**Herts County Pentathlons - Welwyn Garden City - Sunday 30 July 1989**

**Minors (Under 13 Girls)**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Pos** | **Name** | **Club** | **Hur** | **Shot** | **HJ** | **LJ** | **800m** | **Total** |
| 1 | K Hartmann | Enfield | 13.2 | 4.51 | 1.30 | 3.99 | 2:55.5 |  |
|   |   |   | 463 | 178 | 409 | 306 | 408 | 1764 |
| 2 | E Copeman | Barnet | 14.1 | 6.94 | 1.15 | 3.84 | 2:46.8 |  |
|   |  |  | 391 | 331 | 266 | 272 | 497 | 1757 |
| 3 | L Farrer | Dacorum | 15.6 | 5.15 | 1.05 | 3.39 | 3:06.1 |  |
|   |  |  | 288 | 218 | 180 | 178 | 311 | 1175 |
| 4 | C Firman | Hertford&Ware | 17.1 | 4.63 | 1.05 | 3.21 | 2:56.7 |  |
|  |  |  | 201 | 185 | 180 | 144 | 396 | 1106 |
| 5 | L Allnut | Dacorum | 15.4 | 5.89 | 1.05 | 2.88 | 3:32.2 |  |
|  |  |  | 301 | 264 | 180 | 87 | 124 | 956 |

**Girls (Under 15 Girls)**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | H Hutton | Stevenage | 13.6 | 6.89 | 1.40 | 4.30 | 2:31.4 |  |
|   |  |  | 511 | 328 | 512 | 379 | 675 | 2405 |
| 2 | L Kitchener | Stevenage | 13.2 | 6.16 | 1.35 | 4.02 | 2:53.6 |  |
|   |  |  | 549 | 281 | 460 | 312 | 427 | 2029 |
| 3 | B Zeitsman | Barnet | 16.8 | 6.54 | 1.20 | 3.98 | 3:06.3 |  |
|  |  |  | 275 | 306 | 312 | 303 | 309 | 1505 |
| 4 | M Farrer | Dacorum | 18.7 | 5.59 | [nm?] | 3.08 | 3:14.5 |  |
|  |  |  | 170 | 245 | 0 | 121 | 242 | 778 |

**Inters (Under 17 Women)**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | S Hooker | Shaftesbury Barnet H | 13.3 | 5.98 | 1.30 | 4.34 | 2:41.4 |  |
|  |  |  | 641 | 270 | 409 | 388 | 561 | 2269 |
| 2 | A Felgate | Hertford&Ware | 15.4 | 6.83 | 1.30 | 3.89 | 2:32.0 |  |
|   |  |  | 446 | 324 | 409 | 283 | 668 | 2130 |
| 3 | T Proto | Shaftesbury Barnet H | 14.7 | 5.97 | 1.30 | 4.33 | 2:57.5 |  |
|   |  |  | 502 | 269 | 409 | 386 | 389 | 1955 |
| 4 | N Shirley | Barnet | 17.1 | 5.39 | 1.25 | 3.63 | 3:07.2 |  |
|   |  |  | 320 | 233 | 359 | 227 | 301 | 1440 |

**Senior Ladies**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | J Jackson | Verlea | 16.7 | 7.47 | 1.45 | 4.86 | 2:53.7 |  |
|   |  |  | 603 | 366 | 566 | 522 | 426 | 2483 |

**Relays**

**Minors 4x100**

1 Stevenage 59.0

**Girls 4x100**

1 Verlea 56.1

2 Stevenage 56.4

3 Stevenage ‘B’ 57.6

**Inters 4x100**

1 Watford H 54.1

2 Verlea 56.4

 Dacorum DQ

**Minors 3x800**

1 Stevenage 8:38.5

**Girls 3x800**

1 Stevenage 7:43.6

2 Verlea 7:50.3

3 Dacorum 8:42.0

**Inters Medley**

1 Dacorum 4:27.4

2 Verlea 4:34.0

[Source F2.60]

[Source F2.105 - pentathlons original score card]