

Hertfordshire County Ladies Track & Field Rankings 1991

SENIORS

100m		70.9		Mercedes Getino	SGD	10-38.8	Charlotte Woodcock	TRI	1-65	T Flin	ENF
12.3	S Leigh	SNH	71.5	Sharon Keegan	BAR	10-40.1	J Coppinger	BEL		L Flynn	SNH
12.69	Kerry Marsh (J)	HW	71.9	Sarah Thompson	DAC	10-51.0	J Vernon	SNH	1-64	Jo Grant	SGD
12.8	C Akubue	WAT	73.5	Marian Ryan	BAR	10-58.0	C Brace/Heaven	VER	1-55	B Woodbridge	SNH
12.9	Annie Wright	TRI	74.0	Sally Gandlee (V)	HW	11-21.1	D Prentice (J)	VER	1-53	G Merike	WAT
	E Abbott	ENF	78.0	Carol Brown (V)	SBH	11-30.3	Maggie Govender (V)	BAR	1-48	Jenny Gittins	TRI
13.1	Karen Bunning	HW	83.9	Penny Antoniou (V)	BAR	11-37.9	Sally Gandlee (V)	HW	1-45	Annie Wright	TRI
	J Jackson	VER	86.8	Anne Strong	BAR	11-43.9	Jane Gandlee (V)	HW		J Jackson	VER
13.2	C Hawkins	LUT	89.4	Maureen Shirley (V)	BAR	11-44.5	C James	WAT	1-40	Mandy Felgate (J)	HW
13.4	J Saunders	SNH	90.0	Jenny Evans (V)	SBH	11-47.5	Sue Collins	SGD		Claire James	TRI
	Julie Thomsit	SGD	98.2	Rose Yates (V)	BAR	11-59.0	K Flack (J)	VER		K Goodman	VER
13.5	Jenny Gittins	TRI				12-04.7	F Stewart	VER	1-35	Sarah Town	DAC
	Andrea Queich	HRL	800m			12-09.7	Kirsty Johnstone	BAR	1-30	Lynne Fleetwood (J)	HW
13.6	Mei Pomfret (J)	HW	2-06.66	Lucy Elliot	SBH	12-13.0	Louise Rowe	BAR		Caroline Crouchman	HW
	Sarah Thompson	DAC	2-12.8	Alison Harker	SBH	12-15.0	Denise Lomasney (J)	BAR		S Topping	WAT
13.9	Alison McDowell	TRI	2-14.5	S Leigh	SNH	12-30.8	T McKeown (J)	VER	1-29	Marian Ryan	BAR
14.1	Kirsty Mullinger	BAR	2-14.8	J Rogers	ENF	12-36.8	A McManus	WAT	1-26	Anne Strong	BAR
14.2	Sarah Maycock	DAC	2-16.5	M Walker	PAR	12-46.3	Carol Brown (V)	SBH	1-25	Kirsty Mullinger	BAR
14.3	Claire Hutchin	HRL	2-19.75	Mandy Brown	SBH	12-55.1	Claire Rayner	DAC		Sarah Maycock	DAC
14.5	Marian Ryan	BAR	2-20.6	Sharon York	SBH	12-55.6	Heather Timmington	HW	1-20	Karen Cooper (J)	HW
14.9	Paula Barrow	SGD	2-23.3	K Flack (J)	VER	13-10.5	Maureen Shirley (V)	BAR		Tasha Shirley	DAC
	Dawn Creed	DAC	2-24.6	Claire Carter (J)	SBH	13-36.0	Betty Forster (V)	SBH		Diana Van Amersfoort	DAC
15.1	Pat McNab (V)	SGD	2-24.8	T McKeown (J)	VER	13-41.9	Sam Norrie (J)	HW	1-05	Helen Ewings (V)	BAR
	Cathy Woolfrey	DAC	2-25.3	R Kett	WAT	13-42.0	Joan Fisher	DAC	1-00	Claire Marsh (J)	HW
15.2	Sarah Town	DAC	2-30.5	D Sanderson	WAT	13-47.8	Joanne Doman	TRI		Sam Norrie (J)	HW
15.9	Denise Copeman (V)	BAR	2-32.3	Denise Lomasney (J)	BAR	14-01.3	Sharon Keegan	BAR		Cathy Woolfrey	DAC
16.6	Penny Antoniou (V)	BAR	2-33.9	Karen Cooper (J)	HW	14-31.0	Jenny Evans (V)	SBH	Long jump		
16.7	Carol Brown (V)	SBH	2-34.2	Deborah Garwood (J)	TRI	15-16.3	Dawn Creed	DAC	5-52	H Rogers	BRI
16.9	Sally Gandlee (V)	HW	2-34.7	Claire Rayner	DAC	16-22.4	Rose Yates (V)	BAR	5-43	Donna Levy (J)	SBH
17.4	Jenny Evans (V)	SBH	2-34.9	C James	WAT	5000m			5-35	J Jackson	VER
18.5	Helen Ewings (V)	BAR	2-35.6	Claire Marsh (J)	HW	19-05.15	Maggie Govender (V)	BAR	5-28	Jo Grant	SGD
20.0	Maureen Shirley (V)	BAR	2-38.9	Sue Collins	SGD	23-23	Betty Forster (V)	SBH	5-18	L Hewlett	WAT
20.7	Ginny Taylor (V)	BAR	2-42.4	Marian Ryan	BAR				5-16	R Merike	WAT
			2-43.8	Andrea Queich	BAR	100m hurdles			5-10	Jenny Gittins	TRI
20.8			2-45.4	D Prentice (J)	VER	15.3	Stephanie McPeake	SBH	5-02	Mei Pomfret (J)	HW
24.8	S Leigh	SNH	2-45.9	Sally Gandlee (V)	HW	15.7	S Birks	LUT	4-90	Andrea Queich	HRL
25.1	Stephanie McPeake	SBH	2-46.2	Louise Rowe	BAR	16.0	J Jackson	VER		Sarah Thompson	DAC
26.1	Kerry Marsh (J)	HW	2-46.7	Sharon Keegan	BAR	16.3	Alison McDowell	TRI	4-86	S Birks	LUT
26.8	Stephanie North	SBH	2-47.5	Dawn Creed	DAC	16.6	Jo Grant	SGD	4-79	K Goodman	VER
27.0	Karen Bunning	HW	2-48.3	Mercedes Getino	SGD	16.9	Jenny Gittins	TRI	4-78	Annie Wright	TRI
27.1	C Akubue	WAT	2-57.0	Heather Timmington	HW	17.4	F Nichols	PAR	4-78	Karen Bunning	HW
27.2	B Woodbridge	SNH	2-58.6	H Wescombe	SBH	17.6	Stephanie North	SBH	4-24	Deborah Garwood (J)	TRI
27.3	N Keys	ENF	3-02.3	Susanna Biddle	SGD	17.7	Julie Thomsit	SGD	4-13	Sarah Maycock	DAC
27.6	Paula Barrow	SGD	3-02.5	Cathy Woolfrey	DAC	17.8	S Topping	WAT	3-93	Denise Copeman (V)	BAR
28.0	K Goodman	VER	3-08.5	June Allen (V)	SBH	18.3	Sarah Thompson	DAC	3-92	Cathy Woolfrey	DAC
28.3	Annie Wright	TRI	3-13.0	Brenda Atkinson (V)	SBH	18.5	Sarah Town	DAC		Alison McDowell	TRI
	Andrea Queich	HRL	3-13.8	Maureen Shirley (V)	BAR	18.7	Claire Hutchin	HRL	3-91	Kirsty Mullinger	BAR
	Sarah Maycock	DAC	3-19.0	Penny Antoniou (V)	BAR	18.8	Pat McNab (V)	SGD		Marian Ryan	BAR
28.5	Alison McDowell	TRI	3-34.0	Anne Strong	BAR	19.4	R Kett	WAT	3-90	Sarah Town	DAC
29.2	Amanda Doman	TRI	3-38.6	Rose Yates (V)	BAR	19.5	Paula Barrow	SGD	3-49	Kerry Marsh (J)	HW
29.9	Marian Ryan	BAR	3-48.1	Wendy Rowell (V)	BAR	19.6	Claire James	TRI	3-49	Claire Marsh (J)	HW
	Deborah Garwood (J)	TRI	1500m			20.1	Mandy Felgate (J)	HW	3-33	Anne Strong	BAR
30.2	Claire Marsh (J)	HW	4-18.54	Lucy Elliot	SBH	20.4	Denise Copeman (V)	BAR	3-30	Penny Antoniou (V)	BAR
30.3	Claire Rayner	DAC	4-28.41	Alison Harker	SBH	20.7	Claire Marsh (J)	HW	3-26	Carol Carrington	DAC
30.7	Kirsty Mullinger	BAR	4-28.9	Kerry Mackay (J)	SBH	20.9	Tasha Shirley	BAR	3-17	Denise Lomasney (J)	BAR
31.1	Cathy Woolfrey	DAC	4-38.0	C Brace/Heaven	VER	21.1	Jane Gandlee	HW	Discus		
32.1	Denise Lomasney (J)	BAR	4-45.8	Sharon York	SBH	22.2	Lynne Fleetwood (J)	HW	43-58	Rachel Morris	SBH
32.3	Dawn Creed	DAC	4-46.0	Mandy Brown	SBH	22.7	Louise Garner (J)	HW	40-88	L Wright	UNA
33.9	Carol Carrington	DAC	4-52.8	Zoe Lowe	SGD	22.8	Marian Ryan	BAR	36-60	I Martin	LUT
35.0	Sally Gandlee (V)	HW	4-58.3	D Sanderson	WAT		Dawn Creed	DAC	29-18	Kate Adams (J)	TRI
35.4	Penny Antoniou (V)	BAR	5-00.1	K Flack (J)	VER	23.4	Anne Strong	BAR	29-14	Helen Shrobsbree	HRL
35.1	Carol Brown (V)	SBH	5-07.2	T McKeown (J)	VER	24.9	Sharon York	SBH	28-64	Claire Euesden (J)	SBH
40.4	Helen Ewings (V)	BAR	5-07.4	Charlotte Woodcock	TRI	25.2	Caroline Crouchman	HW	28-14	Jo Brown	HW
41.1	Wendy Rowell (V)	BAR	5-14.4	Karen Cooper (J)	HW				28-12	Sue Collins	SGD
			5-20.6	R Kett	WAT	400m hurdles			27-24	Brenda Jacobsen	HW
56.8	Stephanie McPeake	SBH	5-21.4	Denise Lomasney (J)	BAR	61.6	Stephanie McPeake	SBH	24-66	V King	VER
59.2	J Saunders	SNH	5-27.3	D Prentice (J)	VER	63.8	Stephanie North	SBH	24-00	Pat McNab (V)	SGD
60.1	Lucy Elliot	SBH	5-27.5	Sally Gandlee (V)	HW	67.1	K Goodman	TRI	23-78	Lynne Fleetwood (J)	HW
	C Hawkins	LUT	5-32.2	Louise Rowe	BAR	69.0	Alison McDowell	TRI	21-90	Jenny Evans (V)	SBH
60.3	J Smith	SNH	5-35.7	Maggie Govender (V)	BAR	70.6	C Johnstone (J)	VER	21-84	Denise Copeman (V)	BAR
60.7	N Keys	ENF	5-38.8	C James	WAT		Paula Barrow	SGD	19-90	Anne Strong	BAR
60.8	B Woodbridge	SNH	5-44.6	Deborah Garwood (J)	TRI	71.1	R Kett	WAT	19-70	Sarah Maycock	DAC
61.7	Karen Bunning	HW	5-46.1	Heather Timmington	HW	71.9	Claire Hutchin	HRL	18-72	Helen Ewings (V)	BAR
	K Goodman	VER	5-53.9	Claire Marsh (J)	HW	73.5	Sarah Thompson	DAC	18-44	Annie Wright	TRI
62.0	Annie Wright	TRI	5-58.9	Claire Rayner	DAC	73.6	Mandy Felgate (J)	HW	18-39	Mei Pomfret (J)	HW
63.0	Andrea Queich	HRL	6-00.8	Sharon Keegan	BAR	75.9	S Potts	LUT	17-68	Paula Mardie	HW
63.2	Deborah Garwood (J)	TRI	6-04.7	Susanna Biddle	SGD		Julie Thomsit	SGD	16-18	Alison McDowell	TRI
64.4	Alison McDowell	TRI	6-06	June Allen (V)	SBH	79.8	Sally Green	DAC	15-70	Tasha Shirley	BAR
	C Hepper	WAT	6-12.5	Joanne Doman	TRI	80.0	Sharon York	SBH	15-60	Kirsty Mullinger	BAR
65.6	S Potts	LUT	6-18.9	Maureen Shirley (V)	BAR	80.6	Claire James	TRI	15-10	Diana Van Amersfoort	DAC
65.1	R Kett	WAT	6-19.2	Tasha Shirley	BAR	82.4	Lynne Fleetwood	HW	13-64	Susanna Biddle	SGD
65.4	K Flack (J)	VER	6-29	Brenda Atkinson (V)	SBH	82.6	Dawn Creed	DAC	13-46	Joanne Doman	TRI
65.5	Mandy Brown	SBH	6-35.6	Dawn Creed	DAC	82.8	Claire Marsh (J)	HW	12-98	Sarah Thompson	DAC
	Claire Marsh (J)	HW	6-55.0	Cathy Woolfrey	DAC	85.3	Louise Garner (J)	HW	12-38	H Wescombe	SBH
65.8	T McKeown (J)	VER	7-20.1	Rose Yates (V)	BAR	86.6	Cathy Woolfrey	DAC	12-14	Cathy Woolfrey	DAC
	Mandy Felgate (J)	HW	3000m			86.9	Jane Selby (J)	HW			
66.0	C Elliott	WAT	9-27.74	Kerry Mackay (J)	SBH	88.4	Sarah Town	DAC	Shot		
67.1	C Elliott	WAT	9-36.77	Alison Harker	SBH	88.8	Tasha Shirley	BAR	10-89	Rachel Morris	SBH
67.2	C Johnstone (J)	VER	10-14.85	Mandy Brown	SBH	91.2	Carol Carrington	DAC	10-42	Sue Collins	SGD
68.2	Denise Lomasney (J)	BAR	10-19.9	D Sanderson	WAT	95.0	Anne Strong	BAR			
68.3	Claire Rayner	DAC				98.0	Heather Timmington	HW			

16-24	Gayle Burgoyne	SGD	17.8	E Furlong	VER	5-56.4	Laura Cadman	HAR	3-05	Alison Collins	TRI
16-06	Joanne Alexander	TRI	18.5	Claire Fuller	HW	5-57.0	L Daniels	WAT	3-03	Lisa Carpenter	BAR
15-50	B Spring	VER	19.5	Rachel Damm	BAR	6-00.1	Nicola Harrison	TRI		Emma Sainsbury	TRI
15-28	Erica Sample	SGD				6-01.3	K Martin	WAT	2-91	D Tring	VER
15-18	Eleanor Mould	BAR	200m			6-02.9	T Hutchins	ENF	2-82	N Smith	VER
14-70	Helen Martin	BAR	28.3	Kathy Ryan	BAR	6-05.0	Monica Basu	SGD	2-64	K Digweed	BHW
13-94	Ruth Martin	BAR	29.4	Elena Dundjerovic	SGD	6-05.2	N Bell	VER	2-58	Claire Fuller	HW
13-74	Maureen Daly	BAR		Eve Miller	HW	6-06.3	Jessica Sample	VER	2-47	Rachel Damm	BAR
13-10	Naomi Childs	DAC	29.9	Emma Griffiths	HW	6-25.3	N Smith	TRI			
12-72	C Bloom	VER	30.0	Dionne Shaw	HW	6-31.3	Alexandra Cook	TRI	Discus	E Hay	VER
12-62	P Blank	VER	30.2	J Davis	VER	7-16.2	Deborah Flitney	TRI	19-20	D Tring	VER
12-58	Lisa Bradley	TRI	30.3	Emma Burns	HW	7-29.6	E Furlong	VER	13-18	D Tring	VER
12-54	K Kinghorn	VER		N Flintham	SNH				12-80	Victoria Swaile	HW
12-46	R Hughes	VER	30.6	R Felton	VER	70m hurdles			8-28	J Davis	VER
10-66	Nia Jones	BAR	30.7	Sarah Bullen	HW	12.15	Katherine Hill	SGD			
10-38	T Sampson	VER	30.9	C Walker	VER	12.5	Monica Basu	SGD	Shot		
			31.1	Jessica Sample	SGD	12.7	Elena Dundjerovic	SGD	7-53	E Thompson	VER
Javelin			31.7	Kelly Power	SBH	12.8	Eve Miller	HW	6-47	Dionne Shaw	HW
28-79	P Blank	VER	33.0	Kelly Drake	TRI	13.0	Kate Burgoyne	SGD	5-81	Eve Miller	HW
26-28	Barbara Johnson	HW	33.3	C Ball	VER	13.4	Dionne Shaw	HW	5-51	Rowena Samarasinhe	BAR
26-10	Emma Jones	HW	33.5	Kate Burgoyne	SGD	13.9	Kirsten Allen	SGD	5-32	Kirsten Allen	SGD
25-92	S Coates	VER	33.6	Pamela Rumble	HW	14.3	A Matterson	VER	5-27	Monica Basu	SGD
25-64	Karen Gould	SBH	33.9	Natasha Airey	HW	14.6	Kathy Ryan	BAR		Kelly Drake	TRI
24-96	Tania Millen	DAC		E Hay	VER	15.0	Victoria Swaile	HW	5-20	D Tring	VER
24-46	Clare Woolfrey	DAC	34.0	Kirsten Allen	SGD	15.1	Sara Bullen	HW	5-15	J Hailes	VER
23-26	Gina Robertson	HW	34.6	Laura Cadman	HAR	15.2	J Hailes	VER	5-08	Nicola Roberts	TRI
	Catherine Lamb	TRI	34.7	Nicola Harrison	TRI	15.5	C Walker	VER	5-03	Kate Burgoyne	SGD
22-60	Liz Symonds	HW		Rebecca Mitchell	TRI	15.7	Emma Burns	HW	4-77	Victoria Swaile	HW
21-82	Shelley Williams	DAC		N Smith	VER	16.7	Alexandra Cook	TRI	4-76	Gemma Refell	HW
20-58	Melanie Harw. Stamper	DAC	35.2	Alexandra Cook	TRI	16.8	N Smith	VER	4-34	Natasha Airey	HW
19-42	Sarah Manning	SGD	35.5	E Furlong	VER	16.9	Lindsey Fordham	BAR	4-30	N Bell	VER
19-33	Carly Peters	DAC	36.0	Deborah Flitney	TRI		Nicola Harrison	TRI	3-78	Lisa Carpenter	BAR
17-40	B Spring	VER		N Bell	VER	17.1	T May	VER	3-61	N Smith	VER
17-14	Helen Martin	BAR	36.1	Felicity Edwards	BAR				3-21	Lindsey Fordham	BAR
16-66	Kate Lees	SGD	36.5	J Hailes	VER	75m hurdles			2-95	Pamela Rumble	HW
15-52	Nia Jones	BAR	38.0	Lindsey Fordham	BAR	15.5	Eve Miller	HW			
15-25	Nicola Shaw	SGD	38.8	Gemma Refell	HW	15.9	Kathy Ryan	BAR	Javelin		
14-08	Mischa Giancovich	SGD				16.0	Dionne Shaw	HW	24-55	Heather Gurney	SBH
13-82	Sarah Easton	SGD	800m			16.5	J Hailes	VER	15-78	E Thompson	VER
13-20	Helen Cook	TRI	2-34.4	Kelly Power	SBH	17.4	C Tipper	VER	11-30	Nicola Harrison	TRI
12-28	Melissa Fox	HW	2-34.9	Dionne Shaw	HW	17.9	A Matterson	VER	10-94	J Hailes	VER
12-20	R Anderson	VER	2-36.0	R Felton	VER	18.6	J Davis	VER	7-94	Kelly Drake	TRI
11-76	Erica Sample	SGD	2-36.3	Emma Burns	HW		C Walker	VER	Pentathlon		
9-74	Anna Tapson	TRI	2-37.2	C Kershaw	SBH	High jump			1939	Dionne Shaw	HW
8-30	K Kinghorn	VER	2-41.7	Elizabeth Kirkham	SBH	1-44	Dionne Shaw	HW	1757	Eve Miller	HW
6-74	Ruth Martin	BAR	2-44.1	N Flintham	SNH	1-30	Heather Gurney	SBH			
			2-44.9	C De Mana	SNH	1-29	Katherine Hill	SGD			
Hammer			2-46.2	Kelly Drake	TRI	1-26	Caroline Doyle	SGD			
14-70	Liz Copeman	BAR	2-47.0	J Browning	SNH	1-25	Kate Burgoyne	SGD			
Pentathlon			2-48.5	Kate Burgoyne	SGD		Sally Thomis	SGD			
2039	Liz Copeman	BAR	2-49.7	Eve Miller	HW		C Walker	VER			
1564	Anita Klendjian	BAR	2-50.4	N Bell	VER		A Matterson	VER			
1436	Eleanor Mould	BAR	2-50.7	P Bolton	SNH	1-20	Kirsten Allen	SGD			
			2-50.8	Monica Basu	SGD		Victoria Swaile	HW			
			2-52.3	J Davis	VER	1-15	Eve Miller	HW			
			2-52.8	Jody Ling	HW		C Tipper	VER			
				C Tipper	VER		Helen Cooper	SBH			
			2-52.9	Joanne Baker	SBH		Talya Schneider	BAR			
MINOR GIRLS			2-53.5	Laura Cadman	HAR	1-08	Gemma Refell	HW			
100m			2-54.6	Pamela Rumble	HW	1-05	Nicola Roberts	TRI			
13.8	Kathy Ryan	BAR	2-56.2	Nicola Roberts	TRI		Alison Collins	TRI			
14.0	Elena Dundjerovic	SGD	2-59.0	Victoria Swaile	HW		R Felton	VER			
	Eve Miller	HW	2-59.7	K Martin	WAT		D Tring	VER			
14.2	Emma Griffiths	HW	3-00.6	C Ball	VER		Lindsey Fordham	VER			
14.6	Kirsten Allen	SGD	3-02.7	K Digwood	BHW	1-00	T May	VER			
	Elizabeth Cowen	HW	3-03.7	N Smith	VER	0-90	Nicola Harrison	TRI			
	N Flintham	SNH	3-04.1	Lisa Carpenter	BAR						
14.7	A Harris	VER	3-09.6	T Hutchins	ENF						
14.8	C Walker	VER	3-09.7	Alison Collins	TRI	Long jump					
14.9	Helen Copper	SBH	3-12.1	Katherine Hill	SGD	4-50	Elena Dundjerovic	SGD			
15.0	Emma Burns	HW	3-13.7	Emma Sainsbury	TRI	4-42	Eve Miller	HW			
15.1	D Tring	VER	3-16.7	Lindsey Fordham	BAR	4-31	Dionne Shaw	HW			
15.3	J Davis	VER	3-19.1	C Bunkell	BHW	4-05	Emma Burns	HW			
15.4	Joanne Baker	SBH	3-19.9	Gemma Refell	HW	4-00	Joanne Baker	SBH			
	C Ball	VER		T May	VER	3-95	Caroline Doyle	SGD			
	R Felton	VER	3-20.1	E Bigland	BHW		C Ball	VER			
15.6	Pamela Rumble	HW	3-20.1	E Furlong	VER		N Bell	VER			
16.0	Natasha Airey	HW	3-21.1	Kirsty Power	SBH	3-94	A Harris	VER			
16.1	J Hailes	VER	3-26.8	J Hailes	VER	3-77	Kate Burgoyne	SGD			
	Rowena Samarasinhe	BAR	3-28.9	H Osbourne	VER	3-71	Sasha Baker	SBH			
	Jody Ling	HW	1500m			3-63	J Davis	VER			
16.2	Kelly Drake	TRI	5-13.2	Kelly Power	SBH	3-60	Rowena Samarasinhe	BAR			
	T Hutchins	ENF	5-15.8	Dionne Shaw	HW	3-57	C Walker	VER			
16.4	Laura Cadman	HAR	5-17.1	R Felton	VER	3-51	Laura Cadman	HAR			
16.5	Felicity Edwards	BAR	5-29.6	Emma Burns	HW	3-45	Victoria Swaile	HW			
16.6	Alexandra Cook	TRI	5-32.0	C Kershaw	SNH	3-40	Kathy Ryan	BAR			
16.9	N Bell	VER	5-34.4	C Duncan	SNH	3-38	Samantha Wallington	TRI			
17.0	Victoria Swaile	HW	5-47.7	Zahra Robbins	SGD	3-36	Nicola Harrison	TRI			
	E Thompson	VER	5-48.7	C De Mana	SNH	3-19	Felicity Edwards	BAR			
	A Matterson	VER	5-52.1	Pamela Rumble	HW	3-16	Alexandra Cook	TRI			
17.5	Rebecca Mitchell	TRI	5-53.1	J Browning	SNH		S Bigland	BHW			
17.6	Gemma Refell	HW	5-56.3	A Matterson	VER	3-10	Natasha Airey	HW			

COMPILATION NOTES

These rankings have been compiled from the following information:

Full club rankings
Barnet, St Albans Godfrey Davis, Hertford and Ware, Tring, Verlea, Harlow, Shareshbury Barnet and Dacorum.

NUTS top 3 lists
Watford

Herts County Champs Results
Miscellaneous Stevenage, Enfield, Borehamwood and other club athletes.

ABBREVIATIONS

BAR	Barnet
DAC	Dacorum
ENF	Enfield
HRL	Harlow
HW	Hertford and Ware
LUT	Luton
PAR	Parkside
SBH	Shareshbury Barnet
SGD	St Albans Godfrey Davis
SNH	Stevenage North Herts
TRI	Tring
UNA	Unattached
VER	Verlea
WAT	Watford