

<u>10000 metres</u>				<u>Shot (7.26k)</u>			
33:58.9	B Osborne		VER	10.54m	Dave Firman	v40	HW
				10.35m	Godfrey Leak	v45	SNH
<u>110m Hurdles (3'6")</u>				10.00m	Stuart Broadhead	v40	HW
				8.68m	Roger Bruck		BAR
23.2	J Lee		VER	8.41m	P Clark		VER
				8.19m	Terry Ryan		BAR
<u>300m Hurdles (2'9")</u>				8.00m	Mike Bennett		BAR
				7.65m	Gerald Ratcliffe	v50	DAC
50.2	Alan Carter	v50	BOE	7.57m	Peter Morris	v50	TAC
				7.50m	Bob Johnson	v45	HW
<u>400m Hurdles</u>				7.13m	Peter Reeve	v45	SNH
				6.90m	John Pluck	v40	DAC
61.4	Winston Thomas	v45	DAC	6.86m	J Lee		VER
69.2	M Dixon		VER	6.73m	John Jales	v50	DAC
72.2	Colin Sargant		VER	6.51m	John Rowe		BAR
				6.49m	Steve Yates	v40	HW
				5.92m	Dave Copeman		BAR
<u>3000m Steeplechase</u>				<u>Shot (6k)</u>			
10:36.7	A Stedman		VER				
10:39.1	M Dixon		VER				
11:29.6	H Artiss		VER	8.87m	T Wigmore	v50	VER
11:51.5	Peter Reeve	v45	SNH	<u>Discus (2k)</u>			
12:07.1	Peter Morris	v50	TAC				
12:48.9	Les Leech	v40	DAC				
13:25.3	John Cherry	v40	DAC	36.02m	Godfrey Leak	v45	SNH
<u>High Jump</u>				32.56m	Stuart Broadhead	v40	HW
				29.54m	Dave Firman	v40	HW
				28.72m	Mike Bennett		BAR
1.51m	J Lee		VER	27.40m	Ken Woodall	v50	TAC
1.50m	Winston Thomas	v45	DAC	24.24m	P Clark		VER
1.45m	John Gandee	v50	HW	23.50m	J West		VER
1.35m	Steve Harris		BAR	22.48m	Winston Thomas	v45	DAC
1.20m	B Thomas		VER	22.36m	Steve Harris		BAR
				20.72m	Ted Kimber		BAR
<u>Pole Vault</u>				18.00m	Bob Johnson	v45	HW
				17.88m	Steve Yates	v40	HW
3.50m	Colin Sargant		VER	17.47m	Steve Chilton		BAR
2.80m	B Thomas		VER	<u>Discus (1.50k)</u>			
2.70m	P Ferguson		VER				
2.70m	Winston Thomas	v45	DAC				
2.50m	J Lee		VER	30.88m ?wt	Gerald Ratcliffe	v50	DAC
2.10m	T Rawlinson		VER	29.62m	J West	v50	VER
2.10m	Gerald Ratcliffe	v50	DAC	24.68m	P Ferguson	v50	VER
1.80m	Bob Johnson	v45	HW	24.24m	John Gandee	v50	HW
<u>Long Jump</u>				<u>Discus (1k)</u>			
5.38m	Winston Thomas	v45	DAC	18.94m	T Rawlinson	v75	VER
5.34m	A Pitt		VER	<u>Javelin (800g)</u>			
5.03m	J Lee		VER				
4.91m	Roger Bruck		BAR	38.96m	A Pitt		VER
4.66m	Steve Harris		BAR	38.76m	John Gandee	v50	HW
4.61m	Alan Carter	v50	BOE	36.10m	Gerald Ratcliffe	v50	DAC
4.57m	Alan Rogers	v45	HW	35.94m	Mike Bennett		BAR
4.34m	P Holden		VER	32.00m	Winston Thomas	v45	DAC
4.00m	Dave Mawer	v50	SNH	28.82m	Colin Sargant		VER
3.65m	Gerald Ratcliffe	v50	DAC	27.92m	P Clark		VER
<u>Triple Jump</u>				27.08m	Steve Chilton		BAR
				26.20m	J Lee		VER
11.68m	P Clark		VER	23.78m	T Wigmore		VER
11.53m	D Glendenning		VER	21.14m	P Holden		VER
11.24m	A Pitt		VER	20.88m	Godfrey Leak	v45	SNH
10.24m	J Lee		VER	19.14m	Laurie Forster	v60	BAR
10.19m	John Gandee	v50	HW	16.84m	Steve Yates	v40	HW
9.49m	Alan Carter	v50	BOE	11.70m	Ted Kimber		BAR
9.20m	Steve Harris		BAR	<u>Javelin (600g)</u>			
8.98m	Con Antoniou		BAR				
8.72m	P Holden		VER	25.30m	T Rawlinson	v75	VER

Hammer (7.26k)

54.30m	Paul Dickenson	v40	DAC
36.78m	J West		VER
29.26m	Stuart Broadhead	v40	HW
29.20m	Godfrey Leak	v45	SNH
24.06m	Dave Firman	v40	HW
21.14m	J Lee		VER
18.82m	John Rowe		BAR
17.58m	Steve Yates	v40	HW
17.58m	Mike Bennett		BAR
17.42m	Terry Ryan		BAR
15.68m	John Gandee	v50	HW
15.40m	Ken Woodall	v50	TAC
5.26m	Ted Kimber		BAR

Hammer (5k)

25.26m	P Ferguson	v50	VER
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