

Hertfordshire County Championships  
Watford - 12 and 13 May 2012  
U17 Women Track (Day 2 except 1500m)

**100 Metres**

**CBP Jodie Williams HPx 11.93 2010**

Posn	Num	Name	Club	Perf
<b>Final</b>		w/s -0.3		
1	74	Laura Clark	D&T	<b>13.01</b>
2	76	Sophie Keeble	SNH	<b>13.13</b>
3	73	Adunni Braithwaite	HPx	<b>13.13</b>
4	75	Sarena Clarke	Bar	<b>13.67</b>
5	83	Ellie Welsh	Bar	<b>13.78</b>

**200 Metres**

**CBP Jodie Williams HPx 23.5 2009**

Posn	Num	Name	Club	Perf
<b>Final</b>		w/s nwi		
1	81	Holly Seglah	StA	<b>26.30</b>
2	76	Sophie Keeble	SNH	<b>26.56</b>
3	74	Laura Clark	D&T	<b>26.57</b>
4	80	Natashia Hadley	HPx	<b>26.89</b>
5	73	Adunni Braithwaite	HPx	<b>27.59</b>
6	75	Sarena Clarke	Bar	<b>27.68</b>
7	83	Ellie Welsh	Bar	<b>28.20</b>
8	78	Megan Breen	HPx	<b>28.70</b>

**400 Metres**

**CBP Phillipa Lowe Harr 59.10 2008**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	131	Elena Cervi	SNH	<b>62.18</b>
2	230	Hetty Rudman	Bar	<b>63.80</b>

**800 Metres**

**CBP Mary Sonner WatH 2:08.8 1970**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	139	Natalie Connor	SBH	<b>2:18.97</b>
2	108	Philippa Bailey	StA	<b>2:24.45</b>
3	229	Emily Ruane	HPx	<b>2:27.61</b>
4	156	Alicia Found	HPx	<b>2:38.36</b>
5	153	Sarah Feely	SNH	<b>2:47.97</b>

**1500 Metres (Day 1)**

**CBP Laura Wight SNH 4:35.2 1980**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	131	Natalie Connor	SBH	<b>4:46.41</b>
2	159	Elizabeth Parry	HPx	<b>5:07.45</b>
3	174	Hannah Wardley	Chil	<b>5:24.20</b>
4	142	Isabel Found	HPx	<b>5:24.62</b>
5	151	Janie Latchford	SNH	<b>5:29.03</b>

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**80 Metres Hurdles**

**CBP Stephanie Gaynor HPx 11.61 2007**

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
<b>Final</b>		w/s +1.3		
1	115	Suzanne Bentley	StA	<b>12.61</b>
2	207	Laura Nofer	StA	<b>12.90</b>

**300 Metres Hurdles**

**CBP Christina Silva HPx 46.0 2004**

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
<b>Final</b>				
1	79	Melanie Grigg	HPx	<b>46.07</b>
2	199	Rebecca Miles	Hill	<b>47.44</b>
3	115	Suzanne Bentley	StA	<b>48.12</b>
4	78	Megan Breen	HPx	<b>52.38</b>
5	222	Shannon Rapacchi	SNH	<b>56.87</b>

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**High Jump**

**CBP Samantha Adamson H&W 1.70m 1998**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	236	Megan Smith	D&T	1.55
2	258	Kate Wright	SNH	1.40
3	83	Ellie Welsh	Bar	1.35
4	207	Laura Nofer	StA	1.35

**Pole Vault**

**CBP Ann Rees SNH 3.20m 2009**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	222	Shannon Rapacchi	SNH	2.20

**Long Jump** No Wind Readings

**CBP Katie Caulfield HPx 5.70m 2009**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	227	Chloe Rixon	Wat	5.00
2	131	Elena Cervi	SNH	4.79

**Triple Jump** No wind readings

**CBP Kosnatu Abdulai SNH 11.10m 2001**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	179	Yasmin Lakin	SBH	11.35 CBP
2	227	Chloe Rixon	Wat	9.86
3	215	Kara Peck	HPx	9.27

**Shot**

**CBP Shelley McLellan SNH 11.92m 1999**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	188	Sophie Macken	StA	7.96

**Discus**

**CBP Andrea Hibbert Wat 40.28m 1992**

Posn	Num	Name	Club	Perf
<b>Final</b>				
1	210	Kim Osuji	Harr	32.67
2	216	Emma Phillipson	HPx	28.40
3	122	Vanessa Brooker	D&T	25.16
4	188	Sophie Macken	StA	23.29

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**Hammer**

**CBP Nicola Dudman Ver 42.98m 2000**

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
<b>Final</b>				
1	151	Emily Evans	SNH	33.48

**Javelin**

**CBP Elizabeth Coombes Ver 38.22m 1982**

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>
<b>Final</b>				
1	81	Holly Seglah	StA	24.68
2	115	Suzanne Bentley	StA	21.80