Jenny Gittins	TRI	37.5	Ingrid Cranfield (V)	BAR	2-24.7	K Kingwell	VER
	Alison McDonnell	TRI	38.0	A Mabert (V)	VER	2-26.4	T McKeown	VER
13.6	Mel Pomfrett	H&W	39.1	B Atkinson (V)	SBH	2-27.1	Annie Cole	TRI
13.7	Annie Cole	TRI	41.6	M Lane (V)	VER	2-27.3	Karen Cooper	H&W
	Julia Cooper (J)	TRI	41.8	P Knowles (V)	VER	2-27.4	E Murray (J)	SBH
13.8	Debbie Keenleyside (V)	DAC				2-30.3	Sarah Ogden (J)	TRI
14.0	K Lambden (V)	SBH	300m			2-32.5	Tracey Down (J)	ENF
14.1	L Connelly (J)	VER	42.3	Lesley Hopkins	ENF	2-34.4	M Hall (J)	VER
	Sarah Ogden (J)	TRI	56.4	Sally Gandee (V)	H&W	2-37.1	Sonia Gardner (V)	SGD
14.2	A Cowley (V)	VER	400m			2-38.6	J Simmons (V)	VER
	B Mottley (V)	VER	54.77	S Lllewellyn	SBH	2-40.0	Marian Ryan	BAR
	Clare Marsh	H&W	57.86	S North	SBH	2-42.0	Christine James (V)	DAC
	J Saunders	SNH	58.8	C Akubue (J)	SBH	2-42.4	Clare Marsh	H&W
14.3	Rachel Taylor (J)	ENF	59.2	Alison McDonnell	TRI	2-46.4	Pippa Anderson (V)	BAR
	Niamh Walsh	BAR		Louise McDonald (J)	H&W	2-47.0	C Pardoe (V)	VER
14.6	L Law (V)	SBH	60.1	Lesley Hopkins	ENF	2-49.2	Gemma Smith (J)	H&W
14.7	B Fee (V)	SBH	60.7	Niamh Walsh	BAR	2-52.5	Alison McDonnell	TRI
14.8	Win Batt (V)	ENF		J Saunders	SNH	2-53.0	Liz Copeman	BAR
14.9	Marian Ryan	BAR	61.0	Kirsty Lamb	TRI	2-56.6	Julie Reynolds (J)	ENF
15.0	Christine James (V)	DAC	61.3	Annie Cole	TRI	2-56.7	Sally Gandee (V)	H&W
15.1	J Simmons (V)	VER	62.5	Jennie Rogers	ENF	3-00.5	J Allen (V)	VER
16.5	Penny Antoniou (V)	BAR	62.6	K Kingwell	VER	3-04.4	J Allen (V)	SBH
17.1	Sally Gandee (V)	H&W	63.3	K Lambden (V)	SBH	3-08.1	J Ross (V)	VER
17.2	Jo Rider-Dobson (V)	BAR	63.4	Vicki Quincey (J)	TRI	3-09.7	Maureen Shirley (V)	BAR
17.5	M Warren (V)	VER	64.3	C Bustamante (J)	SBH	3-11.8	Faye Burrell (J)	SGD
17.7	J Allen (V)	SBH	64.8	J Weston (J)	WAT	3-20.4	A Mabert (V)	VER
	Ingrid Cranfield (V)	BAR	65.3	I Peaty (V)	SBH	3-31.7	Maggie Cornforth (V)	BAR
17.9	C Brown (V)	SBH	65.4	Rachel Taylor (J)	ENF	3-40.3	P Knowles (V)	VER
18.6	B Atkinson (V)	SBH	65.5	Julia Cooper (J)	TRI	3-45.2	Caroline Collins (V)	BAR
19.2	P Knowles (V)	VER	66.0	J Fairclough	VER			
20.0	Maggie Cornforth (V)	BAR	66.6	Clare Marsh	H&W	1500m		
20.6	Maureen Shirley (V)	BAR	66.7	Deborah Garwood	TRI	4-28.5	L Hollick	SBH
			67.4	J Simmons (V)	VER	4-43.4	Jennie Rogers	ENF
200m			67.8	M Hall (V)	VER	4-45.3	J Mackay (J)	SBH
23.83	C Murphy (J)	SBH	68.1	Karen Cooper	H&W	4-52.1	Vicki Quincey (J)	TRI
25.0	S Lllewellyn	SBH	68.3	Sonia Gardner (V)	SGD	4-52.69	Vicki Hill	ENF
25.6	Louise McDonald (J)	H&W	68.6	Mandy Felgate	H&W	4-53.6	K Watson (J)	SNH
26.5	C Akubue (J)	SBH	69.2	Gemma Smith (J)	H&W	5-03.6	I Peaty (V)	SBH
27.1	C Bustamante (J)	SBH	70.4	Marian Ryan	BAR	5-04.3	A Leach (J)	SNH
	Alison McDonnell	TRI	71.3	L Law (V)	SBH	5-05.9	Karen Cooper	H&W
27.2	Niamh Walsh	BAR	72.1	Penny Antoniou (V)	BAR	5-10.1	Zoe Lowe	SGD
27.4	Z Baillie (J)	WAT	72.5	Pippa Anderson (V)	BAR	5-10.8	T McKeown	VER
27.8	Erica Abbott	ENF	75.4	B Fee (V)	SBH	5-11.8	K Kingwell	VER
28.0	J Jackson	VER	76.5	Faye Burrell (J)	SGD	5-14.9	Tracey Down	ENF
28.1	Vicki Quincey (J)	TRI	76.8	Claire Hignman (J)	SGD	5-15.41	E Murray (J)	SBH
28.2	K Lambden (V)	SBH	77.0	A Town	VER	5-18.3	Judy Pomfrey (V)	SGD
28.4	Debbie Keenleyside (V)	DAC	77.2	Judy Pomfrey (V)	SGD	5-20.5	Y Stainer	VER
28.6	Sarah Ogden (J)	TRI	77.3	Sally Gandee (V)	H&W	5-22.9	D Prentice	VER
28.9	Jenny Gittins	TRI	80.6	J Allen (V)	SBH	5-32.1	L Skinner (V)	VER
29.1	L Connelly (V)	VER	81.0	S Cordrey (V)	VER	5-33.9	Maggie Govender (V)	BAR
29.5	Clare Marsh	H&W	90.2	J Ross (V)	VER	5-34.3	C Pardoe (V)	VER
29.8	Mel Pomfrett	H&W	93.7	P Knowles (V)	VER	5-38.0	Clare Marsh	H&W
30.1	B Fee (V)	SBH	94.0	Maureen Shirley (V)	BAR	5-45.0	Pippa Anderson (V)	BAR
30.3	L Law (V)	SBH				5-49.6	Sonia Gardner (V)	SGD
30.6	A Cowley (V)	VER	800m			5-55.3	Sally Gandee (V)	H&W
30.8	J Simmons (V)	VER	2-13.89	Jennie Rogers	ENF	5-55.4	Gill Nunn	BAR
31.5	Win Batt (V)	ENF				5-59.7	Antonia Blake	TRI

6-03.8	J Allen (V)	VER	19.1	L Connelly (J)	VER	3-60	B Fee (V)	SBH
6-04.3	J Allen (V)	SBH	19.3	Mandy Felgate	H&W	3-56	Denise Copeman (V)	BAR
6-09.2	Jo Rider-Dobson (V)	BAR	20.2	C Cobain (J)	VER	3-08	Faye Burrell (J)	SGD
6-11.2	Marian Ryan	BAR	20.5	Michelle Rowe (J)	ENF	3-06	M Warren (V)	VER
6-38.3	A Mabert (V)	VER	22.1	K Kingwell	VER	2-54	J Evans (V)	SBH
6-39.8	A Cowley (V)	VER	22.5	Tasha Shirley	BAR	2-51	J Daniell (V)	VER
6-56.3	Faye Burrell (J)	SGD				2-15	M Lane (V)	VER
6-56.9	Maureen Shirley (V)	BAR	400m hurdles			Triple jump		
6-59.1	Maggie Cornforth (V)	BAR	59.39	S Llewellyn	SBH	10-52	J Jackson	VER
7-08.2	B Atkinson (V)	SBH	64.5	Alison McDonnell	TRI	10-17	Kirsty Lamb (J)	TRI
7-22.6	B Forster (V)	SBH	65.3	S North	SBH	10-14	Jenny Gittins	TRI
			68.5	C Bustamante (J)	SBH	10-12	Annie Cole	TRI
3000m			71.3	Julia Cooper (J)	TRI	9-93	Debbie Keenleyside (V)	DAC
9-41.14	L Hollick	SBH	75.1	Gemma Smith (J)	H&W	9-84	K McNab (J)	SGD
10-26.5	Zoe Lowe	SGD	75.2	Deborah Garwood	TRI	9-62	Melissa Fox (J)	H&W
10-36.0	C Brace-Heaven	VER	75.4	Michelle Rowe (J)	ENF	9-20	Heather Stirrup	H&W
10-48.2	Vicki Quincey (J)	TRI	77.6	Clare Marsh	H&W	9-19	Avril Tooley	SGD
10-49.9	Vicki Hill	ENF	78.3	E Langston	VER	9-00	Mandy Felgate	H&W
11-00.8	I Peaty (V)	SBH	81.3	Marie Papadopoulos	BAR	8-82	L Connelly (J)	VER
11-10.3	Judy Pomfrey (V)	SGD	82.5	Liz Copeman	BAR	8-60	Michelle Rowe (J)	ENF
11-14.4	D Prentice	VER	84.1	Y Stainer	VER	8-51	Catherine Lane (J)	TRI
11-16.6	Y Stainer	VER	86.5	Rachel Taylor (J)	ENF	8-40	Marie Papadopoulos	BAR
11-23.2	Sarah MacRae	H&W				8-37	Mel Pomfrett	H&W
11-33.9	M Hall (J)	VER	2000m walk			7-79	A Cowley (V)	VER
11-35.8	Maggie Govender (V)	BAR	11-39.5	C Pardoe (V)	VER	7-75	S Whybrow (V)	VER
11-41.7	Jennie Rogers	ENF	12-04.4	J Evans (V)	SBH	7-26	Penny Antoniou (V)	BAR
11-56.0	L Skinner (V)	VER	12-23.9	C Brown (V)	SBH	6-99	L Milner (V)	SGD
11-56.6	Tracey Down (J)	ENF	12-30.9	P Knowles (V)	VER	6-12	B Fee (V)	SBH
12-37.0	Emma Steiner	BAR	13-19.9	J Allen (V)	VER	5-79	J Evans (V)	SBH
12-38.6	Clare Marsh	H&W	14-34.8	Penny Antoniou (V)	BAR	5-35	M Lane (V)	VER
12-39.4	J Allen (V)	VER	14-50.1	Maureen Shirley (V)	BAR			
12-46.4	Sally Gandee (V)	H&W	18-25.4	Wendy Rowell (V)	BAR	Shot (4 kg)		
12-53.4	Antonia Blake	TRI	18-25.8	Rose Yates (V)	BAR	11-58	Emma Jones (J)	H&W
13-03.1	Mandy Felgate	H&W				10-70	A Town	VER
13-13.0	J Allen (V)	SBH	3000m walk			10-18	I Martin	LUT
13-21.3	J Ross (V)	VER	18-42.2	C Pardoe (V)	VER	10-02	Catherine Lane (J)	TRI
	Maureen Shirley (V)	BAR				9-53	R Morris	SBH
13-47.0	A Mabert (V)	VER	High jump			9-26	S Whybrow (J)	VER
13-57.0	C Brown (V)	SBH	1-65	L Flynn	SNH	9-13	Brenda Jacobsen (V)	H&W
13-59.6	A Cowley (V)	VER	1-50	Julie Thomsit	SGD	8-73	C Cobain	VER
15-55.4	Melissa Fox (J)	H&W	1-45	Jenny Gittins	TRI	8-52	Julie Thomsit	SGD
			1-40	K Lambden (V)	SBH	8-11	A Griffin (V)	VER
5000m				J Jackson	VER	7-24	L Law	SBH
20-40.1	Christine James (V)	DAC	1-40	Julia Cooper (J)	TRI	7-21	Mandy Felgate	H&W
20-46.9	L Skinner (V)	VER	1-35	S North	SBH		Liz Copeman	BAR
22-18.4	Pippa Anderson (V)	BAR		Marian Ryan	BAR	7-14	Denise Copeman (V)	BAR
22-23.6	J Ross (V)	VER	1-25	Michelle Rowe (J)	ENF	6-87	K Grinstead	LUT
23-20.9	S Cordrey (V)	VER	1-20	I Peaty (V)	SBH	6-43	Julia Cooper (J)	TRI
23-33.6	J Allen (V)	SBH		L Milner (V)	SGD	5-72	Tasha Shirley	BAR
25-09.8	C Brown (V)	SBH	1-15	A Cowley (V)	VER	5-40	Marie Papadopoulos	BAR
			1-05	Helen Ewings (V)	BAR	5-00	Faye Burrell (J)	SGD
10000m			1-00	M Warren (V)	VER	4-63	Debbie Keenleyside (V)	DAC
35-37.57	L Hollick	SBH		Denise Copeman (V)	BAR	4-51	Maggie Cornforth (V)	BAR
				Marie Papadopoulos	BAR			
80m hurdles			0-95	P Knowles (V)	VER	Shot (3.25 kg)		
14.5	K Lambden (V)	SBH				8-10	J Evans (V)	SBH
16.8	A Cowley (V)	VER	Long jump			6-81	J Daniell (V)	VER
18.0	I Peaty (V)	SBH	5-22	J Jackson	VER			
18.7	J Simmons (V)	VER	5-01	Jenny Gittins	TRI	Discus		
22.6	M Warren (V)	VER	4-76	Mel Pomfrett	H&W	37-74	R Morris	SBH
			4-69	J Fairclough	VER	37-54	I Martin	LUT
100m hurdles			4-63	Debbie Keenleyside (V)	DAC	35-40	Catherine Lane (J)	TRI
15.7	Alison McDonnell	TRI	4-53	B Mottley (V)	VER	31-78	A Town	VER
15.9	Debbie Keenleyside (V)	DAC	4-47	K Lambden (V)	SBH	31-76	C Cobain	VER
16.5	C Bustamante (J)	SBH	4-42	Melissa Fox (J)	H&W	27-46	Brenda Jacobsen (V)	H&W
17.4	J Jackson	VER	4-33	Avril Tooley (J)	SGD	26-84	L Law (V)	SBH
17.6	S North	SBH	4-10	Michelle Rowe (J)	ENF	25-50	Heather Stirrup	H&W
18.3	Jenny Gittins	TRI	4-08	Vicki Quincey (J)	TRI	24-06	Emma Jones (J)	H&W
18.8	Clare Marsh	H&W	3-92	S North	SBH	22-90	S Whybrow (J)	VER
19.0	E Langston	VER	3-79	Marian Ryan	BAR	22-62	A Griffin (V)	VER
	Julia Cooper (J)	TRI	3-65	J Simmons (V)	VER			

22-38	Kim Henderson	BAR
21-46	Liz Copeman	BAR
21-04	Denise Copeman (V)	BAR
20-30	Annie Cole	TRI
19-60	Niamh Walsh	BAR
17-84	J Evans (V)	SBH
16-18	Julia Cooper (J)	TRI
15-24	Helen Ewings (V)	BAR
14-90	Marie Papadopoulos	BAR
14-66	Tasha Shirley	BAR
13-40	Erica Abbott	ENF
12-04	Maureen Shirley (V)	BAR
11-98	Penny Antoniou (V)	BAR
11-94	Maggie Cornforth (V)	BAR

Javelin

44-94	L Hayhoe	SBH
36-34	Heather Stirrup	H&W
35-50	Emma Jones (J)	H&W
27-34	Catherine Lane (J)	TRI
24-60	Win Batt (V)	ENF
24-10	Julia Cooper (J)	TRI
23-30	Julie Thomsit	SGD
22-38	Kim Henderson	BAR
22-22	R Morris	SBH
21-90	S Whybrow (J)	VER
19-94	Mel Pomfrett	H&W
19-38	B Atkinson (V)	SBH
18-50	I Peaty (V)	SBH
16-60	L Milner (V)	SGD
16-08	Marie Papadopoulos	BAR
15-42	Brenda Jacobsen (V)	H&W
15-16	Verne Burgoyne (V)	SGD
15-08	A Griffin (V)	VER
13-88	Vicki Hill	ENF
12-65	S North	SBH
12-28	Penny Antoniou (V)	BAR
12-11	Marie Papadopoulos	BAR
11-78	M Lane (V)	VER
11-06	Niamh Walsh	BAR
9-58	Helen Ewings (V)	BAR
8-34	Maureen Shirley (V)	BAR
7-90	J Daniell (V)	VER

Hammer

39-30	I Martin	LUT
36-48	A Town	VER
31-36	Catherine Lane (J)	TRI
26-90	Emma Jones (J)	H&W
24-10	Julia Cooper (J)	TRI
23-70	A Griffin (V)	VER
23-44	S Whybrow (J)	VER
23-30	K Grinsted	LUT
22-90	Brenda Jacobsen (V)	H&W
21-22	Annie Cole	TRI
20-56	J Daniell (V)	VER
17-24	Denise Copeman (V)	BAR
16-80	R Morris	SBH
16-02	L Milner (V)	SGD
13-54	Marie Papadopoulos	BAR
12-22	Tasha Shirley	BAR
11-72	Sam Ginn (J)	H&W
9-14	Faye Burrell (J)	SGD

Hammer (3.25 kg)

16-46	J Evans (V)	SBH
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Hammer (3kg)

45-00	P McNab (V)	SBH
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