

**2000 HERTFORDSHIRE AAA RANKINGS****U/20 MEN****100m**

10.9	Bradley Gelman	HW
11.3	Tristan Anthony	VER
11.6	Ian Nastys	SNH
11.9	Andrew Johnson	HW
12.0	M Kirby	VER
12.1	Craig Rowlands	D&T
12.1	David Smith	SNH
12.15	Matt Carlisle	STGD
12.2	Lee Middleton	HW
12.2	Matthew Woodhouse	D&T
12.2	Craig Goddard	BAR
12.2	M Salisbury	VER
12.4	Daniel Hart	SNH
12.6	Jonathon Clark	HW
12.6	Philip Michel	E&H
13.4	Simon Field	D&T

**200m**

22.4	Russell Nicholls	E&H
23.2	Bradley Gelman	HW
23.6	Matt Carlisle	STGD
23.8	Steven Wilkinson	HW
23.8	Graig Goddard	BAR
23.9	Ian Nastys	SNH
24.0	Daniel Hart	SNH
24.3	Philip Michel	E&H
24.4	Simon Field	D&T
24.9	Robert Woolfrey	D&T
25.1	Matthew Woodhouse	D&T
25.1	M Salisbury	VER
25.3	M Kirby	VER
25.5	Andrew Johnson	HW
25.65 i	Lee Middleton	HW
25.7	J Cjester	VER
25.8	Richard Land	STGD
26.0	D Jack	VER

**400m**

47.90	Russell Nicholls	E&H
50.0	Matt Carlisle	STGD
50.7	Ian Nastys	SNH
51.2	Joe Collins	SBH
52.2	Steven Wilkinson	HW
52.3	Craig Goddard	BAR
53.1	Kieran Saunders	HW
53.6	Daniel Hart	SNH
54.1	Andrew Johnson	HW
54.9	A Lysak	VER
54.9	J Hopkins	VER
54.9	Ben Pope	SNH
55.1	Ben Sumner	STGD
55.17	Lee Middleton	HW
56.0	J Chester	VER
56.9	Matthew Hallissey	D&T
58.8	D Jack	VER
59.8	Neil Burton	D&T
63.4	Robert Slack	D&T

**800m**

1:54.4	Joe Collins	SBH
1:54.42	Chris Crawford	E&H
1:54.67	Adam Bowden	HARR
1:56.24	Matt Carlisle	STGD
1:58.2	Stephen Murphy	SBH
2:01.4	M Collins	SBH
2:01.5	Mark Griffith	E&H
2:02.8	Ben Pope	SNH
2:03.3	Neil Burton	D&T
2:03.4	Neil Gamester	E&H
2:04.4	A Lysak	VER
2:05.7	Craig Goddard	BAR
2:08.5	Matthew Hallissey	D&T
2:08.9	Tom White	SNH
2:15.3	D Jack	VER
2:16.0	Steven Dance	SNH
2:17.6	Andy Beames	STGD
2:18.1	Andrew Johnson	HW
2:24.2	Robert Slack	D&T
2:24.9	M Kirby	VER

**1500m**

3:53.06	Adam Bowden	HARR
3:54.00	Stephen Murphy	SBH
3:56.5	Mark Griffith	E&H
3:59.27	Paul Murphy	SBH
3:59.63 i	Joe Collins	SBH
3:59.92	Neil Gamester	E&H
4:03.1	A Symonds	SBH
4:04.14	Neilson Hall	VER
4:05.4	Chris Crawford	E&H
4:07.1	Neil Burton	D&T
4:08.5	Matt Carlisle	STGD
4:12.7	Neil Gamester	E&H
4:16.8	Ben Pope	SNH
4:29.7	Matthew Hallissey	D&T
4:38.1	K Walden	SBH
4:51.0	Steven Dance	SNH
4:52.0	J Edgar	VER
4:54.2	Andy Beames	STGD
5:04.7	Robert Slack	D&T
5:12.5	Andrew Johnson	HW
5:17.75	Lee Middleton	HW

**3000m**

8:21.69	Stephen Murphy	SBH
8:37.61	Paul Murphy	SBH
8:43.1	Mark Griffiths	E&H
8:59.2	Neilson Hall	VER
8:57.95	Neil Burton	D&T
9:12.3	Neil Gamester	E&H

**5000m**

16:13.5	Neil Burton	D&T
17:48.7	Matthew Hallissey	D&T
18:35.4	Robert Slack	D&T

**60H**

8.99 i	Lee Middleton	HW
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**110H (99.0)**

15.6	Lee Middleton	HW
16.26 d	Andrew Johnson	HW
17.63	B Smith	SBH
18.5	S Day	SBH

**110H (106.4)**

15.9	Philip Michel	E&H
17.2	Andrew Johnson	HW
17.4	Lee Middleton	HW
19.4	Matt Carlisle	STGD

**400H**

60.7	Andy Beames	STGD
60.7	Matt Carlisle	STGD
60.8	Craig Rowlands	D&T
63.5	Mark Griffith	E&H
68.3	Simon Field	D&T
68.8	Daniel Hart	SNH
71.7	Matthew Hallissey	D&T

**2000S/C**

5:50.6	Stephen Murphy	SBH
5:53.1	Adam Bowden	HARR
5:54.4	Mark Griffiths	E&H
6:10.8	Paul Murphy	SBH
6:21.61	Neil Gamester	E&H

**3000S/C**

9:13.65	Adam Bowden	HARR
9:22.94	Stephen Murphy	SBH
9:30.5	Mark Griffiths	E&H
11:57.8	Matt Carlisle	STGD
12:04.2	Craig Rowlands	D&T
12:24.8	Ben Pope	SNH

**High Jump**

1.95m	B Smith	SBH
1.80m	Tom White	SNH
1.75m	Andrew Johnson	HW
1.73m d	Lee Middleton	HW
1.70m	Matt Carlisle	STGD
1.65m	Ben Sumner	STGD
1.60m	Andy Lewis	D&T
1.60m	Simon Field	D&T
1.60m	Richard Land	STGD
1.58m	Philip Michel	E&H
1.55m	Daniel Hart	SNH
1.55m	D Lewis	SBH
1.45m	Jonathon Clark	HW
1.45m	Craig Goddard	BAR
1.20m	David Smith	SNH
1.00m	D Jack	VER

**Pole Vault**

4.20m	John Hutchinson	E&H
3.60m	D O'Hara	SBH
3.10m	Andrew Johnson	HW
3.00m d	Lee Middleton	HW
2.20m	Matthew Hallissey	D&T
2.20m	Ben Pope	SNH
1.60m	Matt Carlisle	STGD

**Long Jump**

6.53m	Luke Nicholls	WAT
6.42m	Craig Rowlands	D&T
6.34m	Lee Middleton	HW
6.16m	D Lewis	SBH
6.10m	Andy Lewis	D&T
6.09m	Andrew Johnson	HW
6.07m	Matt Carlisle	STGD
5.66m	David Smith	SNH
5.49m	Jonathon Clark	HW
5.33m	Richard Land	STGD
5.29m	J Hopkins	VER
5.25m	Daniel Hart	SNH

**Triple Jump**

12.98m	D Lewis	SBH
12.87m	Lee Middleton	HW
12.83m	J Hopkins	VER
12.79m	Andy Lewis	D&T
12.47m	David Smith	SNH
11.93m	Craig Rowlands	D&T
10.78m	Joe Collins	SBH
10.74m	Jonathon Clark	HW
10.19m	Richard Land	STGD
9.95m	Matthew Hallissey	D&T

**Shot (7.26k)**

14.36m	Robert Morris	HW
9.39m	David Smith	SNH
7.52m	D Jack	VER
7.06m	Ben Pope	SNH
7.04m	Matt Carlisle	STGD

**Shot (6/6.25k)**

15.99m	Robert Morris	HW
10.86m	Andrew Johnson	HW
10.41m	Scott Burrell	E&H
10.37m	Lee Middleton	HW
10.28m	Michael Bush	HW
9.71m	P Salisbury	VER
7.77m	J Hibbert	SBH

**Discus (2k)**

46.41m	Robert Morris	HW
28.00m	David Cornish	SNH

**Discus (1.75k)**

50.44m	Robert Morris	HW
35.98m	Scott Burrell	E&H
33.79m d	Lee Middleton	HW
30.70m	Andrew Johnson	HW
30.11m	Michael Bush	HW
24.80m	P Salisbury	VER
17.63m	Matt Carlisle	STGD
16.96m	Bradley Gelman	HW
13.10m	Andy Beames	STGD

**Javelin (800g)**

60.54m	Anthony Lovett	E&H
45.65m	Lewis Wallace	E&H
43.05m	Andrew Johnson	HW
39.06m	P Salisbury	VER

37.23m	Lee Middleton	HW
37.03m	J Hibbert	SBH
32.58m	Matt Carlisle	STGD
31.56m	L Smalley	VER
31.02m	Richard Land	STGD
26.84m	S Murohy	SBH
24.22m	Michael Bush	HW
24.19m	Bradley Gelman	HW
16.22m	D Jack	VER

**Hammer (7.26k)**

13.53m	David Cornish	SNH
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**Hammer (6/6.25k)**

18.53m	Michael Bush	HW
8.72m	Andy Beames	STGD

**Decathlon**

5358	Andrew Johnson	HW
5056	Lee Middleton	HW
4288	Matt Carlisle	STGD