

HERTFORDSHIRE COUNTY AAA 1500m & RELAY CHAMPIONSHIPS

MONDAY 7TH MAY AT GOSLING TRACK, WELWYN GARDEN CITY

1500m

MEN

Senior	1	L Hunt	Harrow	4:06.0
	2	D Gibbens	Tipton	4:13.8
	3	I Johnston	TVH	4:17.7
	4	R Barnes	Stevenage & N Herts	4:37.6
U20M	1	N Hall	Verlea	4:04.9
	2	A Goodlad	Verlea	4:27.7
U17M	1	L Reynolds	Stevenage & N Herts	4:20.9
	2	C Servadei	Dacorum & Tring	4:33.3
	3	A Walsh	Verlea	4:35.9
	4	T Waldren	SBH	4:39.1
	5	S Reid	Barnet	4:45.0
	6	I Cleaver	Hertford & Ware	4:51.8
	7	O Keates	Hertford & Ware	4:52.4
	8	R Lamb	Hertford & Ware	4:53.4
	9	D Storey	Watford	4:59.1
U15B	1	R Millhouse	Enfield & Haringey	4:37.4
	2	J Pepper	Enfield & Haringey	4:42.6
	3	I Yenney	Stevenage & N Herts	4:43.9
	4	D Quinn	Dacorum & Tring	4:59.9
	5	R Hawthorne	Stevenage & N Herts	5:03.6
	6	A Gardner	Dacorum & Tring	5:07.2
	7	T Roberts	Stevenage & N Herts	5:11.0
	8	A Dombey	Unattached	5:11.9
	9	J Sharp	Lockers Park Sch	5:13.3
	10	M Roberts	Verlea	5:15.3
U13B	1	B Smith	Verlea	5:29.8
	2	A Hunt	Lockers Park Sch	5:42.1
	3	C Jones	St Albans	5:45.5
	4	T Allnutt	Lockers Park Sch	5:47.7
	5	B Smith	Borehamwood	6:08.8

WOMEN

Senior	1	S Morris	Bedford	4:34.4
	2	V Hill	Enfield & Haringey	4:57.4
U20W	1	C Willer	Watford	5:12.0
U17W	1	C Wilkinson	SBH	4:44.6
	2	N Silva	Hertford & Ware	4:54.9
	3	R Gibbs	Bedford	4:58.4
	4	E Crawley	Dacorum & Tring	5:14.1
	5	S Vince	Hertford & Ware	5:16.0
	6	K Bowen-le-Grange	Watford	5:19.2
	7	H Browne	Dacorum & Tring	5:58.2
U15G	1	L Cunningham	Stevenage & N Herts	4:53.6
	2	N Taylor	Hertford & Ware	5:02.3
	3	S Bentley	SBH	5:06.2
	4	L Warner	Parkside	5:07.0
	5	S Waldren	SBH	5:10.1
	6	L Donovan	Stevenage & N Herts	5:17.6
	7	S Bailey	Stevenage & N Herts	5:21.5
	8	L Johnson	Stevenage & N Herts	5:25.2
	9	C Silva	Hertford & Ware	5:36.0
	10	S Berry	Stevenage & N Herts	5:49.6
	11	M Smith	Stevenage & N Herts	5:55.1
	12	C Burns	Borehamwood	6:11.1
	13	E Clement	Verlea	6:14.0

U13G	1	K Cooper	Stevenage & N Herts	5:20.1
	2	D Samuels	Stevenage & N Herts	5:21.5
	3	C Simm	Verlea	5:27.5
	4	H Kruse	Verlea	5:45.4

4x100 RELAY

U17M	1	Hertford & Ware	50.3
	2	Verlea	51.7
U15B	1	Verlea	52.4
	2	Lockers Park School	55.1
U13B	1	Lockers Park School	56.9
	2	Hertford & Ware	57.8
	3	Verlea	62.0
U20W	1	Hertford & Ware	52.8
U17W	1	Stevenage & N Herts	51.2
	2	Hertford & Ware	54.3
U15G	1	Verlea A	53.3
	2	Hertford & Ware	54.1
	3	Stevenage & N Herts A	54.4
	4	Verlea B	55.6
	5	Stevenage & N Herts B	59.1
	6	Stevenage & N Herts C	59.8
U13G	1	Stevenage & N Herts	58.0
	2	Hertford & Ware	58.6
	3	Verlea A	59.3
	4	St Albans	62.4
	5	Verlea B	64.7

4x400 RELAY

Senior Men	1	Verlea	3:46.7
U17M	1	Hertford & Ware	3:54.1
U20W	1	Hertford & Ware	4:10.5
U17W	1	Stevenage & N Herts	4:14.9
	2	Hertford & Ware	4:20.3

HERTFORDSHIRE COUNTY AAA OPEN MEETING

MONDAY 7TH MAY AT GOSLING TRACK, WELWYN GARDEN CITY

SENIOR MEN

R Harle	CamU	100m 11.0, 200m 22.1	M Thomas	NEB	100m 11.6, 200m 25.1
Y Baki	CamU	200m 22.1, 400m 51.8	N Ossai	LHeath	100m 11.6, 200m 23.5
N Duncalf	LBuzz	800m 2:13.7	T Holden	BAR	100m 12.6
B Kingman	NEB	PV 4.20m	D Webb	LBuzz	400m 58.8, 800m 2:18.8

VETERAN MEN

T Ryan (V55)	BAR	100m 12.9
C Field (V60)	TPT	100m 13.5
I Edwards (V50)	SVets	400m 65.3
I Miller (V65)	VER	SP 10.22m, DT 29.19m
T Barrett (V40)	Unattached	800m 2:34.4

U20 MEN

P Ioannou	VER	100m 11.5, 200m 23.8	A Christie	WSEH	PV 3.40m
L Lincoln	SNH	800m 2:09.9	D Jack	VER	200m 26.0
L Middleton	H&W	HJ 1.70m, LJ 6.36m, DT 35.09m			

U17 MEN

A Matthews	VER	100m 13.3, 200m 27.3, LJ 4.47m	R Jones	VER	100H 16.5, HJ 1.50m
D Vass	WNor	100m 11.5, 200m 23.5	D Hughes	LBuzz	LJ 6.12m
R Hopkinson	LBuzz	400m 55.4, 800m 2:10.4	R Dudman	VER	SP 7.64m, DT 25.88m
D Rogers	BED	400m 60.0, 100H 15.2, DT 38.94m	W Flecknet	BED	LJ 5.62m

U15 BOYS

S Smith	H&W	100m 12.9, 800m 2:21.6, HJ 1.40m	R Clewlow	VER	100m 13.0, 200m 26.1
A Parker	VER	200m 24.9, 400m 57.6	M Auburn	SNH	100m 13.3, 200m 27.7
P Gregory	LP Sch	80H 14.2	P Barrett	VER	800m 2:33.5, 80H 15.2
			C Okoigon	LP Sch	80H 15.4

U13 BOYS

D Parr	SNH	100m 14.4, 200m 29.6
L Riseley	Golden E	200m 36.6, 800m 2:57.8
J Walsh	VER	100m 15.0, 200m 30.7, 400m 76.0
A Jones	VER	80H 17.7
M Stoker	VER	100m 14.6, 200m 31.2

U11 BOYS

C Tipple	LP Sch	80m 12.3, 600m 2:02.2	J Asker	WNor	80m 13.5, 600m 2:02.5
O Poole	LP Sch	80m 12.3, 600m 2:19.9	R Pybus	SNH	80m 13.9, 600m 2:16.6
A Davis	WNor	80m 12.6, 600m 1:57.0	G Stoker	VER	600m 2:04.4
D Auburn	SNH	80m 12.7, 600m 2:16.0	A Reynolds	SNH	600m 2:06.9
H Church	WNor	80m 12.7, 600m 1:56.9			

SENIOR WOMEN

N Corray	D&T	100m 12.5, 200m 26.9			JT 42.82m
J Le Geyt	CamU	100m 12.6, 200m 26.6	L Yellop	CoN	200m 27.0, 100H 16.1, 400H 68.5
H Stares	BEL	100H 14.9, 400H 62.9			
A Anstey	VER	SP 9.57m, DT 28.43m, JT 29.23m	F Cripps	MK	400H 67.9
			J Wayne	SBH	400H 70.4
P Blank-Collis	VER	100H 17.8, SP 10.65m,	S Sullivan	D&T	100H 16.5

VETERAN WOMEN

A Crossman (W35)	WOK	800m 2:19.8			
S Read-Cayton (V35)	WOK	200m 27.3, 800m 2:23.3			
S Stagles (V40)	SNH	80H 13.0, 400H 70.9, HJ 1.40m, SP 8.36m			
G Duckworth (W45)	LBuzz	400m 69.0, 800m 2:37.4			
C James (V45)	WAT	PV 2.40m			
S Yeomans (V45)	WAT	PV 2.40m			
M Rogers (W45)	BED	SP 6.29m, DT 18.35m, JT 20.18m			
D Krzyzanowska (W35)	ILF	SP 7.32m, DT 25.85m			

U20 WOMEN

A Cooke	LBuzz	100m 12.7, 200m 26.6, 400m 60.4			
E Langdon	LBuzz	800m 2:29.8			
N Andrews	SNH	HJ 1.50m, PV 1.80m			
C Jones	VER	DT 34.77m			
N Dudman	VER	SP 10.75m, DT 32.97m			
H Gilbert	WNor	400m 65.9			

U17 WOMEN

E Brathwaite	VER	100m 13.0, 200m 26.5	S Brough	SNH	200m 28.9, 80H 13.5, JT 24.72m
N Simpson	SNH	80H 11.9, PV 2.50m			
H Ellis	SNH	300H 49.7	C Briant	D&T	800m 2:33.3
G Coombs	WNor	800m 2:31.9	A Bellars	WNor	800m 2:38.5
S Gibbons	MK	80H 14.3, 300H 52.0, HJ 1.55m	L Gerrard	WNor	800m 2:39.4
			S Kuczora	WNor	800m 2:48.2
R Gibbons	MK	80H 12.9, PV 2.60m	K Trayner	MK	HJ 1.45m

U15 GIRLS

D Smith	SNH	100m 12.7, 200m 26.9	N Simmonds	SNH	100m 14.5, 200m 30.7, 75H 16.6
S van Kempen	VER	100m 13.3, 200m 28.3			
A Lorking	WNor	200m 29.3, 800m 2:35.1	A Vye	SNH	100m 14.6, 200m 30.8, 75H 16.0
S Cook	VER	100m 13.2, 75H 12.1			
C Edwards	HUNT	SP 12.57m	K Armitage	SNH	100m 14.9, 200m 31.2
C Gaynor	VER	100m 13.4, 200m 28.5	A Kruse	VER	200m 28.8, 75H 14.3
H Weekes	SNH	100m 13.7, 200m 28.8, 75H 13.4	L Hutchinson	SNH	200m 31.5
			R Jenkins	VER	800m 2:45.3
J Parker	SNH	100m 14.0, 200m 29.0	B Gibbens	MK	800m 2:54.7
K Sweetman	VER	100m 14.1, 200m 29.5	A Gurney	WNor	800m 3:01.6
A Matthews	VER	100m 15.1			

U13 GIRLS

R Wilcock	STGD	100m 14.3, 800m 3:09.3	S Darvell	WycP	100m 14.7, 200m 30.7, LJ 3.97m
J Simpson	SNH	100m 14.4, 200m 30.2			
K Pybus	SNH	100m 14.5, 200m 30.6	M Dady	SNH	100m 14.5, 200m 30.3
D Richards	STGD	100m 14.5, 200m 31.4	H Cook	VER	100m 15.1
G Moss	WNor	800m 2:30.8	K King	VER	100m 15.1, 200m 31.8
N Shepherd	LeicsC	800m 2:31.4	P Lundgren	STGD	200m 33.7
H Kruse	VER	70H 13.6	S Loughlin	WNor	800m 3:09.0

U11 GIRLS

H van Kempen	VER	80m 12.2, 600m 2:20.3			
I Deane	HAV	80m 12.5, 600m 2:06.2			
G Hann	Golden E	200m 34.8, 70H 14.6			
S Gaynor	VER	80m 12.6, 600m 2:17.7			
K Marriott	Unattached	600m 2:25.4			