Standalone 10K 2018

10K Race

Sunday 7 October 2018. 9:30 am

Provisional Result of the County Men's Teams team competition.

(4 competitors per team. Based on cumulative position.)

1 : North Herts Road Runners

Place	Time	Name	Race Age Category	Race No	Race Place
1	0:33:23	LEACH, Andrew	Vet Men 50-59	1601	3
2	0:34:09	VAUGHAN, Mark	Vet Men 40-49	1602	6
3	0:34:42	PRICE, Ed	Vet Men 40-49	1604	7
5	0:35:07	SAYERS, Matt	Vet Men 40-49	1605	11
11	**2:17:22**	**Totals**			

2 : Garden City Runners

Place	Time	Name	Race Age Category	Race No	Race Place
8	0:36:59	CASEY, Russell	Vet Men 40-49	1385	24
9	0:37:06	CASSERLEY, Robert	Vet Men 40-49	793	28
19	0:39:38	DESBOROUGH, Dave	Vet Men 60-69	1358	66
22	0:40:41	RUSSELL, Michael	Vet Men 50-59	922	84
58	**2:34:25**	**Totals**			

3 : Fairlands Valley Spartans RC

Place	Time	Name	Race Age Category	Race No	Race Place
7	0:36:45	RAMSAY, Grant	Vet Men 40-49	1174	22
10	0:37:54	COUGHLIN, Keith	Vet Men 40-49	974	32
29	0:41:33	BOWKER, David	Vet Men 60-69	621	107
34	0:42:36	CARPENTER, Dean	Vet Men 40-49	860	137
80	**2:38:48**	**Totals**			

4 : St Albans Striders

Place	Time	Name	Race Age Category	Race No	Race Place
18	0:39:31	ASTON, Nigel	Vet Men 50-59	176	64
20	0:40:16	HARRY, Richard	Vet Men 40-49	1238	76
32	0:42:33	COOPER, John	Vet Men 50-59	1119	131
33	0:42:36	BRAYBROOK, Colin	Vet Men 50-59	758	136
103	**2:44:56**	**Totals**			

5 : Hitchin Running Club

Place	Time	Name	Race Age Category	Race No	Race Place
14	0:39:06	WHITMORE, Kris	Vet Men 40-49	342	55
26	0:41:13	FRY, Chris	Vet Men 40-49	925	93
31	0:42:30	SCHILLING, Mark	Vet Men 50-59	543	130
55	0:47:24	BICKERDIKE, Mark	Vet Men 50-59	1472	294
126	**2:50:14**	**Totals**			

6 : Ampthill and Flitwick Flyers

Place	Time	Name	Race Age Category	Race No	Race Place
16	0:39:16	HORAN, Philip	Vet Men 40-49	1561	59
17	0:39:28	LARMAN, Ashley	Vet Men 40-49	1565	63
44	0:45:19	STANLEY, Richard	Vet Men 50-59	1572	229
52	0:46:31	JONES, Richard	Vet Men 50-59	1548	269
129	**2:50:34**	**Totals**			

7 : Garden City Runners

Place	Time	Name	Race Age Category	Race No	Race Place
23	0:40:47	ELLERD-ELLIOTT, Steve	Vet Men 40-49	1301	85
27	0:41:15	HUGHES, Robert	Vet Men 40-49	1326	96
41	0:44:43	PAINE, Michael	Vet Men 50-59	764	203
42	0:44:55	McLELLAN, Keith	Vet Men 60-69	1318	212
133	**2:51:41**	**Totals**			

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Page 1 of 2

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8 : Fairlands Valley Spartans RC

Place	Time	Name	Race Age Category	Race No	Race Place
35	0:42:42	HARRIS, John	Vet Men 50-59	179	139
38	0:44:28	GILL, Matthew	Vet Men 40-49	598	185
49	0:45:55	EMMERSON, Darren	Vet Men 50-59	104	250
53	0:47:14	GOODWIN, Mark	Vet Men 60-69	227	284
175	**3:00:19**	**Totals**			

9 : Fairlands Valley Spartans RC

Place	Time	Name	Race Age Category	Race No	Race Place
54	0:47:15	DUDLEY, Martin	Vet Men 50-59	861	285
61	0:49:18	JUDE, Ken	Vet Men 50-59	162	362
62	0:49:36	MUGGLETON, Neal	Vet Men 40-49	1179	384
64	0:50:05	JAY, Andy	Vet Men 50-59	712	396
241	**3:16:15**	**Totals**			

10 : Barnet & District AC

Place	Time	Name	Race Age Category	Race No	Race Place
21	0:40:41	BRYAN, Jerry	Vet Men 50-59	1526	83
63	0:49:41	BYRNE, David	Vet Men 50-59	711	387
81	0:52:30	SHIRLEY, John	Vet Men 70+	1468	502
83	0:53:09	SCOTT, David	Vet Men 50-59	674	534
248	**3:16:02**	**Totals**			

11 : Garden City Runners

Place	Time	Name	Race Age Category	Race No	Race Place
69	0:50:20	KEAN, Justin	Vet Men 50-59	818	417
71	0:51:14	BUTTON, Steve	Vet Men 60-69	594	450
73	0:51:31	DAVIS, John	Vet Men 50-59	541	464
82	0:52:54	COOKE, Tim	Vet Men 50-59	1491	524
295	**3:25:59**	**Totals**			

12 : Fairlands Valley Spartans RC

Place	Time	Name	Race Age Category	Race No	Race Place
75	0:51:49	PIKE, Stephen	Vet Men 50-59	1171	470
88	0:54:30	KING, Barry	Vet Men 50-59	649	591
93	0:56:40	GEORGIOU, Sophocles	Vet Men 60-69	1372	679
101	1:00:24	McCALLA, Anton	Vet Men 40-49	367	844
357	**3:43:24**	**Totals**			

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