

Herts County Indoor Championships - 15/16 March 2014 - Lee Valley

Senior Men 60 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|----------------|----------------|------|------|
| | CBP | Adam Daish | E&H | 2008 | 7.08 |
| 1 | 5 | Ian Tobin | Herts Phoenix | 7.53 | |
| 2 | 4 | David Stephens | Herts Phoenix | 7.87 | |
| 3 | 3 | Chris Singer | unattached | 8.07 | |
| 4 | 2 | Craig Denison | Stevenage & NH | 8.19 | |

Senior Men 200 Metres

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|-------------------|---------------|-------|-------|
| | CBP | Antonio Infantino | SBH | 2011 | 22.04 |
| 1 | 85 | Dominic Spike | Herts Phoenix | 23.89 | |
| 2 | 84 | Christian Gaddes | St Albans AC | 24.53 | |
| 3 | 4 | David Stephens | Herts Phoenix | 25.57 | |
| 4 | 3 | Chris Singer | unattached | 26.03 | |

Senior Men 400 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|------------------|---------------------------|-------------|------|
| | CBP | Glyn Hawkes | Card | 2011 | 49.1 |
| 1 | 111 | Jonathan Rendell | Dacorum & Tring | 50.4 | |
| 2 | 115 | Andrew Walshe | Herts Phoenix | 51.44 | |
| 3 | 113 | Jordan Thomas | Windsor, Slough, Eton & H | 52.1 | |
| 4 | 84 | Christian Gaddes | St Albans AC | 54.45 | |
| 5 | 112 | James Stanton | Enfield & Haringey | 56.69 | |
| 6 | 114 | Michael Vassilou | Enfield & Haringey | 56.84 (M50) | |

Senior Men 800 Metres

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|----------------------|---------------------|---------|---------|
| | CBP | Sam Poulton | SNH | 2009 | 1:57.15 |
| 1 | 139 | Alec Wing | VPTH | 2.03.94 | |
| 2 | 134 | Tom Fallon | Enfield & Haringey | 2.04.38 | |
| 3 | 137 | Christopher Westcott | Fairlands Valley SP | 2.11.07 | |
| 4 | 138 | Stephen White | Herts Phoenix | 2.29.85 | |
| 5 | 136 | Graham Mayoh | Watford Harriers | 2.38.98 | |

Senior Men 1,500 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|----------------|--------------------|---------|---------|
| | CBP | Daniel Poulton | SNH | 2008 | 4:12.78 |
| 1 | 158 | Shaun Collins | Enfield & Haringey | 3.57.31 | CBP |
| 2 | 134 | Tom Fallon | Enfield & Haringey | 4.26.20 | |

Senior Men 1k Walk

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|------------------|---------------------|---------|--------|
| | CBP | Arthur Thomson | E&H | 2013 | 5:33.0 |
| 1 | 169 | John Borgars | Herts Phoenix | 6.31.58 | |
| | | 170 David Bowker | Fairlands Valley SP | DNF | |

Senior Men Long Jump

(a)

| Posn | CBP Num | Name | Club | Perf | 2010 | 5.97 | Details | | |
|------|---------|----------------|---------------|------|------|------|---------|------|---------|
| | | Elior Harris | SNH | | | | | | |
| 1 | 4 | David Stephens | Herts Phoenix | 5.07 | | | NJ | 5.07 | NJ 4.94 |

Senior Men Shot

(a)

| Posn | CBP Num | Name | Club | Perf | 2012 | 11.73 | Details | | |
|-------|---------|------------------------|------------------|------|------|-------|---------|------|---------|
| | | Ray McKenna | Wat | | | | | | |
| F57 1 | 194 | Derek Derenalagi - F57 | Watford Harriers | 8.81 | | | 8.30 | 8.81 | NT 8.39 |
| F41 1 | 195 | Michael Pope - F41 | St AlbansAC | 8.75 | | | 8.67 | 8.75 | 8.29 NT |

Herts County Indoor Championships - 15/16 March 2014 - Lee Valley

Senior Women 60 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|-------------------|---------------------|-------|------|
| | CBP | Joanna Richards | StA | 2010 | 8.00 |
| 1 | 34 | Rhiannon Griffin | Fairlands Valley SP | 9.34 | |
| 2 | 35 | Christine Salvary | Barnet & District | 10.15 | |

Senior Women 200 Metres

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|-------------------|-------------------|-------|------|
| | CBP | Phillipa Lowe | D&T | 2013 | 25.9 |
| 1 | 94 | Chelsea Shurland | Harrow AC | 27.08 | |
| 2 | 93 | Jessica Barber | Stevenage & NH | 28.69 | |
| 3 | 35 | Christine Salvary | Barnet & District | 33.61 | |

Senior Women 400 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|------------------|---------------------|-------|-------|
| | CBP | Deborah Willis | HPx | 2013 | 56.75 |
| 1 | 94 | Chelsea Shurland | Harrow AC | 59.73 | |
| 2 | 122 | Laura Gallagher | Herts Phoenix | 61.45 | |
| 3 | 93 | Jessica Barber | Stevenage & NH | 64.49 | |
| 4 | 34 | Rhiannon Griffin | Fairlands Valley SP | 71.17 | |
| 5 | 121 | Claire Bentley | St Albans AC | 73.19 | |

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Senior Women High Jump

(a)

| Posn | Num | Name | Club | Perf | Details | 1.50 | 1.55 | 1.60 | 1.65 |
|------|-----|--------------|----------------|------|---------|------|------|------|------|
| | CBP | Hayley Kruse | HPx | 2010 | 1.61 | | | | |
| 1 | 68 | Janet Browne | Stevenage & NH | 1.60 | | o | o | xxo | xxx |

Senior Women Pole Vault

(a)

| Posn | Num | Name | Club | Perf | Details | 2.40 | 2.50 | 2.60 | 2.70 | 2.80 | 2.90 |
|------|-----|-------------|--------------|------|---------|------|------|------|------|------|------|
| | CBP | Anne Rees | SNH | 2013 | 3.65 | | | | | | |
| 1 | 183 | Sue Yeomans | St Albans AC | 2.80 | | o | o | o | xo | xxo | xxx |

Senior Women Long Jump

(b)

| Posn | Num | Name | Club | Perf | Details | 3.24 | 3.17 | 3.41 | 3.15 |
|------|-----|-------------------|-------------------|------|---------|------|------|------|------|
| | CBP | Abigail Holman | Har | 2012 | 5.26 | | | | |
| 1 | 35 | Christine Salvary | Barnet & District | 3.41 | | 3.24 | 3.17 | 3.41 | 3.15 |

Senior Women Triple Jump

(a)

| Posn | Num | Name | Club | Perf | Details | 7.22 | 6.84 | 6.96 | 7.22 |
|------|-----|-------------------|-------------------|------|---------|------|------|------|------|
| | CBP | Danielle Currie | HPx | 2010 | 9.99 | | | | |
| 1 | 35 | Christine Salvary | Barnet & District | 7.22 | | 7.22 | 6.84 | 6.96 | 7.22 |

Senior Women Shot

(b)

| Posn | Num | Name | Club | Perf | Details | 5.44 | 5.46 | 5.48 | 5.26 |
|------|-----|-------------|----------------|------|---------|------|------|------|------|
| | CBP | Laura Jones | HPx | 2008 | 10.3 | | | | |
| 1 | 197 | Laura Feely | Stevenage & NH | 5.48 | | 5.44 | 5.46 | 5.48 | 5.26 |

Herts County Indoor Championships - 15/16 March 2014 - Lee Valley

Under 20 Men 60 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|--------------|-----|------------------------|-------------------|------|------|
| | CBP | Antonio Infantino | SBH | 2010 | 7.11 |
| 1 | 8 | Peter De'Ath | Stevenage & NH | 7.29 | |
| 2 | 11 | Kim Sobotie | Stevenage & NH | 7.35 | |
| 3 | 9 | Javan Foster | Herts Phoenix | 7.53 | |
| 4 | 7 | Joe Carter | Herts Phoenix | 7.53 | |
| 5 | 6 | Samuel Carr | Stevenage & NH | 7.61 | |
| 6 | 12 | Mark Zelli | Barnet & District | 8.24 | |
| | 10 | Harry Kyriacou | Barnet & District | DQ | |
| T38 1 | 57 | Jack Gladman - T38 | Stevenage & NH | 9.21 | |
| T37 1 | 58 | Josh Scarborough - T37 | Stevenage & NH | 9.22 | |

Under 20 Men 200 Metres

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|----------------|-------------------|-------|-------|
| | CBP | Luis Da Silva | StA | 2013 | 22.53 |
| 1 | 8 | Peter De'Ath | Stevenage & NH | 23.50 | |
| 2 | 7 | Joe Carter | Herts Phoenix | 24.46 | |
| 3 | 86 | Ben Moses | Herts Phoenix | 24.88 | |
| 4 | 12 | Mark Zelli | Barnet & District | 26.71 | |
| | 10 | Harry Kyriacou | Barnet & District | DQ | |

Under 20 Men 400 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|-----------------|----------------|-------|-------|
| | CBP | Michael Edwards | E&H | 2012 | 50.44 |
| 1 | 11 | Kim Sobotie | Stevenage & NH | 50.84 | |
| 2 | 116 | William Dackus | Herts Phoenix | 57.63 | |

Under 20 Men 800 Metres

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|----------------|------------------|---------|---------|
| | CBP | Benjamin Parry | HPx | 2011 | 1:57.89 |
| 1 | 140 | Josh Clifford | Shaftesbury BH | 2.07.27 | |
| 2 | 142 | Corey Keane | Watford Harriers | 2.08.33 | |
| 3 | 141 | Harry Day | Stevenage & NH | 2.09.72 | |
| 4 | 143 | Arren Skipsey | Stevenage & NH | 2.09.73 | |

Under 20 Men 1,500 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|--------------------|----------------|---------------------------|---------|
| | CBP | Khalid Al-Abaidy | SNH | 2011 | 4:09.81 |
| 1 | 141 | Harry Day | Stevenage & NH | 4.29.81 | |
| 2 | 159 | Michael Carr | St Albans AC | 4.30.47 | |
| 3 | 57 | Jack Gladman - T38 | Stevenage & NH | 5.03.95 (mainstream race) | |

Under 20 Men 60 Metres Hurdles

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|--------------|----------------|------|------|
| | CBP | Zak Saucedo | E&H | 2008 | 8.40 |
| 1 | 63 | Matthew Hall | Shaftesbury BH | 8.67 | |
| 2 | 64 | David Spicer | Stevenage & NH | 9.33 | |

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| Under 20 Men High Jump | | | | | | (a) | | | | | | |
|--------------------------------|-----|--------------------|-----------------|------|------|------|---------|------|------|------|------|------|
| Posn | Num | Name | Club | Perf | 2010 | 2.03 | Details | | | | | |
| | | CBP Jason Hamilton | D&T | | | | 1.50 | 1.55 | 1.60 | | | |
| 1 | 64 | David Spicer | Stevenage & NH | 1.55 | | | o | o | xxx | | | |
| Under 20 Men Pole Vault | | | | | | (b) | | | | | | |
| Posn | Num | Name | Club | Perf | 2011 | 4.40 | Details | | | | | |
| | | CBP Daniel Gardner | SNH | | | | 3.00 | 3.15 | 3.30 | 3.75 | 4.25 | 4.45 |
| 1 | 179 | JJ Lister | Harrow AC | 4.25 | | | | | | | xo | xxx |
| 2 | 64 | David Spicer | Stevenage & NH | 3.00 | | | xxo | xxx | | | | |
| 3 | 180 | James Weller | Dacorum & Tring | nhr | | | | | | xxx | | |
| Under 20 Men Long Jump | | | | | | (a) | | | | | | |
| Posn | Num | Name | Club | Perf | 2007 | 6.41 | Details | | | | | |
| | | CBP Ian Simson | D&T | | | | | | | | | |
| 1 | 86 | Ben Moses | Herts Phoenix | 5.49 | | | 4.94 | 5.29 | 5.22 | 5.49 | | |

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Under 20 Women 60 Metres

(b)

| Posn | Num | Name | Club | Perf |
|--------------|-----|------------------------|----------------|-----------|
| | CBP | Frances Slater | HPx | 2011 7.83 |
| T38 1 | 61 | Natalie Williams - T38 | Stevenage & NH | 10.86 |

Under 20 Women 200 Metres

(a)

| Posn | Num | Name | Club | Perf |
|------|-----|---------------------|---------------|------------|
| | CBP | Laura Wake | HPx | 2009 25.10 |
| 1 | 36 | Sarena Clarke | Barnet & Dist | 27.76 |
| 2 | 95 | Kathy Lam | Herts Phoenix | 30.22 |
| | 70 | Alicia Tymon-McEwan | St Albans AC | DQ |

Under 20 Women 400 Metres

(b)

| Posn | Num | Name | Club | Perf |
|------|-----|------------|------|------------|
| | CBP | Laura Wake | HPx | 2008 58.51 |

Heat 1

| | | | | |
|---|-----|-----------------|----------------|---------|
| 1 | 124 | Elena Cervi | Stevenage & NH | 60.55 Q |
| 2 | 127 | Daizy Lee | Herts Phoenix | 63.25 Q |
| 3 | 123 | Suzanne Bentley | St Albans AC | 66.09 q |
| 4 | 95 | Kathy Lam | Herts Phoenix | 70.01 |

Heat 2

| | | | | |
|---|-----|---------------|----------------|---------|
| 1 | 128 | Lauren Rule | Stevenage & NH | 62.83 Q |
| 2 | 126 | Melanie Grigg | Herts Phoenix | 65.17 Q |
| 3 | 125 | Sarah Feely | Stevenage & NH | 69.19 q |

Final

| | | | | |
|---|-----|-----------------|----------------|-------|
| 1 | 128 | Lauren Rule | Stevenage & NH | 61.30 |
| 2 | 126 | Melanie Grigg | Herts Phoenix | 61.63 |
| 3 | 127 | Daizy Lee | Herts Phoenix | 61.65 |
| 4 | 124 | Elena Cervi | Stevenage & NH | 61.69 |
| 5 | 123 | Suzanne Bentley | St Albans AC | 62.67 |
| 6 | 125 | Sarah Feely | Stevenage & NH | 70.01 |

Under 20 Women 800 Metres

(a)

| Posn | Num | Name | Club | Perf |
|------|-----|-----------------|----------------|--------------|
| | CBP | Laura Farrar | D&T | 2011 2:19.71 |
| 1 | 149 | Philippa Bailey | St Albans AC | 2.29.59 |
| 2 | 123 | Suzanne Bentley | St Albans AC | 2.34.91 |
| 3 | 125 | Sarah Feely | Stevenage & NH | 2.43.60 |

Under 20 Women 1500 Metres

(b)

| Posn | Num | Name | Club | Perf |
|------|-----|---------------|------------------|--------------|
| | CBP | Laura Farrar | D&T | 2011 4:44.56 |
| 1 | 165 | Chloe Dearman | Watford Harriers | 5.15.20 |

Under 20 Women 60 Metres Hurdles

(a)

| Posn | Num | Name | Club | Perf |
|------|-----|---------------------|--------------|-----------|
| | CBP | Claire Humphries | HPx | 2010 8.81 |
| 1 | 70 | Alicia Tymon-McEwan | St Albans AC | 9.27 |

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Under 20 Women High Jump

(a)

| Posn | Num | Name | Club | Perf | Details | 1.55 | 1.60 | 1.65 |
|------|-----|------------------|-----------------|------|---------|------|------|------|
| | | CBP Moe Sasegbon | SNH | 2010 | 1.75 | | | |
| 1 | 174 | Megan Smith | Dacorum & Tring | 1.60 | | xo | o | xxx |

Under 20 Women Long Jump

(b)

| Posn | Num | Name | Club | Perf | Details | 5.06 | 4.93 | 5.06 | 4.94 | NJ |
|--------------|-----|------------------------|----------------|------|---------|------|------|------|------|------|
| | | CBP Anne Rees | SNH | 2011 | 5.16 | | | | | |
| 1 | 189 | Yasmin Lakin | Shaftesbury BH | 5.06 | 4.93 | 5.06 | 4.94 | | | NJ |
| 2 | 190 | Chloe Rixon | Shaftesbury BH | 4.93 | NJ | 4.85 | 4.93 | | | NJ |
| T38 1 | 61 | Natalie Williams - T38 | Stevenage & NH | 2.65 | 2.57 | 2.65 | 2.45 | | | 2.46 |

Under 20 Women Triple Jump

(a)

| Posn | Num | Name | Club | Perf | Details | 11.32 | 11.36 | 11.61 | 11.58 |
|----------|------------|---------------------|-----------------------|------------------|---------|-------|-------|-------|-------|
| | | CBP Yasmin Lakin | SBH | 2013 | 11.42 | | | | |
| 1 | 189 | Yasmin Lakin | Shaftesbury BH | 11.61 CBP | | 11.32 | 11.36 | 11.61 | 11.58 |

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Under 17 Men 60 Metres

(b)

| Posn | CBP Num | Antonio Infantino Name | E&H Club | 2007 Perf | 7.04 |
|------|---------|------------------------|----------|-----------|------|
|------|---------|------------------------|----------|-----------|------|

Heat 1

| | | | | | |
|---|----|----------------|-----------------|------|---|
| 1 | 14 | Dom Ashwell | Dacorum & Tring | 7.28 | Q |
| 2 | 16 | John Cambridge | St Albans AC | 7.57 | Q |
| 3 | 20 | Sameer Gul | Herts Phoenix | 7.61 | q |
| 4 | 25 | Tobechukwu Obi | Dacorum & Tring | 7.72 | |
| 5 | 13 | Aynesh Akhal | St Albans AC | 7.85 | |
| 6 | 15 | Nathan Burke | Herts Phoenix | 7.87 | |

Heat 2

| | | | | | |
|---|----|---------------|--------------------|------|---|
| 1 | 17 | Eden Davis | Herts Phoenix | 7.38 | Q |
| 2 | 18 | Tayo Fajobi | St Albans Striders | 7.39 | Q |
| 3 | 19 | Robert Green | Herts Phoenix | 7.66 | q |
| 4 | 24 | Josh Moses | Herts Phoenix | 7.67 | q |
| 5 | 22 | Fraser Leigh | Stevenage & NH | 7.79 | |
| 6 | 21 | Aidan Herbaut | Barnet & District | 8.03 | |

Final

manual times

| | | | | | |
|---|----|----------------|--------------------|-----|--|
| 1 | 18 | Tayo Fajobi | St Albans Striders | 7.3 | |
| 2 | 14 | Dom Ashwell | Dacorum & Tring | 7.4 | |
| 3 | 17 | Eden Davis | Herts Phoenix | 7.4 | |
| 4 | 19 | Robert Green | Herts Phoenix | 7.5 | |
| 5 | 16 | John Cambridge | St Albans AC | 7.6 | |
| 6 | 20 | Sameer Gul | Herts Phoenix | 7.6 | |
| 7 | 24 | Josh Moses | Herts Phoenix | 7.7 | |

| | | | | | |
|--------------|----|-----------------|----------------|------|--|
| T20 1 | 59 | Ben Barber -T20 | Stevenage & NH | 8.90 | |
|--------------|----|-----------------|----------------|------|--|

Under 17 Men 200 Metres

(a)

| Posn | CBP Num | Antonio Infantino Name | E&H Club | 2007 Perf | 22.55 |
|------|---------|------------------------|----------|-----------|-------|
|------|---------|------------------------|----------|-----------|-------|

Heat 1

| | | | | | |
|---|----|---------------------|--------------------|-------|---|
| 1 | 88 | Conrad Bobb | Stevenage & NH | 23.57 | Q |
| 2 | 91 | Luke Smith | Herts Phoenix | 23.62 | q |
| 3 | 18 | Tayo Fajobi | St Albans Striders | 23.90 | q |
| 4 | 90 | Christopher Salmons | St Albans AC | 26.53 | |
| 5 | 21 | Aidan Herbaut | Barnet & District | 26.97 | |

Heat 2

| | | | | | |
|---|----|------------------|-----------------|-------|---|
| 1 | 20 | Sameer Gul | Herts Phoenix | 24.29 | Q |
| 2 | 14 | Dom Ashwell | Dacorum & Tring | 24.75 | q |
| 3 | 89 | Bradley Hawthorn | Herts Phoenix | 24.81 | |
| 4 | 24 | Josh Moses | Herts Phoenix | 25.35 | |

Final

| | | | | | |
|---|----|-------------|--------------------|-------|--|
| 1 | 88 | Conrad Bobb | Stevenage & NH | 23.38 | |
| 2 | 91 | Luke Smith | Herts Phoenix | 23.46 | |
| 3 | 18 | Tayo Fajobi | St Albans Striders | 24.19 | |
| | 20 | Sameer Gul | Herts Phoenix | DQ | |
| | 14 | Dom Ashwell | Dacorum & Tring | DNS | |

Under 17 Men 400 Metres

(b)

| Posn | CBP Num | Name | HPx Club | Perf | 2007 | 51.36 |
|------|---------|------|----------|------|------|-------|
|------|---------|------|----------|------|------|-------|

Final

| | | | | | | |
|---|-----|-----------------|-------------------|-------|--|--|
| 1 | 91 | Luke Smith | Herts Phoenix | 54.26 | | |
| 1 | 119 | Albie Langdon | Herts Phoenix | 54.72 | | |
| 3 | 17 | Eden Davis | Herts Phoenix | 55.44 | | |
| 4 | 118 | Mark Cunningham | Barnet & District | 56.54 | | |
| | 120 | Joseph Peppiatt | Barnet & District | DNS | | |

Under 17 Men 800 Metres

(a)

| Posn | CBP Num | Name | HPx Club | Perf | 2012 | 1:58.74 |
|------|---------|------------------|-------------------|---------|------|---------|
| 1 | 118 | Mark Cunningham | Barnet & District | 2.12.75 | | |
| 2 | 120 | Joseph Peppiatt | Barnet & District | 2.13.56 | | |
| 3 | 144 | Robert Bolton | Stevenage & NH | 2.14.97 | | |
| 4 | 145 | Matthew Renphrey | Dacorum & Tring | 2.15.72 | | |

Under 17 Men 1,500 Metres

(b)

| Posn | CBP Num | Name | HPx Club | Perf | 2010 | 4:11.58 |
|------|---------|------------------|-----------------|---------|------|---------|
| 1 | 160 | Jack Davidson | Stevenage & NH | 4.38.51 | | |
| 2 | 161 | Rhys Rowlands | Dacorum & Tring | 4.39.20 | | |
| 3 | 144 | Robert Bolton | Stevenage & NH | 4.39.22 | | |
| 4 | 145 | Matthew Renphrey | Dacorum & Tring | 5.02.69 | | |

Under 17 Men 60 Metres Hurdles

(a)

| Posn | CBP Num | Name | HPx Club | Perf | 2013 | 8.59 |
|----------|-----------|------------------|---------------------------|-------------|------------|------|
| | | Matthew Hall | WatH | | | |
| 1 | 66 | Max Price | Stevenage & NH | 8.48 | CBP | |
| 2 | 19 | Robert Green | Herts Phoenix | 8.96 | | |
| 3 | 13 | Aynesh Akhal | St Albans AC | 9.27 | | |
| 4 | 65 | Alex Harrison | Herts Phoenix | 9.45 | | |

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| Under 17 Men High Jump | | (b) | | | | | | | | | | | | | | | |
|------------------------|------------|----------------------|-----------------------|------|------|-----------------|---------|------|------|------|------|------|------|------|------|------|------|
| Posn | Num | Name | Club | Perf | 2007 | 1.93 | Details | | | | | | | | | | |
| | | | | | | | 1.50 | 1.55 | 1.60 | 1.65 | 1.70 | 1.75 | 1.80 | 1.85 | 1.90 | 1.95 | 2.00 |
| | | CBP Jason Hamilton | D&T | | 2007 | 1.93 | | | | | | | | | | | |
| 1 | 172 | Matthew Lally | Shaftesbury BH | | | 1.95 CBP | | | | | | | o | o | o | xo | xxx |
| 2 | 171 | Nathan Gardner | Stevenage & NH | 1.75 | | | | | | | xo | xo | xxx | | | | |
| 3 | 65 | Alex Harrison | Herts Phoenix | 1.60 | | | xo | o | o | xxx | | | | | | | |

| Under 17 Men Pole Vault | | (b) | | | | | | | | | | | | | | | |
|-------------------------|-----|----------------------|----------------|------|------|------|---------|------|------|------|------|------|------|--|--|--|--|
| Posn | Num | Name | Club | Perf | 2010 | 4.20 | Details | | | | | | | | | | |
| | | | | | | | 2.80 | 2.90 | 3.00 | 3.10 | 3.20 | 3.80 | 4.00 | | | | |
| | | CBP Daniel Gardner | SNH | | 2010 | 4.20 | | | | | | | | | | | |
| 1 | 171 | Nathan Gardner | Stevenage & NH | 3.80 | | | | | | | | xo | xxx | | | | |
| 2 | 181 | Joshua Breaker-Rolfe | Stevenage & NH | 3.10 | | | o | o | o | xxo | xxx | | | | | | |

| Under 17 Men Long Jump | | (a) | | | | | | | | | | | | | | | |
|------------------------|-----------|------------------------|-----------------|------|------|------|---------|------|------|------|------|--|--|--|--|--|--|
| Posn | Num | Name | Club | Perf | 2010 | 6.32 | Details | | | | | | | | | | |
| | | | | | | | 5.96 | 5.96 | 5.79 | NJ | pass | | | | | | |
| | | CBP Courtney Hart | D&T | | 2010 | 6.32 | | | | | | | | | | | |
| 1 | 66 | Max Price | Stevenage & NH | 5.96 | | | 5.96 | 5.79 | NJ | pass | | | | | | | |
| 2 | 188 | James Lonngren-Sampaio | Herts Phoenix | 5.83 | | | 5.82 | NJ | 5.83 | NJ | | | | | | | |
| 3 | 89 | Bradley Hawthorn | Herts Phoenix | 5.68 | | | 5.59 | NJ | 5.37 | 5.68 | | | | | | | |
| 4 | 91 | Luke Smith | Herts Phoenix | 5.36 | | | 5.36 | NJ | NJ | 5.20 | | | | | | | |
| 5 | 15 | Nathan Burke | Herts Phoenix | 4.73 | | | 4.73 | 4.59 | 4.69 | 4.64 | | | | | | | |
| 6 | 90 | Christopher Salmons | St Albans AC | 4.51 | | | 4.39 | 4.20 | 4.51 | 4.12 | | | | | | | |
| 7 | 187 | Oliver Benveniste | Dacorum & Tring | 4.42 | | | NJ | 4.42 | 4.00 | 4.13 | | | | | | | |
| 8 | 26 | Tom Young | St Albans AC | 4.19 | | | 3.72 | 4.19 | 3.87 | 3.81 | | | | | | | |
| T20 1 | 59 | Ben Barber -T20 | Stevenage & NH | 3.62 | | | 2.80 | 3.29 | 3.27 | 3.62 | | | | | | | |

| Under 17 Men Triple Jump | | (b) | | | | | | | | | | | | |
|--------------------------|-----|------------------|---------------|-------|------|-------|---------|-------|-------|-------|-------|--|--|--|
| Posn | Num | Name | Club | Perf | 2010 | 13.04 | Details | | | | | | | |
| | | | | | | | 11.06 | 11.06 | 10.74 | 10.74 | 10.75 | | | |
| | | CBP Bradley Pike | D&T | | 2010 | 13.04 | | | | | | | | |
| 1 | 24 | Josh Moses | Herts Phoenix | 11.06 | | | 11.06 | 10.74 | 10.74 | 10.75 | | | | |

Under 17 Men Shot

| Posn | Num | Name | Club | Perf | Details | | |
|--------------|----------|---------------------|---------------------------|------------------|---------|----------|---------|
| | | CBP Chris Line | D&T | 2009 10.03 | | | |
| | 1 | 66 Max Price | Stevenage & NH | 11.57 CBP | 11.46 | 11.57 NT | 10.94 |
| F37 1 | 196 | Joe Fundrey - F37 | NHDSA | 7.88 | 7.06 | 7.88 | 7.84 NT |

Herts County Indoor Championships - 15/16 March 2014 - Lee Valley

U17 Women 60 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|---------------------|------|------|------|
| | CBP | Charlotte Wingfield | E&H | 2010 | 7.79 |

Heat 1

| | | | | | |
|---|----|-----------------|----------------|------|---|
| 1 | 46 | Hannah Williams | Herts Phoenix | 7.97 | Q |
| 2 | 45 | Sophie Segun | Herts Phoenix | 8.23 | Q |
| 3 | 38 | Ellie Bandy | Herts Phoenix | 8.23 | q |
| 4 | 41 | Lola Costa-Sa | St Albans AC | 8.44 | q |
| 5 | 39 | Rhianna Bates | Stevenage & NH | 8.78 | |

Heat 2

| | | | | | |
|---|----|------------------|------------------|------|---|
| 1 | 47 | Emily Wood | St Albans AC | 8.11 | Q |
| 2 | 42 | Charley Dowsell | St Albans AC | 8.25 | Q |
| 3 | 43 | Ifeoma Fajobi | St Albans AC | 8.48 | q |
| 4 | 44 | Alicia Paternott | Watford Harriers | 8.97 | |

Final

manual times

| | | | | | |
|---|----|-----------------|---------------|-----|--|
| 1 | 46 | Hannah Williams | Herts Phoenix | 7.9 | |
| 2 | 47 | Emily Wood | St Albans AC | 8.1 | |
| 3 | 45 | Sophie Segun | Herts Phoenix | 8.1 | |
| 4 | 42 | Charley Dowsell | St Albans AC | 8.2 | |
| 5 | 38 | Ellie Bandy | Herts Phoenix | 8.3 | |
| 6 | 41 | Lola Costa-Sa | St Albans AC | 8.3 | |
| 7 | 43 | Ifeoma Fajobi | St Albans AC | 8.4 | |

U17 Women 200 Metres

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|----------------|------|------|-------|
| | CBP | Chloe McCarthy | StA | 2013 | 25.39 |

Heat 1

| | | | | | |
|---|----|-----------------|----------------|-------|---|
| 1 | 46 | Hannah Williams | Herts Phoenix | 25.63 | Q |
| 2 | 47 | Emily Wood | St Albans AC | 26.36 | q |
| 3 | 42 | Charley Dowsell | St Albans AC | 27.58 | |
| 4 | 99 | Meghan Porter | Stevenage & NH | 29.08 | |

Heat 2

| | | | | | |
|---|-----|-----------------|----------------|-------|---|
| 1 | 97 | Chloe McCarthy | St Albans AC | 26.04 | Q |
| 2 | 45 | Sophie Segun | Herts Phoenix | 26.76 | q |
| 3 | 98 | Rebecca Pickard | Stevenage & NH | 27.94 | |
| 4 | 100 | Emily Saunders | Stevenage & NH | 28.18 | |

Heat 3

| | | | | | |
|---|-----|---------------|----------------|-------|---|
| 1 | 38 | Ellie Bandy | Herts Phoenix | 27.06 | Q |
| 2 | 96 | Emily Hack | St Albans AC | 27.30 | |
| 3 | 43 | Ifeoma Fajobi | St Albans AC | 27.97 | |
| 4 | 101 | Cara Turner | Stevenage & NH | 29.99 | |

Final

| | | | | | |
|----------|-----------|------------------------|----------------------|--------------|------------|
| 1 | 46 | Hannah Williams | Herts Phoenix | 25.23 | CBP |
| 2 | 97 | Chloe McCarthy | St Albans AC | 25.55 | |
| 3 | 47 | Emily Wood | St Albans AC | 26.00 | |
| 4 | 45 | Sophie Segun | Herts Phoenix | 26.60 | |
| 5 | 38 | Ellie Bandy | Herts Phoenix | 27.09 | |

U17 Women 300 Metres

(b)

event changed from 400m

| Posn | Num | Name | Club | Perf |
|---------------|-----|----------------------|----------------|---------|
| Heat 1 | | | | |
| | 1 | 97 Chloe McCarthy | St Albans AC | 42.52 Q |
| | 2 | 133 Amber Meakins | Herts Phoenix | 45.59 Q |
| | 3 | 73 Bethany Harley | Stevenage & NH | 45.66 q |
| | 4 | 129 Erin Breen | Herts Phoenix | 48.05 |
| | 5 | 131 Charlotte Garcia | unattached | 48.06 |
| Heat 2 | | | | |
| | 1 | 96 Emily Hack | St Albans AC | 42.77 Q |
| | 2 | 98 Rebecca Pickard | Stevenage & NH | 43.78 Q |
| | 3 | 99 Meghan Porter | Stevenage & NH | 47.04 q |
| | 4 | 130 Melissa Doran | Stevenage & NH | DNF |
| Final | | | | |
| | 1 | 97 Chloe McCarthy | St Albans AC | 40.76 |
| | 2 | 96 Emily Hack | St Albans AC | 42.48 |
| | 3 | 98 Rebecca Pickard | Stevenage & NH | 43.80 |
| | 4 | 133 Amber Meakins | Herts Phoenix | 45.30 |
| | 5 | 73 Bethany Harley | Stevenage & NH | 47.37 |
| | 6 | 99 Meghan Porter | Stevenage & NH | 47.39 |

U17 Women 800 Metres

(a)

CBP Catherine Mackintosh StA 2010 2:27.67

| Posn | Num | Name | Club | Perf |
|------|-----|------|------|------|
|------|-----|------|------|------|

Final

| | | | | | |
|--|----------|------------------------------|------------------|----------------|------------|
| | 1 | 152 Marella Whitfield | Harrow AC | 2.19.17 | CBP |
| | 2 | 150 Laura Edwards | St Albans AC | 2.30.68 | |
| | | 151 Jessica Edwards | St Albans AC | DQ | |

U17 Women 1,500 Metres

(b)

CBP Laura Farrar StA 2010 4:58.75

| Posn | Num | Name | Club | Perf |
|------|-----|------|------|------|
|------|-----|------|------|------|

Final

| | | | | |
|--|---|---------------------|----------------|---------|
| | 1 | 150 Laura Edwards | St Albans AC | 5.12.99 |
| | 2 | 151 Jessica Edwards | St Albans AC | 5.36.17 |
| | 3 | 166 Lisa Barber | Stevenage & NH | 5.46.86 |

U17 Women 60 Metres Hurdles

(a)

CBP Alicia Tymon-McEwan StA 2012 8.80

| Posn | Num | Name | Club | Perf |
|------|-----|------|------|------|
|------|-----|------|------|------|

| | | | | |
|--|---|---------------------|------------------|-------|
| | 1 | 75 Alice Semark | Herts Phoenix | 9.55 |
| | 2 | 74 Fiona McQuire | Dacorum & Tring | 9.68 |
| | 3 | 71 Hannah Dark | St Albans AC | 9.73 |
| | 4 | 73 Bethany Harley | Stevenage & NH | 10.05 |
| | 5 | 72 Lola Downes | Shaftesbury BH | 10.07 |
| | 6 | 44 Alicia Paternott | Watford Harriers | 10.32 |

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U17 Women High Jump

(a)

| Posn | Num | Name | Club | Perf | Details | 1.35 | 1.40 | 1.45 | 1.50 |
|------|-----|----------------|----------------|------|---------|------|------|------|------|
| | CBP | Jenna Hoyte | HPx | 2013 | 1.63 | | | | |
| 1 | 73 | Bethany Harley | Stevenage & NH | 1.45 | | o | o | o | xxx |
| 2 | 175 | Emily Westcott | St Albans AC | 1.40 | | | o | xxx | |

U17 Women Pole Vault

(a)

| Posn | Num | Name | Club | Perf | Details | 2.30 | 2.40 | 2.50 | 2.60 | 2.70 | 2.80 | 2.90 |
|------|-----|------------|---------------|------|---------|------|------|------|------|------|------|------|
| | CBP | Anne Rees | SNH | 2009 | 3.00 | | | | | | | |
| 1 | 129 | Erin Breen | Herts Phoenix | 2.80 | | o | o | xo | o | o | o | xxx |

U17 Women Long Jump

(b)

| Posn | Num | Name | Club | Perf | Details | | | | |
|------|-----|------------------|-----------------|------|---------|------|------|------|------|
| | CBP | Katie Caulfield | HPx | 2008 | 5.52 | | | | |
| 1 | 192 | Sally Cowler | Herts Phoenix | 4.91 | | 4.91 | 4.67 | 4.78 | 4.79 |
| 2 | 74 | Fiona McQuire | Dacorum & Tring | 4.70 | | NJ | 4.61 | 4.58 | 4.70 |
| 3 | 191 | Catherine Brooks | St Albans AC | 4.64 | | 3.92 | 4.64 | 4.34 | 4.21 |
| 4 | 130 | Melissa Doran | Stevenage & NH | 4.18 | | 4.18 | 4.06 | 4.10 | 4.10 |

U17 Women Triple Jump

(a)

| Posn | Num | Name | Club | Perf | Details | | | | |
|------|-----|------------------|-----------------|-------|---------|------|-------|------|-------|
| | CBP | Yasmin Lakin | WAT | 2012 | 11.14 | | | | |
| 1 | 74 | Fiona McQuire | Dacorum & Tring | 10.14 | | 9.84 | 10.05 | 9.97 | 10.14 |
| 2 | 191 | Catherine Brooks | St Albans AC | 9.75 | | 9.49 | 9.75 | 9.46 | NJ |

U17 Women Shot

(b)

| Posn | Num | Name | Club | Perf | Details | | | | |
|------|-----|------------------|-----------------|------|---------|------|------|------|------|
| | CBP | Charlotte Rose | E&H | 2007 | 10.17 | | | | |
| 1 | 74 | Fiona McQuire | Dacorum & Tring | 9.35 | | 8.89 | 9.32 | 9.35 | 9.08 |
| 2 | 191 | Catherine Brooks | St Albans AC | 8.34 | | 8.05 | 6.23 | 8.34 | 8.08 |
| 3 | 73 | Bethany Harley | Stevenage & NH | 7.03 | | 5.69 | 6.96 | 6.72 | 7.03 |

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| Under 15 Boys 60 Metres | | (b) | | | |
|--------------------------------|-----------|---------------------|----------------------------|-------------|------------|
| Posn | Num | Name | Club | Perf | |
| | CBP | Michael Forde | E&H | 2012 | 7.35 |
| 1 | 32 | Uchenna Okoh | Dacorum & Tring | 7.32 | CBP |
| 2 | 27 | Ben Collins | Dacorum & Tring | 7.61 | |
| 3 | 31 | Luke Humbles | St Albans AC | 7.83 | |
| 4 | 30 | Will Hodge | Herts Phoenix | 8.25 | |
| 5 | 28 | Benjamin Conway | Barnet & District | 9.01 | |

| Under 15 Boys 200 Metres | | (a) | | | |
|---------------------------------|-----------|---------------------|----------------------------|--------------|------------|
| Posn | Num | Name | Club | Perf | |
| | CBP | Kim Sobotie | SNH | 2011 | 24.20 |
| 1 | 32 | Uchenna Okoh | Dacorum & Tring | 23.78 | CBP |
| 2 | 92 | Chuba Mezue | HAWCS | 25.49 | |
| 3 | 29 | Nicholas Harrison | Stevenage & NH | 25.74 | |
| 4 | 28 | Benjamin Conway | Barnet & District | DQ | |

| Under 15 Boys 300 Metres | | (b) | | | |
|---------------------------------|-----------|---------------------|----------------------------|--------------|------------|
| Posn | Num | Name | Club | Perf | |
| | CBP | Zed Loaker | SNH | 2013 | 41.49 |
| 1 | 32 | Uchenna Okoh | Dacorum & Tring | 37.66 | CBP |

| Under 15 Boys 800 Metres | | (a) | | | |
|---------------------------------|-----|-------------|-----------------|---------|---------|
| Posn | Num | Name | Club | Perf | |
| | CBP | Liam Dee | HPx | 2010 | 2:05.34 |
| 1 | 148 | Adam Shiret | Shaftesbury BH | 2.14.54 | |
| 2 | 146 | Thomas Doré | Dacorum & Tring | 2.22.58 | |
| 3 | 147 | Rufus Kent | Shaftesbury BH | 2.24.09 | |

| Under 15 Boys 1,500 Metres | | (b) | | | |
|-----------------------------------|-----|----------------------|-----------------|---------|---------|
| Posn | Num | Name | Club | Perf | |
| | CBP | Jamie Dee | HPx | 2012 | 4:13.51 |
| 1 | 164 | Joshua Van Heiningen | Dacorum & Tring | 4.43.01 | |
| 2 | 163 | Adam Mason | Stevenage & NH | 5.01.90 | |
| 3 | 162 | Elliot Breen | Herts Phoenix | 5.11.54 | |

| Under 15 Boys 60 Metres Hurdles | | (a) | | | |
|--|-----|-------------------|--------------------|-------|------|
| Posn | Num | Name | Club | Perf | |
| | CBP | Max Price | SNH | 2013 | 8.46 |
| 1 | 29 | Nicholas Harrison | Stevenage & NH | 9.95 | |
| 2 | 67 | Kit Kerr | Stevenage & NH | 10.32 | |
| 3 | 62 | Ben Shearsby | Enfield & Haringey | 10.71 | |

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| Under 15 Boys High Jump | | (b) | | | | | | |
|--------------------------------|-----------|----------|----------------|------|---------|------|------|------|
| CBP | Max Price | SNH | 2013 1.9 | | | | | |
| Posn | Num | Name | Club | Perf | Details | 1.20 | 1.25 | 1.30 |
| 1 | 67 | Kit Kerr | Stevenage & NH | 1.25 | | o | o | xxx |

| Under 15 Boys Pole Vault | | (b) | | | | | | | | | | | | | | | | | | | |
|---------------------------------|----------------|----------------------|----------------------------|-------------|------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| CBP | Daniel Gardner | SNH | 2008 3.20 | | | | | | | | | | | | | | | | | | |
| Posn | Num | Name | Club | Perf | Details | 1.85 | 2.00 | 2.10 | 2.20 | 2.30 | 2.40 | 2.50 | 2.60 | 2.70 | 2.80 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | 3.40 |
| 1 | 182 | Michael Fryer | Dacorum & Tring | 3.30 | CBP | | | | | | | | | | o | o | o | XO | XO | XXO | XXX |
| 2 | 33 | Michael Stocker | Stevenage & NH | 3.00 | | | | | | | | | o | o | o | o | o | XXX | | | |
| 3 | 173 | Mathew Spicer | Stevenage & NH | 2.50 | | | | xo | o | xxo | xxo | xxx | | | | | | | | | |
| 4 | 162 | Elliot Breen | Herts Phoenix | 2.10 | | o | o | xxo | xxx | | | | | | | | | | | | |

| Under 15 Boys Long Jump | | (a) | | | |
|--------------------------------|---------------|-------------------|----------------|------|---------------------|
| CBP | Robert Gayler | SBH | 2008 6.23 | | |
| Posn | Num | Name | Club | Perf | Details |
| 1 | 30 | Will Hodge | Herts Phoenix | 4.91 | 4.91 4.45 4.79 4.46 |
| 2 | 29 | Nicholas Harrison | Stevenage & NH | 4.90 | 4.90 4.55 4.69 4.74 |
| 3 | 67 | Kit Kerr | Stevenage & NH | 4.74 | 4.74 4.55 4.36 4.27 |

Herts County Indoor Championships - 15/16 March 2014 - Lee Valley

U15 Girls 60 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|-------|-----|--------------------|--------------------|------|------|
| | CBP | Jodie Williams | HPx | 2008 | 7.77 |
| Final | | | | | |
| 1 | 48 | Melieka Daley | Enfield & Haringey | 8.26 | |
| 2 | 52 | Remi Jessop | Watford Harriers | 8.43 | |
| 3 | 56 | Ella Wansell | HAWCS | 8.75 | |
| 4 | 49 | May De Maeijer | St Albans AC | 8.80 | |
| 5 | 55 | Trisha Veerabudren | St Albans AC | 8.88 | |

U15 Girls 200 Metres

(a)

| Posn | Num | Name | Club | Perf | |
|--------|-----|---------------------|--------------------|-------|-------|
| | CBP | Charlotte Wingfield | BAR | 2009 | 26.07 |
| Heat 1 | | | | | |
| 1 | 52 | Remi Jessop | Watford Harriers | 27.65 | Q |
| 2 | 102 | Tae Gordon-Jackson | St Albans AC | 28.37 | Q |
| 3 | 104 | Louise Reilly | Herts Phoenix | 28.93 | q |
| 4 | 80 | Ailsa Lawrence | Enfield & Haringey | DQ | |
| Heat 2 | | | | | |
| 1 | 105 | Imogen Walker | Herts Phoenix | 28.90 | Q |
| 2 | 56 | Ella Wansell | HAWCS | 29.76 | Q |
| 3 | 103 | Erin Oliver | Stevenage & NH | 31.33 | q |
| Final | | | | | |
| 1 | 52 | Remi Jessop | Watford Harriers | 27.72 | |
| 2 | 102 | Tae Gordon-Jackson | St Albans AC | 28.31 | |
| 3 | 105 | Imogen Walker | Herts Phoenix | 28.76 | |
| 4 | 56 | Ella Wansell | HAWCS | 28.95 | |
| 5 | 104 | Louise Reilly | Herts Phoenix | 28.99 | |
| 6 | 103 | Erin Oliver | Stevenage & NH | 31.70 | |

U15 Girls 300 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|----------|------------|------------------------|----------------------|--------------|-----------------|
| | CBP | Imogen Walker | HPx | 2013 | 47.9 |
| Heat 1 | | | | | |
| | | | | | manual in heats |
| 1 | 105 | Imogen Walker | Herts Phoenix | 45.7 | Q CBP |
| 2 | 110 | Jazmin Woolcott | Harrow AC | 46.5 | Q |
| 3 | 106 | Emily Baxter | Chiltern H | 49.6 | q |
| 4 | 108 | Tilly Sutherland-Young | Shaftesbury BH | 50.1 | |
| Heat 2 | | | | | |
| 1 | 50 | Megan Fielding | Herts Phoenix | 45.3 | Q |
| 2 | 109 | Laurette Wenborn | Dacorum & Tring | 45.5 | Q |
| 3 | 107 | Abi Jones | Chiltern H | 47.9 | q |
| Final | | | | | |
| 1 | 50 | Megan Fielding | Herts Phoenix | 45.20 | CBP |
| 2 | 105 | Imogen Walker | Herts Phoenix | 45.67 | |
| 3 | 109 | Laurette Wenborn | Dacorum & Tring | 46.57 | |
| 4 | 107 | Abi Jones | Chiltern H | 46.94 | |
| 5 | 110 | Jazmin Woolcott | Harrow AC | 47.25 | |
| 6 | 106 | Emily Baxter | Chiltern H | 49.57 | |

U15 Girls 800 Metres

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|-----------------------|-----------------|---------|---------|
| | CBP | Kiera Mooney | CONAC | 2009 | 2:20.16 |
| 1 | 157 | Georgia McKenzie | Herts Phoenix | 2.25.18 | |
| 2 | 156 | Charlotte Kasperowicz | Stevenage & NH | 2.35.13 | |
| 3 | 154 | Molly Astill | Stevenage & NH | 2.37.15 | |
| 4 | 153 | Isabelle Amos | Dacorum & Tring | 2.40.86 | |
| 5 | 103 | Erin Oliver | Stevenage & NH | 2.48.56 | |

U15 Girls 1,500 Metres

(b)

| Posn | Num | Name | Club | Perf | |
|------|-----|----------------|-----------------|---------|---------|
| | CBP | Laura Farrar | StA | 2008 | 5:09.22 |
| 1 | 167 | Grace Birdseye | Dacorum & Tring | 5.39.34 | |
| 2 | 168 | Emma Bolton | Stevenage & NH | 6.16.24 | |

U15 Girls 60 Metres Hurdles

(a)

| Posn | Num | Name | Club | Perf | |
|------|-----|-----------------|--------------------|-------|------|
| | CBP | Natalie Allen | HPx | 2010 | 9.20 |
| 1 | 82 | Nicole Parcell | HAWCS | 9.44 | |
| 2 | 79 | Sophie Julian | Herts Phoenix | 10.23 | |
| 3 | 78 | Grace Gentry | HAWCS | 10.23 | |
| 4 | 80 | Ailsa Lawrence | Enfield & Haringey | 10.30 | |
| 5 | 77 | Lauren Croucher | St Albans AC | 11.08 | |
| 6 | 83 | Shona Pybus | Stevenage & NH | 11.15 | |
| | | 81 Alisha Levy | Stevenage & NH | DQ | |

U15 Girls Shot

| Posn | Num | Name | Club | Perf | 2013 | 10.71 | Details | | |
|----------|-----------|-----------------------|----------------|--------------|------------|-------|---------|-------|------|
| | CBP | Nicole Parcell | HPx | | | | | | |
| 1 | 82 | Nicole Parcell | HAWCS | 10.86 | CBP | 9.557 | 10.86 | 10.19 | NT |
| 2 | 81 | Alisha Levy | Stevenage & NH | 9.42 | | 9.39 | 9.31 | 9.13 | 9.42 |
| 3 | 107 | Abi Jones | Chiltern H | 8.72 | | 7.64 | 8.53 | 7.84 | 8.72 |
| 4 | 83 | Shona Pybus | Stevenage & NH | 8.25 | | 8.25 | 8.22 | 7.36 | 7.81 |
| 5 | 198 | Amelia Royce | Stevenage & NH | 7.92 | | 7.19 | 7.18 | 6.82 | 7.92 |
| 6 | 106 | Emily Baxter | Chiltern H | 6.54 | | 6.54 | 6.17 | NT | NT |