**Hertfordshire County Championships**

**Watford - 4 July 1992**

**Senior Ladies 3000m**

1 Danielle Sanderson Watford 9:54.5

2 Caroline Crouchman Hertford&Ware 11:53.4

3 Sally Gandee (V45) Hertford&Ware 12:16.2

**Inter Ladies 3000m**

1 Rachel Gower Stevenage 11:27.5

2 Melanie Sears Fairlands Valley Sp 11:47.3

3 Melissa Fox Hertford&Ware 12:42.2

[Source B4.26]