**Herts County Ten Mile Road Race Championships**

**The Garden City Ten - Welwyn Garden City - 2 September 1990**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Category** | **Entries** | **Gold Medal** | **Silver Medal** | **Bronze Medal** |
| Senior Men | 36 | A MasonHighgate H | K McClellanHertford&Ware | S MooreHertford&Ware |
| Men V40 | 17 | S MooreHertford&Ware | D HoltbyHertford&Ware | A SteadmanVerlea |
| Men V50 | 7 | J WoodBarnet | J JalesDacorum | P HughesWatford H |
| Men V60 | 5 | W EylesVerlea | G MeechVerlea | Not awarded |
| Men V70 | 1 | F HarbordUnatt | Not awarded | Not awarded |
| Senior Ladies | 6 | Z LoweSt Albans Str | J DruryStevenage | R CoxSt Albans Str |
| Ladies V35 | 8 | J SaundersNorth Herts R | P WisemanBorehamwood | L RadfordWare Joggers |
| Ladies V45 | 1 | Not awarded | Not awarded | Not awarded |

**Teams**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Senior Men | 8 | Hertford&Ware (K McClellanS MooreD Holtby) | Verlea(M JonesA SteadmanS Doyle) | Fairlands Valley S(P GaleR WilliamsM Pennington) |
| Men V40 | 5 | Hertford&Ware (S MooreD HoltbyF Dobson) | Fairlands Valley S(R WilliamsR BiggsA Sinclair) | Not awarded |
| Senior Ladies | 1 | St Albans Str(Z LoweR CoxL Hooker} | Not awarded | Not awarded |

[Source B8.53]