HERTFORDSHIRE COUNTY 1500m, RELAYS, MASTERS, DISABILITY

MONDAY 5 MAY 2025, AT RIDLINS TRACK, STEVENAGE

TRACK TIMETABLE

T1 1200 400m (1)

T2 1215 1500m U13G/U13B (7/7)

T3 1225 1500m U15G (14)

T4 1235 1500m U15B (18)

T5 1245 200m M50, M60, W60 (5)

T6 1255 800m M50, W70 (2)

T7 1310 100m M40, M50, M60 (6)

T8 1315 100m U15B, U20M, W60, SW Dis (5)

T9 1320 100m U13G, U15G, U17W (7)

T10 1330 1500m U17M (9)

T11 1340 1500m U20M, SM, M40, M50, M70 (11)

T12 1350 1500m U17W, U20W, SW, W60 (10)

T13 1400 4x100m relay

T14 1430 3000m/5000m All (3)

T15 1500 4x300m relay

T16 1515 4x400m relay

FIELD TIMETABLE

F1 1100 Hammer (7) M60, M70, W40, W60, W70

F2 1100 Triple Jump (1) M60

F3 1210 Discus (6) M50, M60, M70, W60, W70

F4 1310 Javelin (6) M50, M60, M70, W60, W70

F5 1400 Long Jump (4) M40, M50, M60, SW DIS

F6 1430 Shot (7) M40, M50, M60, W60, W70, SM DIS

Veteran Men Age-Groups – M40, M50, M60, M70+

Veteran Women Age-Groups –W40, W50, W60+

**Notes to athletes:**

Club vests must be worn

Bring safety pins for numbers

Arrive 1 hour before your event to collect numbers (and warm up)

The County reserves the right to alter this timetable as circumstances dictate