**Herts County Ten Mile Road Race Championships**

**The Garden City Ten - Welwyn Garden City - 2 September 1990**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Category** | **Entries** | **Gold Medal** | **Silver Medal** | **Bronze Medal** |
| Senior Men | 36 | A Mason  Highgate H | K McClellan  Hertford&Ware | S Moore  Hertford&Ware |
| Men V40 | 17 | S Moore  Hertford&Ware | D Holtby  Hertford&Ware | A Steadman  Verlea |
| Men V50 | 7 | J Wood  Barnet | J Jales  Dacorum | P Hughes  Watford H |
| Men V60 | 5 | W Eyles  Verlea | G Meech  Verlea | Not awarded |
| Men V70 | 1 | F Harbord  Unatt | Not awarded | Not awarded |
| Senior Ladies | 6 | Z Lowe  St Albans Str | J Drury  Stevenage | R Cox  St Albans Str |
| Ladies V35 | 8 | J Saunders  North Herts R | P Wiseman  Borehamwood | L Radford  Ware Joggers |
| Ladies V45 | 1 | Not awarded | Not awarded | Not awarded |

**Teams**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Senior Men | 8 | Hertford&Ware (K McClellan  S Moore  D Holtby) | Verlea  (M Jones  A Steadman  S Doyle) | Fairlands Valley S  (P Gale  R Williams  M Pennington) |
| Men V40 | 5 | Hertford&Ware (S Moore  D Holtby  F Dobson) | Fairlands Valley S  (R Williams  R Biggs  A Sinclair) | Not awarded |
| Senior Ladies | 1 | St Albans Str  (Z Lowe  R Cox  L Hooker} | Not awarded | Not awarded |

[Source B8.53]