

## HERTFORDSHIRE COUNTY AAA 3000m CHAMPIONSHIPS

AT STEVENAGE SUNDAY 7TH JULY 2002-07-07

### SENIOR MEN

|   |            |                  |         |
|---|------------|------------------|---------|
| 1 | I Johnston | Shettleston H    | 9:05.7  |
| 2 | D Brown    | Fairlands Valley | 9:55.6  |
| 3 | J Bayliss  | Herts Phoenix    | 10:24.8 |

### U/20 MEN

|   |            |                |        |
|---|------------|----------------|--------|
| 1 | L Reynolds | Stevenage & NH | 9:38.7 |
| 2 | I Cleaver  | Herts Phoenix  | 9:55.5 |

### U/17 MEN

|   |            |                |         |
|---|------------|----------------|---------|
| 1 | R Rumble   | Herts Phoenix  | 10:00.1 |
| 2 | I Yenney   | Stevenage & NH | 10:07.1 |
| 3 | S Phillips | Stevenage & NH | 10:14.7 |
| 4 | R Lamb     | Herts Phoenix  | 10:37.9 |

### U/15 BOYS

|   |           |                 |         |
|---|-----------|-----------------|---------|
| 1 | T Roberts | Stevenage & NH  | 10:19.3 |
| 2 | J Parslow | Dacorum & Tring | 10:22.5 |
| 3 | S Smith   | Herts Phoenix   | 10:27.9 |

### U/17 WOMEN

|   |          |               |         |
|---|----------|---------------|---------|
| 1 | R Gibbs  | Bedford       | 10:42.5 |
| 2 | N Taylor | Herts Phoenix | 11:08.1 |

## HERTFORDSHIRE COUNTY AAA VETERANS CHAMPIONSHIPS & OPEN VETERANS EVENTS

AT STEVENAGE SUNDAY 7TH JULY 2002-07-07

Two British records were broken at this meeting. In the pole vault Sue Yeomens of Watford Harriers set a new mark of 2.82m for a W45 women. In the M70 shot a new mark of 11.21m was set by Colin Taylor of Belgrave Harriers who was competing as an open veteran competitor.

### VETERAN MEN

#### M40-49

|        |             |                    |         |
|--------|-------------|--------------------|---------|
| 100m   | M Edwards   | Herts Phoenix      | 12.3    |
|        | J Mayor     | Stevenage & NH     | 12.4    |
|        | T Holden    | Barnet             | 13.1    |
|        | M Aitken    | Herts Phoenix      | 14.0    |
| 200m   | M Edwards   | Herts Phoenix      | 25.5    |
|        | T Holden    | Barnet             | 26.3    |
|        | M Aitken    | Herts Phoenix      | 29.3    |
| 400m   | J Mayor     | Stevenage & NH     | 56.8    |
|        | T Holden    | Barnet             | 59.2    |
| 1500m  | T Woolridge | Watford Joggers    | 5:03.1  |
|        | R Maxwell   | Watford Joggers    | 5:39.1  |
| 5000m  | S Wells     | Fairlands Valley S | 17:08.0 |
|        | P Reddaway  | LVR                | 17:56.2 |
| 110H   | J Mayor     | Stevenage & NH     | 17.2    |
| 3000SC | R Maxwell   | Watford Joggers    | 14:30.9 |
| HJ     | J Mayor     | Stevenage & NH     | 1.60m   |
| LJ     | R Maxwell   | Watford Joggers    | 3.69m   |
| SP     | M Small     | Belgrave H         | 12.71m  |
|        | T Mullins   | Stevenage & NH     | 7.88m   |
| DT     | M Small     | Belgrave H         | 41.62m  |

|    |            |                |        |
|----|------------|----------------|--------|
|    | J Mayor    | Stevenage & NH | 23.68m |
|    | T Mullins  | Stevenage & NH | 18.40m |
| HT | M Small    | Belgrave H     | 45.57m |
|    | J Maitland | Herts Phoenix  | 36.11m |
|    | T Mullins  | Stevenage & NH | 19.99m |
| JT | M Small    | Belgrave H     | 44.19m |
|    | C Game     | Herts Phoenix  | 33.42m |
|    | T Mullins  | Stevenage & NH | 27.71m |

#### M50-59

|           |              |                |         |
|-----------|--------------|----------------|---------|
| 100m      | P Pinnington | Enfield & H    | 12.7    |
|           | T Ryan       | Barnet         | 13.1    |
|           | M Maisey     | Herts Phoenix  | 13.4    |
| 200m      | T Ryan       | Barnet         | 26.9    |
|           | M Maisey     | Herts Phoenix  | 27.9    |
|           | C Lawn       | Herts Phoenix  | 29.5    |
| 400m      | C Lawn       | Herts Phoenix  | 66.0    |
| 800m      | J Atkinson   | N Herts RR     | 2:42.1  |
| 1500m     | M Dixon      | Herts Phoenix  | 4:54.7  |
|           | J Atkinson   | N Herts RR     | 5:20.3  |
| 5000m     | D Michael    | Barnet         | 16:57.5 |
|           | J Atkinson   | N Herts RR     | 20:29.9 |
| 3kW       | J Borgars    | Herts Phoenix  | 17:21.5 |
|           | A Newman     | Herts Phoenix  | 17:46.9 |
| HJ        | J Lee        | Herts Phoenix  | 1.35m   |
| LJ        | P Pinnington | Enfield & H    | 5.50m   |
|           | M Maisey     | Herts Phoenix  | 4.97m   |
| TJ        | M Maisey     | Herts Phoenix  | 9.55m   |
|           | C Lawn       | Herts Phoenix  | 9.37m   |
| SP (6.25) | M Bennett    | Barnet         | 9.55m   |
|           | C Lawn       | Herts Phoenix  | 8.35m   |
|           | J Atkinson   | N Herts RR     | 7.55m   |
| DT        | M Bennett    | Barnet         | 36.55m  |
|           | G Leak       | Stevenage & NH | 36.49m  |
|           | J Atkinson   | N Herts RR     | 24.56m  |
| HT        | J Lee        | Herts Phoenix  | 30.72m  |
| JT        | M Bennett    | Barnet         | 43.44m  |
|           | J Atkinson   | N Herts RR     | 36.10m  |
|           | J Lee        | Herts Phoenix  | 25.45m  |

#### M60

|       |            |               |         |
|-------|------------|---------------|---------|
| 100m  | R Bruck    | Barnet        | 14.7    |
| 200m  | R Bruck    | Barnet        | 30.6    |
| 5000m | J Steed    | Herts Phoenix | 20:32.3 |
| HJ    | R Bruck    | Barnet        | 1.30m   |
| PV    | P Ferguson | Herts Phoenix | 2.00m   |
| LJ    | R Bruck    | Barnet        | 4.43m   |
| SP    | I Miller   | Herts Phoenix | 11.23m  |
| DT    | I Miller   | Herts Phoenix | 30.48m  |
| HT    | I Miller   | Herts Phoenix | 32.08m  |

#### M70

|     |           |                  |         |
|-----|-----------|------------------|---------|
| 3kW | H Jaquest | Watford Harriers | 21:18.2 |
|-----|-----------|------------------|---------|

#### VETERAN WOMEN

#### W40-49

|      |              |                |      |
|------|--------------|----------------|------|
| 100m | J Saunders   | Stevenage & NH | 14.1 |
|      | L van Kempen | Herts Phoenix  | 16.5 |
| 200m | J Saunders   | Stevenage & NH | 28.7 |

|      |                 |                    |          |
|------|-----------------|--------------------|----------|
|      | T Stephenson    | Fairlands Valley S | 30.5     |
|      | D Farmer        | Milton Keynes      | 32.3     |
|      | L van Kempen    | Herts Phoenix      | 34.2     |
| 400m | T Stephenson    | Fairlands Valley S | 67.3     |
|      | D Farmer        | Milton Keynes      | 73.7     |
| 400H | T Stephenson    | Fairlands Valley S | 82.1     |
| 3kW  | H Gray          | Watford Joggers    | 22:39.3  |
| HJ   | S Yeomans       | Watford Harriers   | 1.25m    |
| PV   | S Yeomans (W45) | Watford Harriers   | 2.82m BR |
| LJ   | L van Kempen    | Herts Phoenix      | 3.72m    |
| TJ   | D Farmer        | Milton Keynes      | 7.67m    |
| SP   | J Saunders      | Stevenage & NH     | 7.30m    |
|      | H Gray          | Watford Joggers    | 6.32m    |
|      | T Stephenson    | Fairlands Valley S | 6.03m    |
| JT   | J Saunders      | Stevenage & NH     | 24.03m   |

#### W50-59

|      |             |                    |        |
|------|-------------|--------------------|--------|
| 100m | A Cowley    | Herts Phoenix      | 16.6   |
| 200m | B Wilson    | Fairlands Valley S | 36.0   |
| LJ   | A Cowley    | Herts Phoenix      | 3.53m  |
| TJ   | S Gandee    | Herts Phoenix      | 5.94m  |
| SP   | S Fletcher  | Herts Phoenix      | 7.51m  |
| HT   | L Shrosbree | Harlow             | 38.09m |
|      | S Fletcher  | Herts Phoenix      | 21.43m |

#### W70

|    |                 |       |       |
|----|-----------------|-------|-------|
| SP | M Grant-Stevens | SCVAC | 6.42m |
|----|-----------------|-------|-------|

## OPEN VETERAN MEN

### M40-49

|       |            |               |         |
|-------|------------|---------------|---------|
| 11.7  | J Browne   | Southend      | 11.7    |
|       | M English  | Milton Keynes | 12.9    |
|       | J Lawrence | Milton Keynes | 13.1    |
| 200m  | J Browne   | Southend      | 23.9    |
|       | M English  | Milton Keynes | 25.9    |
|       | J Lawrence | Milton Keynes | 26.8    |
| 400m  | K Wilson   | Highgate      | 55.9    |
|       | J Lawrence | Milton Keynes | 62.3    |
| 800m  | C Waugh    | Chelmsford    | 2:08.1  |
|       | J Wyatt    | Vauxhall      | 2:13.4  |
| 5000m | K Lineham  | Highgate      | 19:03.8 |

### M50-59

|           |           |            |         |
|-----------|-----------|------------|---------|
| 5000m     | R Beedell | Chiltern H | 22:50.0 |
| SP (6.25) | B Hatch   | Chelmsford | 11.70m  |
| DT        | B Hatch   | Chelmsford | 37.05m  |
| JT        | B Hatch   | Chelmsford | 42.98m  |

### M60

|      |          |               |        |
|------|----------|---------------|--------|
| 100m | J Seed   | Milton Keynes | 14.9   |
| 200m | J Seed   | Milton Keynes | 30.9   |
| SP   | J Seed   | Milton Keynes | 7.88m  |
|      | P Barber | Cambridge H   | 7.37m  |
| HT   | P Barber | Cambridge H   | 39.98m |
| JT   | B Beales | Milton Keynes | 27.16m |

### M70

|    |          |                   |           |
|----|----------|-------------------|-----------|
| SP | C Taylor | Belgrave Harriers | 11.21m BR |
| HT | P McEvoy | London Irish      | 39.57m    |
|    | C Taylor | Belgrave Harriers | 30.00m    |
| JT | C Taylor | Belgrave Harriers | 25.90m    |

## OPEN VETERAN WOMEN

### W40-49

|      |               |               |       |
|------|---------------|---------------|-------|
| 100m | J Hardcastle  | Milton Keynes | 14.8  |
| 200m | J Hardcastle  | Milton Keynes | 30.5  |
| 400m | J Hardcastle  | Milton Keynes | 73.2  |
| HJ   | J Hardcasatle | Milton Keynes | 1.30m |

### W50-59

|      |          |         |      |
|------|----------|---------|------|
| 100m | M Waters | Bedford | 15.3 |
| 200m | M Waters | Bedford | 31.7 |
| 400m | M Waters | Bedford | 77.6 |

### W60

|      |            |              |        |
|------|------------|--------------|--------|
| 100m | E Torevell | C of Norwich | 18.0   |
| LJ   | E Torevell | C of Norwich | 3.06m  |
| SP   | E Torevell | C of Norwich | 7.39m  |
| HT   | E Torevell | C of Norwich | 18.45m |
| JT   | E Torevell | C of Norwich | 14.04m |

### W65

|       |          |           |         |
|-------|----------|-----------|---------|
| 3000m | A Martin | Wymondham | 14:44.6 |
| LJ    | A Martin | Wymondham | 3.22m   |
| TJ    | A Martin | Wymondham | 6.92m   |