

17.5	S North	SBH	3-88	Vicki Hill (J)	ENF	20-56	A Griffin (V)	VER
18.0	Paula Barrow	SGD	3-84	Vicki Quincey (J)	TRI	18-52	Denise Copeman (V)	BAR
18.3	Julie Thomsit	SGD		Heidi Perrin (J)	H&W	14-74	J Evans (V)	SBH
18.5	L Langston (J)	VER	3-80	Marian Ryan	BAR	8-30	B Fee (V)	SBH
18.7	Jenny Gittins	TRI	3-78	S Hindson	VER	5-70	M Lane (V)	VER
	Kerry Marsh (J)	H&W	3-76	I Peaty (V)	SBH			
18.9	Clare Marsh	H&W	3-71	Y Stainer	VER	Triple jump		
19.1	L Dally	WAT	3-67	Denise Copeman (V)	BAR	10-01	J Jackson	VER
19.9	J Gates	VER		J Simmons (V)	VER	9-98	Mandy Felgate (J)	H&W
20.3	Mandy Felgate (J)	H&W	3-57	A Cowley (V)	VER	9-73	Mel Pomfrett (J)	H&W
21.8	K Flack	VER				9-68	Jenny Gittins	TRI
21.9	C Cobain (J)	VER	Discus			9-35	Annie Cole	TRI
22.1	Amanda Brain	BAR	41-40	R Morris	SBH	8-74	Mary Mitchell (V)	BAR
22.1	Tasha Shirley	BAR	34-34	A Town (J)	VER		L Dally	WAT
25.5	T McKeown (J)	VER	31-90	C Cobain (J)	VER	8-19	L Langston (J)	VER
			28-38	Brenda Jacobsen	H&W	8-16	Sarah Ogden (J)	TRI
			23-46	A Griffin (V)	VER	7-75	Marie Papadopoulos (J)	BAR
			22-80	Pat McNab (V)	SGD	7-53	A Cowley (V)	VER
400m hurdles			21-90	J Evans (V)	SBH	7-42	Penny Antoniou (V)	BAR
59.85	S McPeake	SBH	20-60	C Akubue (J)	SBH	6-81	B Fee (V)	SBH
65.1	Alison McDonnell	TRI	19-20	Denise Copeman (V)	BAR	5-80	C Brown (V)	SBH
67.0	S North	SBH	19-18	J Gates	VER			
69.5	Paula Barrow	SGD	17-46	Helen Ewings (V)	BAR			
71.4	An Trussler	WAT	17-32	G Meikle	WAT			
72.6	Gemma Smith (J)	H&W	16-86	C James (V)	WAT			
73.0	Annie Cole	TRI	16-70	K Jones (J)	VER			
73.3	Deborah Garwood (J)	TRI	15-58	Mary Mitchell (J)	BAR			
74.6	Claire Higman	SGD	14-30	Sarah Ogden (J)	TRI			
75.4	L Dally	WAT	13-90	Joanne Doman	TRI			
76.6	AI Trussler	WAT	12-80	Sally Gandee (V)	H&W			
77.1	Clare Marsh	H&W	11-74	M Lane (V)	VER			
77.3	K Jones (J)	VER	10-12	B Mottley	VER			
79.0	L Langston (J)	VER	9-34	Maureen Shirley (V)	BAR			
80.1	Vicki Quincey (J)	TRI						
80.9	Y Stainer	VER	Shot					
82.3	Joanne Doman	TRI	11-67	A Town (J)	VER			
82.5	T McKeown (J)	VER	10-92	R Morris	SBH			
85.9	Marie Papadopoulos (J)	BAR	9-70	Brenda Jacobsen (V)	H&W			
86.7	B Mottley	VER	8-53	C Cobain (J)	VER			
			8-39	Sally Milner	SGD			
2000m walk			8-24	A Griffin (V)	VER			
12-20.4	J Evans (V)	SBH	7-54	J Lane (J)	VER			
13-46.4	C Brown (V)	SBH	7-51	J Evans (V)	SBH			
14-15.5	Penny Antoniou (V)	BAR	7-28	S Hindson	VER			
15-16.0	B Foster (V)	SBH	7-27	Denise Copeman (V)	BAR			
15-19.6	Helen Ewings (V)	BAR	7-10	Jackie McDermott	BAR			
16-45.4	Sally Gandee (V)	H&W	7-08	L Langston (J)	VER			
			6-06	C James (V)	WAT			
High Jump			5-91	Tasha Shirley	BAR			
1-60	Tracy Flin	ENF	5-80	C Brown (V)	SBH			
1-55	Julie Thomsit	SGD	5-01	Vicki Quincey (J)	TRI			
1-50	Annie Cole	TRI	4-58	Sarah Ogden (J)	TRI			
1-45	S North	SBH						
	G Meikle	WAT	Javelin					
1-40	J Jackson	VER	49-42	L Hayhoe	SBH			
	Jenny Gittins	TRI	33-68	N Dunning (J)	VER			
	Alison McDonnell	TRI	28-32	S Hindson	VER			
1-35	I Peaty (V)	SBH	27-22	Julie Thomsit	SGD			
1-30	Marian Ryan	BAR	26-64	Sally Milner	SGD			
	J Gates	VER	26-26	Annie Cole	TRI			
	C Cobain (J)	VER	25-24	S Yeatman (V)	VER			
	Caroline Crouchman	H&W	22-46	Brenda Jacobsen (V)	H&W			
	Mandy Felgate (J)	H&W	21-60	R Morris	SBH			
1-20	Mary Mitchell (J)	BAR	20-86	K Lambdon (V)	SBH			
	Tasha Shirley	BAR	18-72	A Town (J)	VER			
	L Langston (J)	VER	17-80	I Peaty (V)	SBH			
	Pat McNab (V)	SGD	15-04	A Griffin (V)	VER			
1-15	A Cowley (V)	VER	14-10	Vicki Quincey (J)	TRI			
			13-28	Tasha Shirley	BAR			
Long Jump			12-38	C James (V)	WAT			
5-10	Mel Pomfrett (J)	H&W	12-26	Marie Papadopoulos (J)	BAR			
5-07	G Meikle	WAT	11-34	Judy Pomphrey	SGD			
4-87	Jenny Gittins	TRI	11-28	Helen Ewings (V)	SGD			
4-82	J Jackson	VER	10-70	Penny Antoniou (V)	BAR			
4-60	K Lambdon (V)	SBH	8-26	Maureen Shirley (V)	BAR			
4-50	J Gates	VER						
4-10	C Cobain (J)	VER	Hammer					
4-06	Mary Mitchell (J)	BAR	36-50	Pat McNab (V)	SGE			
4-00	B Fee (V)	SBH	34-72	A Town (J)	VEF			
	Julie Halls (J)	ENF	23-18	Brenda Jacobsen (V)	H&?			
3-90	Deborah Garwood (J)	TRI						

COMPILATION NOTES

These rankings have been compiled from the following information:

Full club rankings

Barnet, St Albans Godfrey Davis, Hertford and Ware, Tring, Shaftesbury Barnet, Enfield and Verlea.

Partial club rankings

Watford young athletes.

ABBREVIATIONS

BAR	Barnet
DAC	Dacorum
ENF	Enfield
FVS	Fairlands Valley Spartans
HAR	Harlow
H&W	Hertford and Ware
LUT	Luton
PAR	Parkside
SBH	Shaftesbury Barnet
SGD	St Albans Godfrey Davis
SNH	Stevenage North Herts
TRI	Tring
UNA	Unattached
VER	Verlea
WAT	Watford