

CAU results - Bedford 24/25 May 2009

Men

Event	Posn				
100m Heat 2	5	403	Mark COLLINS	11.37	+0.5m/s
400m Heat 2	2	76	Tonderai TOMU	47.71	
400m FINAL	7	76	Tonderai TOMU	48.20	
400m Elite Final	4	427	Adam DAISH	48.70	
800m Heat 1	7	254	James TAYLOR	02:00.84	
5000m FINAL	1	244	Kevin SKINNER	14:34.71	
400m Hurdles Heat 4	1	98	Zak SAUCEDE	54.03	
400m Hurdles FINAL	3	98	Zak SAUCEDE	53.71	
3000m S/C Final	1	289	Shaun COLLINS	09:12.47	
High Jump	8	160	Jason HAMILTON	1.95	
Javelin	2	206	Neil MCLELLAN	70.75	

Women

Event	Posn				
100m Heat 2	6	609	Bunmi AWOKOYA	12.65	-2.2 m/s
200m Heat 3	3	35	Laura WAKE	25.01	-1.9 m/s
1500m FINAL	6	691	Rachel GIBBS	04:43.5	
5000m FINAL	2	702	Claire HALLISSEY	16:28.4	
100m Hurdles Heat 1	3	688	Stephanie GAYNOR	14.21	+0.1 m/s
100m Hurdles FINAL	4	688	Stephanie GAYNOR	14.18	0.0 m/s
400m Hurdles Heat 1	6	735	Laura JONES	64.63	
High Jump	6	827	Moe SASEGBON	1.70	
Pole Vault	5	839	Louise SHORTLAND	3.70	
	13=	638	Natasha BRUNNING	3.00	
Long Jump	16	117	Hayley-Jayne CONE	4.90	+1.5 m/s
Javelin	11	177	Peta LUNDGREN	40.38	