FINAL

**Day 2 timetable**

track

9.30 300m finals U15B & U15G

9.45 400m finals 1 race women, two races men

10.15 100m finals for all age groups except U13G, U13B

100m heats U13G & U13B

11.15 800m heats U13G, U13B, U15G, U15B, U17M

800m finals other age group

12.30 100m final U13G & U13B

Lunch break

13.15 Sprint hurdles finals U13G, U15G, U15B, U17W, U17M, U20W, U20M, SW, SM

Field

9.30 Hammer ALL

10.00 Pole vault ALL

10.45 Shot Female

10.45 Discus Male

12.00 Triple jump ALL

13.10 Javelin Male

13.45 Shot Male

**Day 3 timetable**

Track

9.30 300H U17W

9.45 400H U20W, SW, U17M, U20M, SM

10.00 200m heats U13G, U13B, U15G

200m finals all other age groups

11.00 800m finals from Day 2

Lunch break

13.00 200m finals U13G, U13B, U15G

13.30 5000m final U20W, U20M, SW, SM

14.00 4x100 relays all age categories

Field

9.30 Discus Female

9.30 Long jump U13B&G

11.00 High jump U13B&G

11.00 Javelin Female

11.00 Long Jump U15B&G

12.40 High Jump U15B&G

12.50 Long Jump U17 and over

13.45 High Jump U17 and over