

Hertfordshire County AAA U13 Championships  
Stevenage 1 May 2017

**Under 13 Boys**

**100 Metres Heat 1 w/s +3.9**

1	22 Eriike Siwoku	Herts Phoenix AC	14.10 Q
2	3 Jonathan Chiwele	Dacorum & Tring AC	14.15 Q
3	17 Oscar North	Dacorum & Tring AC	14.76 Q
4	4 Antonio Conradie	Luton AC	15.52 q
5	6 Conor Farquharson	Dacorum & Tring AC	15.62
6	18 Ashton O'Connell	Dacorum & Tring AC	15.70
7	14 Reo-Upton Mohun	Stevenage & NH	17.10

**100 Metres Heat 2 w/s +0.5**

1	12 Michael Joyce	Dacorum & Tring AC	13.54 Q
2	21 Paddy Read	Dacorum & Tring AC	14.36 Q
3	25 Luca Wyart	Dacorum & Tring AC	14.51 Q
4	8 Tyrell Giwa	Dacorum & Tring AC	15.47 q
5	10 Nathan Hughes	Dacorum & Tring AC	16.01

**100 Metres Final w/s +1.3**

1	12 Michael Joyce	Dacorum & Tring AC	13.69
2	22 Eriike Siwoku	Herts Phoenix AC	14.01
3	3 Jonathan Chiwele	Dacorum & Tring AC	14.28
4	21 Paddy Read	Dacorum & Tring AC	14.41
5	25 Luca Wyart	Dacorum & Tring AC	14.77
6	17 Oscar North	Dacorum & Tring AC	17.90
7	8 Tyrell Giwa	Dacorum & Tring AC	15.65
8	4 Antonio Conradie	Luton AC	16.21

**200 Metres w/s +1.9**

1	12 Michael Joyce	Dacorum & Tring AC	28.23
2	22 Eriike Siwoku	Herts Phoenix AC	29.63
3	3 Jonathan Chiwele	Dacorum & Tring AC	30.83
4	17 Oscar North	Dacorum & Tring AC	31.85
5	25 Luca Wyart	Dacorum & Tring AC	32.55
6	8 Tyrell Giwa	Dacorum & Tring AC	33.18
7	4 Antonio Conradie	Luton AC	33.19
8	10 Nathan Hughes	Dacorum & Tring AC	34.78

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**800 Metres**

1	111 Tom Gaunce	St Albans AC	2:28.6
2	116 Ethan Primett	Herts Phoenix AC	2:29.1
3	118 Isaac Whitten	Stevenage & NH	2:35.6
4	115 Alexander Mcdonald	St Albans AC	2:36.8
5	119 Max Winfield	Luton AC	2:43.8
6	112 Joseph Hamilton	Joseph Hamilton	2:50.9
7	4 Antonio Conradie	Antonio Conradie	2:55.9

**High Jump**

1	114 Gregor Smith	Stevenage & NH	1.15	1.05 o;1.10 xo;1.15 xxo;1.20 xxx
2	107 Toby Sloan	Woodford Green wEL	1.00	0.90 o;0.95 xxo;1.00 o;1.05 xxx

**Long Jump**

1	111 Tom Gaunce	St Albans AC	4.30	x/4.03/4.12/4.07/4.30/4.07
2	21 Paddy Read	Dacorum & Tring AC	4.07	3.94/3.99/4.07/3.78/3.80/3.43
3	138 Freddie Waite	Stevenage & NH	3.83	3.71/3.13/3.42/3.70/3.63/3.83
4	18 Ashton O'Connell	Dacorum & Tring AC	3.61	3.51/3.39/3.61/3.59/3.46/3.23
5	114 Gregor Smith	Stevenage & NH	3.48	3.48/3.40/3.38/x/-/-

**Shot**

1	3 Jonathan Chiwele	Dacorum & Tring AC	5.84	5.53/5.08/5.70/5.84/4.24/5.46
2	107 Toby Sloan	Woodford Green wEL	5.23	4.98/5.23/5.05/x/5.18/5.13

**Discus**

1	21 Paddy Read	Dacorum & Tring AC	12.81	12.81/11.46/r
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**Javelin**

1	114 Gregor Smith	Stevenage & NH	26.73	26.73/25.32/25.14/23.67/24.56/20.91
2	107 Toby Sloan	Woodford Green wEL	19.98	x/11.60/17.25/19.98/17.31/18.11
3	18 Ashton O'Connell	Dacorum & Tring AC	15.93	x/9.99/x/8.43/15.93/x

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Under 13 Girls

100 Metres

Heat 1 w/s +1.6

1	41 Mia Mcintosh	St Albans AC	13.40 Q
2	29 Annie Burchell	Dacorum & Tring AC	14.45 Q
3	39 Daisy Laing	Dacorum & Tring AC	14.78 q
4	28 Leah Bottomley	Stevenage & NH	15.05 q
5	45 Krystal Powley	Dacorum & Tring AC	15.64
6	40 Daisy Jane Lauder	Dacorum & Tring AC	16.08

Heat 2 w/s +2.5

1	42 Ava Mcloughlin	Watford Harriers	14.49 Q
2	49 Talia Turay	Dacorum & Tring AC	15.81 Q
3	30 Ella Bymolen	Stevenage & NH	16.09
4	31 Natalie Cloy	Dacorum & Tring AC	16.39
5	37 Emma Heffernan	Dacorum & Tring AC	17.20

Heat 3 w/s +3.0

1	44 Abbie Parker	Dacorum & Tring AC	14.40 Q
2	35 Orla Foley	St Albans AC	14.66 Q
3	26 Rosie Alexander	Watford Harriers	15.13
4	36 Ella Gurney	Dacorum & Tring AC	16.32
5	48 Aimie Taylor	Stevenage & NH	16.35

Final w/s +2.1

1	41 Mia Mcintosh	St Albans AC	13.24
2	42 Ava Mcloughlin	Watford Harriers	14.16
3	44 Abbie Parker	Dacorum & Tring AC	14.37
4	29 Annie Burchell	Dacorum & Tring AC	14.40
5	35 Orla Foley	St Albans AC	14.70
6	39 Daisy Laing	Dacorum & Tring AC	15.06
7	28 Leah Bottomley	Stevenage & NH	15.07
8	49 Talia Turay	Dacorum & Tring AC	15.62

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**200 Metres**

**Heat 1 w/s +1.1**

1	57 Scarlett Gammell	Watford Harriers	29.10 Q
2	55 Lily Dennhardt	Stevenage & NH	31.67 Q
3	54 Bonnie Brooks	Dacorum & Tring AC	32.28 Q
4	45 Krystal Powley	Dacorum & Tring AC	32.53 q
5	59 Niamh Smith	The HAWCS	32.95
6	30 Ella Bymolen	Stevenage & NH	33.90

**Heat 2 w/s +1.7**

1	29 Annie Burchell	Dacorum & Tring AC	29.88 Q
2	42 Ava Mccloughlin	Watford Harriers	30.92 Q
3	28 Leah Bottomley	Stevenage & NH	31.19 Q
4	39 Daisy Laing	Dacorum & Tring AC	31.86 q
5	56 Holly Foster	Dacorum & Tring AC	33.04
6	49 Talia Turay	Dacorum & Tring AC	33.51
7	40 Daisy Jane Lauder	Dacorum & Tring AC	34.22

**Final w/s +0.7**

1	57 Scarlett Gammell	Watford Harriers	29.07
2	29 Annie Burchell	Dacorum & Tring AC	29.87
3	42 Ava Mccloughlin	Watford Harriers	30.86
4	28 Leah Bottomley	Stevenage & NH	31.12
5	55 Lily Dennhardt	Stevenage & NH	32.12
6	39 Daisy Laing	Dacorum & Tring AC	32.12
7	54 Bonnie Brooks	Dacorum & Tring AC	32.36
8	45 Krystal Powley	Dacorum & Tring AC	33.23

**800 Metres**

1	130 Aimi Weightman	Shaftesbury Barnet	2:29.0
2	121 Olivia Edwards	Dacorum & Tring AC	2:34.4
3	129 Lily Tse	St Albans AC	2:37.5
4	124 Antonia Jubb	St Albans AC	2:38.2
5	125 Niamh Kelly	Herts Phoenix AC	2:39.9
6	35 Orla Foley	St Albans AC	2:40.3
7	126 Daisy Mainwaring	Watford Harriers	2:48.6
8	60 Stella Whitlum	Dacorum & Tring AC	2:52.1
9	123 Sabrina Jansen	Watford Harriers	2:56.2
10	128 Laura Stephens	Stevenage & NH	2:58.8
11	31 Natalie Cloy	Dacorum & Tring AC	3:15.4
12	56 Holly Foster	Dacorum & Tring AC	3:15.9
13	127 Beth Moody	Dacorum & Tring AC	3:25.5
14	54 Bonnie Brooks	Dacorum & Tring AC	3:28.6

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**70 metres Hurdles w/s +2.3**

1	41 Mia Mcintosh	St Albans AC	11.85
2	57 Scarlett Gammell	Watford Harriers	12.76
3	44 Abbie Parker	Dacorum & Tring AC	13.26
4	55 Lily Dennhardt	Stevenage & NH	15.62
5	102 Amari Rose Cowans	Dacorum & Tring AC	17.10
6	127 Beth Moody	Dacorum & Tring AC	17.54
7	37 Emma Heffernan	Dacorum & Tring AC	19.32

**High Jump**

1	117 Shanumi Akinfenwa	Stevenage & NH	1.35	1.00 xo;1.05 o;1.10 o;1.15 o;1.20 o;1.25 o;1.30 xxo;1.35 xxo;:
2	49 Talia Turay	Dacorum & Tring AC	1.15	1.10 o;1.15 xxo;1.20 xxx
3	36 Ella Gurney	Dacorum & Tring AC	1.05	1.00 xo;1.05 xo;1.10 xxx

**Long Jump**

1	57 Scarlett Gammell	Watford Harriers	3.99/1.0	3.95/1.4; 3.94/1.2; 3.99/1.0; 3.87/1.5; 3.93/2.4;-
2	44 Abbie Parker	Dacorum & Tring AC	3.81/1.3	x; 3.81/1.3; x; 3.76/0.8; 3.76/1.6; 3.73/2.1
3	123 Sabrina Jansen	Watford Harriers	3.54/0.6	3.54/0.6; 3.41/2.2; 3.40/2.5; x; 3.41/0.4; x
4	140 Rosie Moore	Watford Harriers	3.53/x	3.53/x; 3.35/0.6; 3.31/1.6; 3.36/2.6; 3.45/1.2; x
5	117 Shanumi Akinfenwa	Stevenage & NH	3.47/0.8	3.47/0.8; 3.41/1.1; 3.04/2.0; r
6	31 Natalie Cloy	Dacorum & Tring AC	3.46/2.5	3.31/1.1; 3.46/2.5; 3.33/0.1; x; 3.37/0.5; 3.33/1.8
7	29 Annie Burchell	Dacorum & Tring AC	3.45/2.8	3.22/1.8; 3.31/1.8; 3.45/2.8
8	108 Eloise Dickins	Watford Harriers	3.37/1.0	3.25/x; 3.33/1.5; 3.37/1.0
9	54 Bonnie Brooks	Dacorum & Tring AC	3.25/1.5	3.25/1.5; 3.04/3.0; 2.43/1.8
10	26 Rosie Alexander	Watford Harriers	3.23/4.1	x; 3.09/1.9; 3.23/4.1
11	56 Holly Foster	Dacorum & Tring AC	3.22/0.9	3.22/0.9; 3.04/x; 3.14/1.4
12	60 Stella Whitlum	Dacorum & Tring AC	3.12/1.4	2.76/0.6; x; 3.12/1.4
13	102 Amari Rose Cowans	Dacorum & Tring AC	3.06/1.6	3.06/1.6; 2.88/x; 3.00/1.9
14	45 Krystal Powley	Dacorum & Tring AC	2.78/2.7	x; x; 2.78/2.7
15	37 Emma Heffernan	Dacorum & Tring AC	2.66/2.7	x; 2.66/2.7; x

**Shot**

1	152 Lucy Reed	Stevenage & NH	5.59	4.50/5.33/5.33/5.59/5.37/5.06
2	48 Aimie Taylor	Stevenage & NH	4.78	4.62/4.32/4.78/4.35/4.56/4.00

**Discus**

1	152 Lucy Reed	Stevenage & NH	15.31	15.31/13.75/x/13.14/11.46/13.45
2	126 Daisy Mainwaring	Watford Harriers	12.13	x/x/12.13/7.06/12.02/10.48

**Javelin**

1	26 Rosie Alexander	Watford Harriers	16.52	7.93/10.65/x/13.17/16.52/14.24
2	108 Eloise Dickins	Watford Harriers	13.03	8.35/10.11/9.62/11.27/12.76/13.03
3	123 Sabrina Jansen	Watford Harriers	12.47	9.51/12.47/8.96/x/x/11.00
4	126 Daisy Mainwaring	Watford Harriers	12.19	x/x/11.18/10.39/10.57/12.19
5	140 Rosie Moore	Watford Harriers	9.15	6.87/9.15/8.10/8.45/x/x