

2013 HERTS COUNTY TRACK AND FIELD RANKING LISTS

Under 17 Women

100 Metres

12.2	Chloe McCarthy	StA
12.4	Hannah Williams	HPx
12.6	Page Fairclough	SNH
12.9	Ellie Bandy	HPx
12.9	Daizy Lee	HPx
13.0	Sally Cowler	HPx
13.1	Lauren Rule	SNH
13.1	Tilly Anderson	HPx
13.2	Holly Seglah	StA
13.2	Sarena Clarke	Bar
13.2	Adunni Braithwaite	HPx
13.6	Elena Cervi	SNH
13.7	Robyn Khan	D&T
13.7	Meghan Carolan	SNH
13.7	Charlotte Gleave	SNH
13.7	Katy Mawhinney	HPx
13.9	Phoebe Love	HPx
13.91	Alessandra Stevens	SNH
13.97	Fiona McQuire	D&T
14.0	Meghan Porter	SNH
14.1	Ellie Welsh	Bar
14.1	Amber Meakins	HPx
14.2	Sarah Feely	SNH
14.2	Megan Breen	HPx
14.2	Ella Gordon	WatH
14.3	Paige Smith	WatH
14.5	Alissa Bamford	D&T
14.5	Courtney Hill	D&T

200 Metres

25.05	Hannah Williams	HPx
25.11	Chloe McCarthy	StA
26.2	Daizy Lee	HPx
26.4	Page Fairclough	SNH
26.5	Tilly Anderson	HPx
26.58	Lauren Rule	SNH
26.6	Ellie Bandy	HPx
26.61	Holly Seglah	StA
26.7	Emma Clarke	StA
26.98	Sally Cowler	HPx
27.50	Suzanne Bentley	StA
27.7	Robyn Khan	D&T
27.7	Sarena Clarke	Bar
27.79	Millie Sandell	HPx
27.92	Elena Cervi	SNH
28.1	Rebecca Pickard	SNH
28.18	Meghan Carolan	SNH
28.19	Melissa Doran	SNH
28.2	Charlotte Gleave	SNH
28.4	Phoebe Love	HPx
28.5	Fiona McQuire	D&T
28.6	Alessandra Stevens	SNH
28.7	Katy Mawhinney	HPx
28.7	Maddy Twynning	HPx
28.9	Meghan Porter	SNH
29.24	Megan Breen	HPx
29.5	Sarah Feely	SNH

300 Metres

40.3	Chloe McCarthy	StA
41.47	Daizy Lee	HPx
42.0	Emma Clarke	StA
42.8	Lauren Rule	SNH
43.1	Ellie Bandy	HPx
43.6	Suzanne Bentley	StA
44.3	Sophie Keeble	SNH
44.7	Elena Cervi	SNH
45.1	Tara Proctor	HPx
45.1	Phoebe Love	HPx
45.9	Megan Breen	HPx
46.1	Melissa Doran	SNH
46.1	Alessandra Stevens	SNH
46.44	Sally Cowler	HPx
46.8	Charlotte Gleave	SNH
47.2	Meghan Carolan	SNH
47.38	Sarah Feely	SNH
47.5	Paige Smith	WatH

47.6	Meghan Porter	SNH
48.3	India Chadwick	D&T
49.8	Emily Kiernan	D&T
50.4	Chloe Dearman	WatH
50.5	Victoria Leeman	D&T

400 Metres

59.35	Daizy Lee	HPx
60.27	Lauren Rule	SNH
64.27	Melissa Doran	SNH
64.39	Elena Cervi	SNH
64.5	Alessandra Stevens	SNH
65.0	Rebecca Pickard	SNH
66.6	Megan Vreen	HPx
67.4	Amber Meakins	HPx
67.8	Robyn Khan	D&T
68.1	Sarah Feely	SNH
68.2	Page Fairclough	SNH
67.6	Chloed Dearman	WatH
68.5	Paige Smith	WatH
74.27	Louise Hall	WatH

800 Metres

2:07.59	Ellie Baker	HPx
2:21.58	Hannah Morton	Chil
2:21.83	Laura Edwards	StA
2:26.0	Florence Stansall-Seiler	HPx
2:26.1	Naomi Baker	StA
2:27.56	Pippa Bailey	StA
2:27.88	Rachel Parlour	StA
2:29.92	Alicia Found	HPx
2:30.1	Melissa Doran	SNH
2:31.0	Lizzie Parry	HPx
2:31.7	Isabel Found	HPx
2:32.82	Chloe Dearman	WatH
2:33.65	Megan Breen	HPx
2:34.03	India Chadwick	D&T
2:34.1	Phoebe Smith	D&T
2:35.8	Rebecca Pickard	SNH
2:36.1	Freya Nobbs	SNH
2:38.99	Sally Cowler	HPx
2:40.6	Fiona McQuire	D&T
2:40.7	Sarah Feely	SNH
2:41.2	Pamela Baxter	D&T
2:47.1	Louise Temple	SNH
2:47.4	Tara Proctor	HPx
2:58.7	Meghan Porter	SNH
3:00.2	Phoebe Woolcott	SNH

1500 Metres

4:25.23	Ellie Baker	HPx
4:58.82	Hannah Morton	Chil
5:03.22	Laura Edwards	StA
5:08.16	Rachel Parlour	StA
5:11.52	Chloe Dearman	WatH
5:12.6	Phoebe Smith	D&T
5:13.25	Claire Baxter	Chil
5:14.55	Isabel Found	HPx
5:17.87	Florence Stansell-Seiler	HPx
5:23.4	Sophie Parker	Bar
5:24.8	Alicia Found	HPx
5:26.3	India Chadwick	D&T
5:32.3	Lizzie Parry	HPx
5:38.41	Megan Breen	HPx
5:54.2	Freya Nobbs	SNH
5:54.76	Sarah Feely	SNH
6:03.8	Niamh Cloona	HPx
6:15.7	Phoebe Love	HPx
6:18.29	Martha Huggins	SNH
6:28.0	Rebecca Pickard	SNH
6:56.7	Emily Wright	SNH
7:42.5	Ellie Bandy	HPx

3000 Metres

10:27.6	Hannah Morton	Chil
11:07.5	Rachel Palour	StA
11:22.13	Chloe Dearman	WatH
11:54.4	Claire Baxter	Chil

12:46.9	Lizzie Parry	HPx
13:49.6	Megan Breen	HPx
14:00.0	Freya Nobbs	SNH

80m Hurdles

12.29	Sally Cowler	HPx
12.3	Suzanne Bentley	StA
12.5	Hannah Dark	StA
12.56	Fiona McQuire	D&T
12.7	Laura Nofer	StA
12.9	Jenna Hoyte	HPx
13.13	Rebecca Pickard	SNH
13.5	Joetta James	StA
13.5	Phoebe Love	HPx
13.6	Holly Seglah	StA
13.6	Pamela Baxter	D&T
13.7	Gemma Haines	StA
13.7	Alissa Bamford	D&T
13.8	Melissa Doran	SNH
14.0	Courtney Hill	D&T
14.4	Sophie Pyle	SNH
14.5	Martha Huggins	SNH
15.0	Megan Breen	HPx
15.8	Meghan Carolan	SNH
16.2	Charlotte Bott	SNH
16.2	Louise Hall	WatH

100m Hurdles

16.9	Jenna Hoyte	HPx
19.45	Rebecca Pickard	SNH
19.5	Melissa Doran	SNH
21.7	Charlotte Bott	SNH
22.1	Emily Wright	SNH

300m Hurdles

46.98	Suzanne Bentley	StA
49.34	Megan Breen	HPx
50.1	Fiona McQuire	D&T
50.5	Alisa McKie	StA

400m Hurdles

69.79	Melissa Doran	SNH
70.5	Rebecca Pickard	SNH
71.0	Suzanne Bentley	WatH
73.29	Megan Breen	HPx
77.47	Maddy Twynning	HPx
89.9	Sarah Feely	SNH
94.5	Rebecca Stracey	Bar

1500m Steeplechase

5:43.9	Claire Baxter	Chil
5:45.09	Melissa Doran	SNH
6:54.6	Emily Wright	SNH
7:02.59	Sarah Feely	SNH

2000m Steeplechase

8:26.5	Florence Stansall-Seiler	HPx
8:57.1	Megan Breen	HPx
9:40.49	Ella Lloyd	HPx
10:08.8	Sarah Feely	SNH

High Jump

1.62	Jenna Hoyte	HPx
1.54	Rebecca Pickard	SNH
1.54	Sally Cowler	HPx
1.53	Pamela Baxter	D&T
1.50	Fiona McQuire	D&T
1.45	Victoria Leeman	D&T
1.45	Martha Huggins	SNH
1.45	Kate Wright	SNH
1.45	Hannah Morton	Chil
1.40	Meghan Carolan	SNH
1.38	Melissa Doran	SNH
1.35	Ellie Welsh	Bar
1.35	Emma Chambers	HPx
1.35	Sophie Pyle	SNH
1.35	Kate Mawhinney	HPx

Pole Vault

2.90	Martha Huggins	SNH
2.70	Erin Breen	HPx
2.00	Sophie Pyle	SNH
2.00	Imogen Walker	HPx

Long Jump

5.07	Olive Curran	Bar
5.06	Sally Cowler	HPx
4.98	Tilly Anderson	HPx
4.95	Daizy Lee	HPx
4.88	Catherine Brooks	StA
4.83	Siobhan Rapacchi	SNH
4.82	Fiona McQuire	D&T
4.74	Holly Seglah	StA
4.74	Pamela Baxter	D&T
4.66	Emma Clarke	StA
4.60	Elena Cervi	SNH
4.46	Melissa Doran	SNH
4.31	Martha Huggins	SNH
4.29	Courtney Hill	D&T
4.19	Sophie Pyle	SNH
3.99	Charlotte Bott	SNH
3.83	Maddy Twynning	HPx
3.72	Sarena Clarke	Bar
3.69	Emily Wright	SNH
3.69	Louise Temple	SNH
3.47	Georgia Willan	HPx
3.44	Paige Smith	WatH
3.17	Rebecca Stracey	Bar
2.90	Louise Hall	WatH
2.70	Charlotte Fuller	WatH

Triple Jump

10.85	Catherine Brooks	StA
10.56	Ollive Curran	Bar
10.51	Fiona McQuire	D&T
10.10	Martha Huggins	SNH
9.77	Daizy Lee	HPx
9.72	Esther Akwaji	Bar
9.55	Rebecca Pickard	SNH
9.28	Sally Cowler	HPx
9.03	Kate Wright	SNH
8.87	Lauren Rule	SNH
8.78	Melissa Doran	SNH
8.61	Maddy Twynning	HPx
8.53	Sophie Pyle	SNH
8.04	India Chadwick	D&T
7.41	Florence Stansall-Seiler	HPx
7.23	Laine Sanchez	WatH
6.62	Meghan Porter	SNH

Shot

9.22	Alice Townend	StA
9.07	Fiona McQuire	D&T
8.86	Emma Phillipson	HPx
8.57	Caterinbe Brooks	StA
8.51	Sophie Machen	StA
8.29	Emily Kiernan	D&T
8.28	Robyn Khan	D&T
7.70	Suzanne Bentley	StA
7.69	Sally Cowler	HPx
7.64	Millie Sandell	HPx
7.49	Jenna Hoyte	HPx
7.08	Siobhan Rapacchi	SNH
6.84	Eleanor Moss	HPx
6.70	Caitln Filby	D&T
6.67	Rebecca Pickard	SNH
6.56	Charlotte Gleave	SNH
6.50	Lucy Cunningham	HPx
6.44	Alessandra Stevens	SNH
6.01	Ellie Bandy	HPx
5.99	Sophie Cook	SNH
5.85	Phoebe Love	HPx
5.16	Louise Hall	WatH
5.14	Heather Kirby	WatH

Discus

32.67	Fiona McQuire	D&T
30.51	Emma Phillipson	HPx
30.46	Kelly Wright	StA
30.34	Sophie Macken	StA

27.08	Alice Townend	StA
25.91	Caitlin Filby	D&T
24.66	Siobhan Raoacchi	SNH
23.03	Emily Kiernan	D&T
21.39	Claire Baxter	Chil
20.67	Millie Sabbell	HPx
20.65	Lucy Cunningham	HPx
18.69	Melissa Doran	SNH
17.93	Eleanor Moss	HPx
15.48	Megan Breen	HPx
15.22	Sophie Cook	SNH
15.18	Heather Kirby	WatH
13.14	Amber Meakins	HPx
12.81	Chloe Dearman	WatH
12.62	Charlotte Bott	SNH
12.40	Kirsty Bateman Foley	SNH
11.05	Maddy Twynning	HPx

Hammer

34.09	Alessandra Stevens	SNH
29.16	Millie Sandell	HPx
25.27	Alice Towend	StA
23.80	Emily Filby	D&T
22.17	Sophie Macken	StA
21.56	Lucy Cunningham	HPx
21.35	Caitlin Filby	D&T
18.15	Emma Phillipson	HPx
15.55	Chloe Dearman	WatH
15.32	Melissa Doran	SNH
14.15	Megan Breen	HPx
13.37	Sophie Cook	SNH
9.14	Louise Hall	WatH

Javelin

31.70	Kirsty Bateman Foley	SNH
30.41	Eleanor Moss	HPx
29.84	Siobhan Rapacchi	SNH
27.25	Courtney Hill	D&T

27.06	Harley O'Connor	D&T
26.23	Suzanne Bentley	StA
25.33	Fiona McQuire	D&T
23.70	Laura Nofer	StA
20.10	Sally Cowler	HPx
19.80	Phoebe Smith	D&T
16.50	Rebecca Pickard	SNH
16.32	Melissa Doran	SNH
16.01	Olive Curran	Bar
12.99	Emma Phillipson	HPx
12.48	Sophie Cook	SNH
12.20	Megan Breen	HPx
11.32	Daizy Lee	HPx
10.58	Louise Temple	SNH
9.55	Louise Hall	WatH
9.19	Charlotte Fuller	WatH
8.01	Heather Kirby`	WatH
7.87	Isabel Found	HPx
6.12	Tara Proctor	HPx
4.96	Kate Mawhinney	HPx

Heptathlon

3855	Sally Cowler	HPx
3514	Fiona McQuire	D&T
3389	Suzanne Bentley	StA
3341	Rebecca Pickard	SNH

4x100m Relay

52.5	Herts Phoenix
55.3	Dacorum & Tring
59.1	Watford Harriers

4x300m Relay

3:04.1	Herts Phoenix
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4x400m Relay

4:23.89	Herts Phoenix
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