

Herts County Championships
Watford - 15 May 2016
Under 15 Boys

100 Metres

CBP Chenna Okoh D&T 11.29/0.3 2014

Posn	Num	Name	Club	Perf
Final		w/s 0.0		
1	11	Rohan Bagai	SBH	12.34
2	12	Semba Bwalya	SNH	12.42
3	14	Daniel Kessi	SNH	13.07
4	15	David Koffi	NHRR	13.37

200 Metres

CBP Chenna Okoh D&T 22.78/-0.4 2014

Posn	Num	Name	Club	Perf
Final		w/s +1.7		
1	12	Semba Bwalya	SNH	24.33
2	11	Rohan Bagai	SBH	25.33

300 Metres

CBP Chenna Okoh D&T 36.01 2014

Posn	Num	Name	Club	Perf
Final				
1	217	Jason List	SNH	44.42

800 Metres

CBP Jamie Dee SBH 2:01.72 2012

Posn	Num	Name	Club	Perf
Heat 1				
1	252	Connor Keogh	Wat	2:11.99 Q
2	174	Freddie Shiret	SBH	2:15.35 Q
3	217	Jason List	SNH	2:17.78 q
4	138	Thomas Hughes	HPx	2:20.00 q
5	130	Bryce Breen	HPx	2:20.97
6	123	Sam Sloan	Harl	2:27.77
7	87	Louis Hunt	Chil	2:45.30
Heat 2				
1	99	Kristian Imroth	D&T	2:14.03 Q
2	142	Joe Smith	HPx	2:14.45 Q
3	143	Alex Stapleton	HPx	2:15.43 q
4	141	Brett Rushman	HPx	2:20.18 q
5	90	Michael Armstrong	D&T	2:23.64
6	122	Ben Sloan	Harl	2:24.88
7	89	Joel Amos	D&T	2:48.07
Final				
1	252	Connor Keogh	Wat	2:05.08
2	174	Freddie Shiret	SBH	2:07.02
3	99	Kristian Imroth	D&T	2:12.85
4	143	Alex Stapleton	HPx	2:13.63
5	142	Joe Smith	HPx	2:13.99
6	217	Jason List	SNH	2:17.98
7	141	Brett Rushman	HPx	2:21.44
8	138	Thomas Hughes	HPx	2:29.12

80 Metres Hurdles

CBP Stephen Barnard E&H 11.6 2004

Posn	Num	Name	Club	Perf
Final				
1	75	Ralph Williams	SNH	12.18
2	74	Cameron Crowe	SNH	13.26
3	14	Daniel Kessi	SNH	14.05