

**HERTFORDSHIRE ASSOCIATION OF ATHLETICS AND RUNNING CLUBS
ENTRY FORM FOR TRACK AND FIELD CHAMPIONSHIPS 2010**



To be held at(track) on.....(date)
(*separate forms to be used for different days*)

Please complete all of this form in BLOCK CAPITALS

SURNAME	FORENAME(S)
ADDRESS	
.....	
Post code	Tel.no e mail.....
CLUB	England Athletics Registration Number

I wish to enter the following events;

	best performance	age group	man/woman/boy/girl	Disability Classification if appropriate
.....
.....
.....	(pto if necessary)

Date of Birth Place of Birth

*(Please complete the following if you were **not** born in Hertfordshire;*

I have continuously resided atsince)

I declare that I am an amateur qualified to compete under the laws of UKAthletics

SIGNATURE **DATE** **ENTRY FEE ENCLOSED £**.....
do not send coins by post

Late entries will not be accepted
(cheques payable to Herts County AAA (except 10km & combined events on 25/26 September))

Name of Coach (optional)

A timetable, as acknowledgement, will be sent if a 1st-class self addressed envelope accompanies this entry

PLEASE SEND ENTRIES TO THE OFFICIAL NAMED BELOW FOR THE EVENT YOU ARE ENTERING

MAIN CHAMPIONSHIPS (9 May)

Women's entries to Sally Gandee, 4 Westfield Road, Hertford, Herts, SG14 3DJ
Men's entries to Mr C Zacharides, 14 Edward Grove, New Barnet, Herts, EN4 8BA

Veterans (3 May) entries to Sally Gandee, 4 Westfield Road, Hertford, Herts, SG14 3DJ
1500m & 3kW (3 May) entries to Fred Ward, 1 Pimlico, Hemel Hempstead, HP3 8SH

U13 Pentathlons and 3000m (4 July) entries to Fred Ward, 1 Pimlico, Hemel Hempstead, HP3 8SH

Tbc 10000m (26 September) entries on Combined events entry form as directed
Tbc Decathlon/Oct/Hept/U15 Pent (25/26 Sep) entries on Combined Events entry form as directed

May 3	1500m, Veterans, 3kW	Stevenage	closing date 24/4/10
May 9	Main championships	Watford	closing date 24/4/10
July 4	U/13 Pentathlons & 3000m	Hemel Hempstead	closing date 27/6/09
Sept 25/26 tbc	Decathlon, Octathlon, Heptathlon	tbc	closing date 8/9/10 tbc
Sept 25 tbc	U/15 Boys Pentathlon	tbc	closing date 8/9/10 tbc
Sept 26 tbc	U/15 Girls Pentathlon	tbc	closing date 8/9/10 tbc
Sept 26 tbc	10000m (£5 entry fee)	tbc	closing date 8/9/10 tbc

Entry Fees	Individual single events £3.50 each event	Pentathlons U/15 £7.00, U/13 £4.00
	Decathlon U20/SM £12.00	Octathlon U17M £10.00
		Heptathlon U17W/U20W/SW £10.00